

# Graduate Program

Learn.Discover.Grow





## **About us**

For over 20 years, we have been motivated to **drive the physiotherapy field forward.** We pride ourselves on a "hands-on" treatment approach, giving our clients choices based on the desired outcomes. **We listen** to our patients and deliver the best possible result for them.

Our Managing Director and Head Physiotherapist, James Nguyen, was inspired to start this company with the **best evidence-based practice**. Along with his experience and the amazing UPG team, we have built a strong network of physiotherapists providing high-quality services nationwide across Australia.

# What we do

We are passionate about seniors' health. We work to ensure that residents stay mobile and pain-free to get the most out of life. We pride ourselves on a deep understanding of each facility and the needs of its residents and work to provide benchmark clinical care.

In an incredibly rewarding environment, we provide physiotherapy treatment through directed community aged care packages in residential homes, retirement villages and units, to maximise their mobility and independence.



**Aged Care** 

**Community & NDIS** 





We pride ourselves on providing a personalised and effective health care plan for all our clients. We treat injuries and pain through evidence-based healthcare through movement, mindfulness and encouraging healthy lifestyles.

Our flagship UPG Studio offers an inviting, serene space to engage in a full range of physiotherapy services and a fully equipped modern studio where we offer Clinical Pilates (Physfit) and Yoga.



**Private Practice** 



We provide comprehensive coverage of Men's and Women's leading sports clubs. Offering our services to help players to stay injury-free and in peak condition during their training sessions as well as covering home and away games. We are part of the passionate community behind the teams.

# Where we work



Since 1990, we have provided services to numerous sites throughout Australia with a network of an expansive team of physiotherapists.

In addition to the growth of the industry and the company, the potential sites within our target will allow us to help more people live well and at their physical best.



# **Start your career**

# in one of Australia's most experienced physiotherapy companies





# **UPG Graduate Program**



## **Induction Program**

**Buddy Program:** 2 weeks working alongside a Senior Physiotherapist.

Orientation Day: Meet the other peers in your cohort and learn about UPG.



### **Professional Development**

PD Events: Small team-based events and focus groups led by experts from UPG and our industry to learn how to apply trend knowledge and specific skills to help your practice.

> In-service PD: Run throughout the year based on demand to respond to specific needs and requests from Graduates.



#### Personal Growth

Mentoring Program: Be paired with one of our Senior Physios who will share their expertise and guide you to achieve and advance in your career goals.

# **Benefits**



#### **External Education Funding**

Financial assistance per year to study a course that will help you grow, improve your skills, knowledge and career opportunities.



#### **Staff & Family Discount**

Exclusive discounts & rates for you and your family in Yoga, Pilates and Physio at our UPG Studio.



#### **UPG Culture**

Support network to explore this industry and never feel alone. All staff will go beyond the workplace to help you do your best and enjoy work.





# **Meet our physios**

#### **Graduates**



#### Why did you want to work at UPG?

UPG was one of the only job opportunities that offer multiple streams of physiotherapy through one company.

#### What was your favourite part of the Graduate Program?

Being able to work with a wide range of physios within the company across various settings. Also, I always felt supported by senior physios, who answered my queries or concerns that I faced during the day, at any time!

#### **Phoebe**

**UPG Physiotherapist & Pilates Instructor** 

#### How has the Program helped you in starting your career?

The mentor program has helped me find my feet in the physio world. It can be nerve-racking to take care of residents and clients by yourself after only 2 or 3 weeks in this field, but it's great that there's always someone just a call away to help you.

It's valuable to know you have an awesome mentor and a team who will support you the whole way.



**Wickie**UPG Physiotherapist

#### Mentor



Ashley
UPG Team Leader &
Physiotherapist

#### What do you enjoy the most about mentoring?

I understand how difficult it must be as a new employee in the current aged care system, having to absorb an enormous amount of new information all at once.

I enjoy the feeling of knowing that I can help graduates in the transition into aged care a little easier. I also feel that I am in a unique position to sing the praises of working as a physiotherapist in aged care, which is perhaps not recognised as the fascinating field that it is.

#### One essential career tip for graduates?

Find your own groove. Complete tasks upholding rules, regulations and standards, but allow yourself to develop your own "personal touch".

You will be proud of what you do, helping others to relate to you, as you are presenting yourself as a complete person, and not as a robot simply completing a checklist.



# **Application Process**



#### Prepare your documentation



- Cover Letter
- Updated CV/Resume
- · Most recent academic transcript
- Clinical Results

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#### **Submit your application**



Send an email to **careers@unitedphysiogroup.com.au** with all documents attached (Refer to Step 1).

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#### **Interviews Announced**



You will be invited to participate in an interview. The perfect opportunity to tell us about your skills and get to know more about the role.



#### **Graduates Announced**



If you are successful in the process, we'll contact you after your interview with the news!

For enquiries about the Graduate Program, email us at careers@unitedphysiogroup.com.au



# Be part of our team!



