988 is here for all Alaskans

Need mental health support?
Call or Text 988, or chat 988lifeline.org
CRISIS NOW CONTINUUM OF CARE

CRISIS CENTER
Someone to talk to

CRISIS MOBILE RESPONSE TEAM
Someone to respond

CRISIS RECEIVING AND STABILIZATION SERVICES
A place to go
Saving more lives
and
Reducing the number of people entering involuntary care
“Someone to talk to”
The National Suicide Prevention Lifeline is now: 988 Suicide and Crisis Lifeline
The current options are:

Press 1: Veteran's Crisis Line
Press 2: Spanish speaking
Press 3: LGBTQ+, under 25

Or remain on the line to route to a crisis counselor in your area
WHY DO WE NEED 988?

• Suicide
  • In 2020, the U.S. had one death by suicide every 11 minutes.
  • Suicide is a leading cause of death for people aged 10-34 years.

• 1 in 5 live with a behavioral health condition

• 1 in 20 live with a severe behavioral health condition
Suicide Mortality by Year: AK Residents and United States (2012-2022)

- # of Deaths in AK
- AK Rate
- US Rate

Number of Deaths vs. Age-Adjusted Rate per 100,000
2022: 19,369 CALLS ANSWERED BY CARELINE

Count of Contacts - 1/1/2022 to 12/31/2022
2023 CARELINE CALLS THROUGH JUNE

Count of Contacts - 7/1/2022 to 6/30/2023

<table>
<thead>
<tr>
<th>Period</th>
<th>Count</th>
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<tr>
<td>July-Sep</td>
<td>5,178</td>
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<tr>
<td>Oct-Dec</td>
<td>6,233</td>
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<tr>
<td>Jan-Mar</td>
<td>6,185</td>
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<td>Apr-June</td>
<td>6,515</td>
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Calls and Texts from Ketchikan to 988

![Bar Chart]

- Jul 2022: 6
- Aug 2022: 22
- Sep 2022: 12
- Oct 2022: 12
- Nov 2022: 10
- Dec 2022: 10
- Jan 2023: 12
- Feb 2023: 2
- Mar 2023: 6
- Apr 2023: 7
- May 2023: 20
- Jun 2023: 15
The Good News: 988 is WORKING!

6.5 Million Calls, Texts, and Chats

Improving Alaska’s continuum of care by responding to individuals experiencing a behavioral health crisis with an evidence-based crisis intervention.

A simple and direct way for Alaskans to connect to resources and save lives.
Be the lifeline.

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
“Someone to Respond”
Community-Based Service

Enhancing public health and safety by providing an alternative to emergency services for persons with non-emergent needs wherever they are in the community.
2 Main Goals

Risk Reduction for Re-Admissions and Escalation

Decrease Burden on Emergency Services
3 Main Focus Areas

- High Utilization of EMS and ED
- Homeless and Other Shelters
- Vaccinations and Testing
Mobile Integrated Healthcare

Vehicle is equipped to serve purposes beyond COVID, such as medical and behavioral health screenings, vaccine distribution, medical services to underserved communities, and more.
Mobile Integrated Healthcare Team

2 Community Paramedics
- Community-based services in the home and in the community
- Interventions and screenings
- Outreach and education

Behavioral Health Professional (telemed)
- Assessments and safety planning for suicidal ideations and self-harm
- Assists with identifying if an individual experiencing psychosis, mania, etc., meets criteria for gravely disabled

Case Manager
- To be added later
The Ketchikan Fire Department’s Mobile Integrated Healthcare Team is focused on bridging healthcare gaps within our communities.

This is done by developing a patient-centered approach that provides resources that can fill healthcare gaps, provide mental health access, and provide education that helps improve the communities of Ketchikan, Saxman, and the Ketchikan Gateway Borough.
988 and MIH will SAVE LIVES

Reduce
- # of High Utilizers of EMS and the Hospital ED
- Healthcare Costs

Free up
- Hospital beds and staff
- Public Safety Resources (Fire, Police, Emergency Vehicles)

Improve
- Continuity of Care
- Health and Wellbeing of Community Members
Questions and Discussions