## **Level of Care Assessment**

Determine your loved one's level of need to ensure they can safely live their best life.

Community Centers provide friendship and meals for independent seniors.	
Safely: move	of day medication hygiene medical appointments  es dresses weather appropriate bathes/showers cooks  ful with sharp objects discuss concerns with appropriate person
If your loved one exhibits the following, it may be a sign that they need more support. Continue through the checklist to see how you can care for their needs.	
<b>Difficulty:</b> mobi	of day medication hygiene medical appointments lity dressing weather appropriate bathing/showering cooking ess with sharp objects invites strangers into home
Home with Family	Individuals who can safely live with caregiver(s). JABA Respite & Enrichment Center can provide engagement, meals, caregiver respite and support.
	Exhibits the signs above.  Needs memory care.  Support system has ability to care for the needs of your loved one with help from community resources.
Assisted Living	Individuals who can safely live in a residential environment with supports in place to assist with daily tasks.
	Exhibits the signs above.  Needs memory care.  Support system needs help in caring for the above needs.  Behavior likely to cause harm to self or others.
Nursing Home	Individuals who would be safest in a nursing home with skilled staff to support their needs. Ombudsmen can advocate for residents' rights.
	Exhibits the signs above.  Needs memory care.  Behavior likely to cause harm to self or others.  Needs nursing services (IVs, medical equipment, wound care, etc.)



You are not alone when getting help for your loved one. No matter the level of need, JABA is here to walk with you through the process to find solutions.