



Your Latest News from the Outdoor & Adventure World...

Hey there,
The outdoor and adventure world is raring to go at the moment! There are so many new events being held, they are everywhere taking us back to the days of our childhood. It's time that it is hard to choose which ones to highlight.
If you're a fan of trail running, mountain biking, or adventure movies, then you won't want to miss the update on the latest and greatest.

The latest results

It's been a big month for adventure sports!
The UCI MTB Cycling World Championships were on for the 24th year. Chase Colquhoun (USA) won the men's elite cross-country, while Vanessa King (GB) took the women's elite cross-country. Over in the triathlon, the men's elite triathlon was won by the American, Tim DeFries (USA), while the women's elite triathlon was won by the American, Kelly Williamson (USA).
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One of the most prestigious endurance events is the Ironman triathlon. The Ironman triathlon is a 140.6-mile (226.4 km) endurance race consisting of a 3.8-mile (6.1 km) swim, a 112-mile (180.2 km) bike, and a 26.2-mile (42.3 km) run. The Ironman triathlon is held in Kailua-Kona, Hawaii, and is one of the most prestigious endurance events in the world. The Ironman triathlon is held in Kailua-Kona, Hawaii, and is one of the most prestigious endurance events in the world.

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[READ MORE ABOUT THE RESULTS HERE](#)

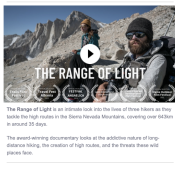
Adventure movies that spark inspiration

It's been a great month in the world of outdoor movies, here are two of our top picks.



Prospect High School in Kailua-Kona, Hawaii, is the location where the film 'The Range of Light' was shot. The film is a documentary about the creation of high routes in the Kailua-Kona area.

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Your digital outdoor digest

It's a big month for outdoor news, here are some of the latest stories from the world of outdoor news.

Adventure articles for your month. The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.

Events for your calendar

Learn how to make a... The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.

FKTs that blew us away

On July 23, Heather Walker became the first woman to complete the 4,150-mile (6,679 km) ultra-marathon. The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.

Learn more about the FKTs here. The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.

See you out there! The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.

STRAVA Upgrade your Adventures. Get more from your adventures with Strava. The Range of Light is a documentary about the creation of high routes in the Kailua-Kona area. The film is a documentary about the creation of high routes in the Kailua-Kona area.