



Deliberate Travel

KIDS

SCOTLAND



www.deliberatetravel.com

Welcome

This travel workbook is all about Scotland! You'll learn about Scottish geography, some history and plenty more. Just follow the instructions below to complete the workbook and find the final answer!

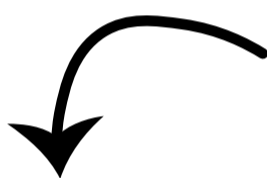
- 1.** On the next page is an Answer Grid. Each line has a number which tells you which activity you need to do in order to find the answer.
- 2.** Do each activity puzzle. **The answer that has a star is the answer that goes into the Answer Grid.** If you don't know the answer, that's OK - you can research it! ask your parents, check on the Internet or ring your grandparents and ask them.
- 3.** When you've solved all the puzzles, from number 1 all the way to number 4, then the secret word is shown in the navy boxes.
- 4.** Share your answer with us or your parents. They'll tell us and we will make sure you get the next Travel Workbook.

email your answer to info@deliberatetravel.com

The Answer Grid

This is where you fill in all the answers from the activity sheets. Number 1 is the answer for Activity 1 and so on. At the end, when you've filled everything in, you can read the letters in navy, downwards. This is the final answer! Tell the answer to your parents and they'll make sure to tell us.

Read this way for the final answer



1.								
2.								
3.								
4.								

The final answer is: _____

This is a very, very old name for Scotland, although some people still call it this.

1. First Questions

There are lots of interesting things to learn about Scotland!
Answer the questions on this page by doing a bit of research
- ask your parents, or look on the Internet to find the
answers!

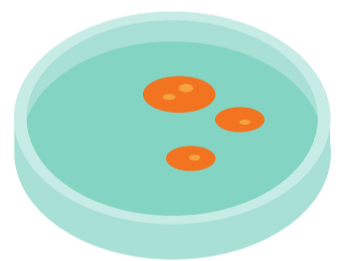
The flag of Scotland is blue
and white. Can you find what
it looks like and draw it?



- How many people live in Scotland?
- What is the capital city of Scotland?
- What is the biggest city in Scotland? ★
- Scotland includes over 700 islands. What is the largest Scottish island?
- The highest mountain in Scotland is called

Famous Scotsmen

..... **FLEMING**,
invented the first antibiotic ever,
which was called penicillin.



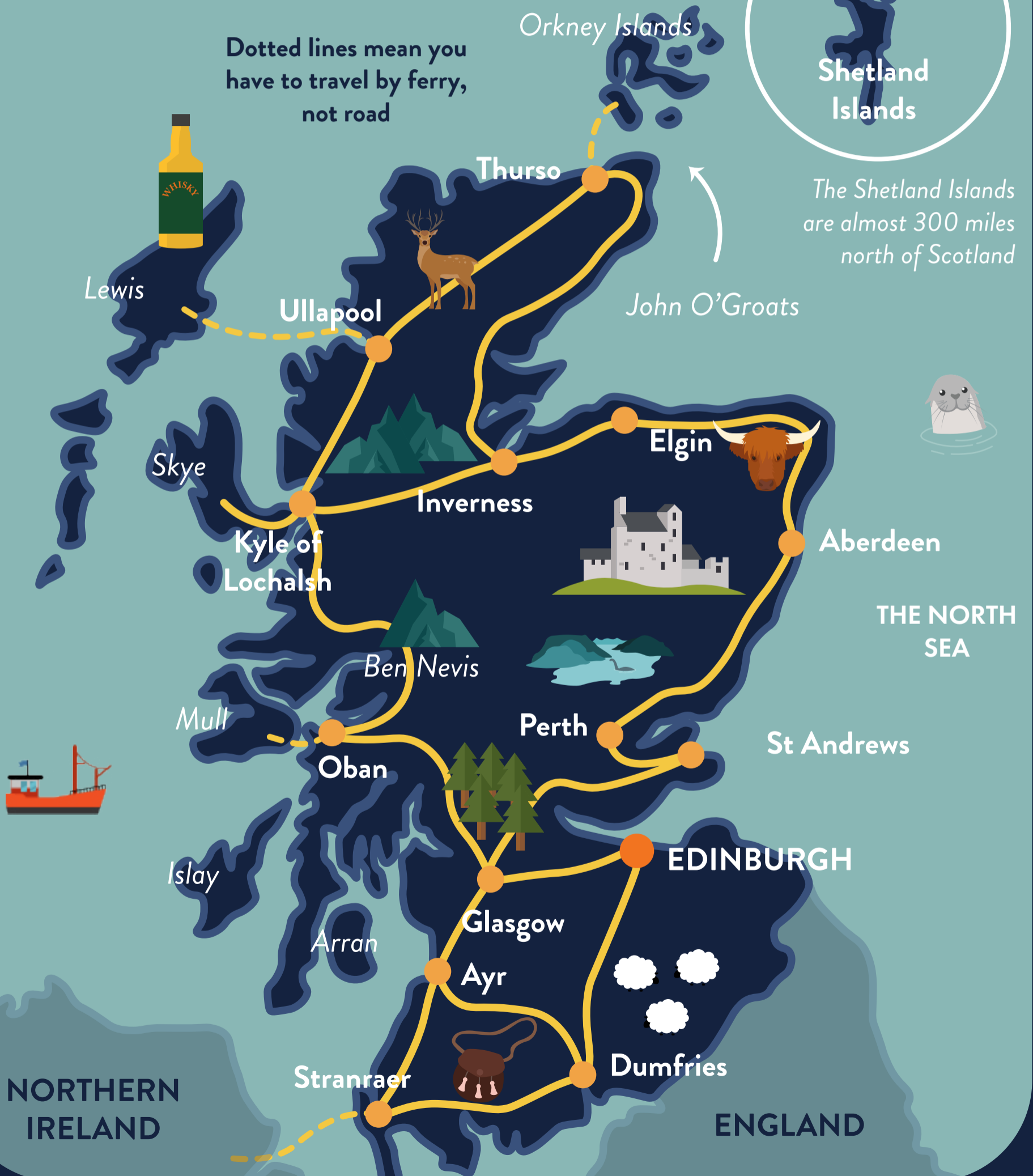
ALEXANDER **BELL**, invented the
telephone.

..... **MACDONALD**, helped Bonnie Prince Charlie
escape from the English, by dressing him up as a woman
and rowing him over to the Isle of Skye.



2. Map of Scotland

Scotland is north of England. It is part of the UK, so technically it is not a separate country, but lots of Scottish people believe Scotland is different to England.



You start your journey on the Orkney Islands in the north of Scotland. You'll need to take the ferry south to the next city. What is it called? _ _ _ _ _

This place is very popular for surfing, although the water is very cold. From there, you should go south again to Inverness.

Inverness is the most important city in the Scottish Highlands and most Northern city in the United Kingdom - true or false?

The Isle of Skye is famous for whisky



From there, it's time to head to the Isle of Skye, which is a very beautiful island on the West coast of Scotland. To get to Skye you need to travel through a small town called _ _ _ _ of _ _ _ _ _ . There's a bridge between this town and the island of Skye.

It's raining too much on Skye, so you decide to come back. Head South to Oban along the coast. Which mountain do you have to pass to get from Kyle to Oban, and why is it famous?



Scotland has lots of mountains. If a mountain is over 3,000 ft high it is called a Munro

From Oban you travel on to Scotland's largest city, which is called _ _ _ _ _ . People who are from this city are called Glaswegians.

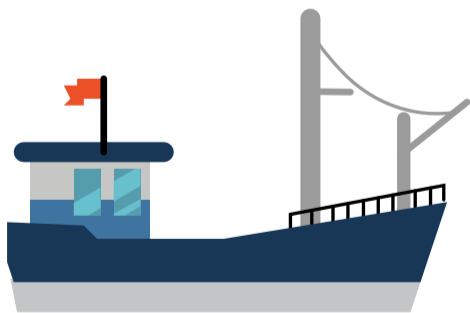
From Glasgow your next destination is Dumfries, but you need to travel through another city first. It's the birthplace of famous Scottish poet Robert Burns. What is it called? _ _ _

You arrive in Dumfries. People from Dumfries are called Doonhamers! Dumfries is close to the Scottish border. Which country is on the other side of the border? _ _ _ _ _ .

Don't worry, we're not going there! Time to go North again, to the capital city of Scotland, which is called _ _ _ _ _ . There's a famous hill here called Arthur's _ _ _ _ .

We're off again. Head back to Glasgow, but now travel towards St. Andrews which has a very famous and old university. There's another town near St. Andrews. It's old name was St. Johnstoun, but what is it called now? _ _ _ _ _ .

Almost there! Travel North along the coast to Aberdeen. Aberdeen is famous for ships and fishing, but what is the name of the sea around Aberdeen? The _ _ _ _ _ Sea.



Being a fisherman in Scotland is very difficult because it's cold and the waters are very rough

Travel from Aberdeen towards Inverness, but you stop halfway.

Where are you? _ _ _ _ _ ★

3. Stone Soup wordsearch

Stone Soup is a traditional story from Scotland (although they also tell a version of it in Ireland). In Scotland guests are very important and must be treated well.

Try to find the words in the wordsearch below. The word that isn't in the wordsearch is the answer to this activity sheet.

	T	A	T	T	I	E	S	C	S	G	W	S	F	N	F	V	
	H	J	C	E	T	Y	U	G	J	K	S	T	O	N	E	R	
onion	A	Q	T	C	B	S	G	J	K	L	Y	I	W	E	V	C	cauldron
tatties	P	R	S	C	O	T	C	H	B	R	O	T	H	T	D	O	croft
	A	A	B	A	V	O	M	B	V	W	G	N	I	C	U	N	
neeps	R	V	N	R	E	N	F	J	K	T	R	L	S	D	N	I	stone
dried peas	S	H	D	R	I	E	D	P	E	A	S	P	K	S	B	O	bannock
	L	Y	Z	O	D	S	Q	C	S	E	F	J	Y	E	E	N	
	E	F	T	T	C	O	S	F	H	Y	I	C	S	G	W	S	
lamb	Y	D	V	S	V	U	C	S	G	W	S	C	R	O	F	T	dram
whisky	E	A	E	D	N	P	G	W	F	N	O	P	F	R	G	Y	parsley
	D	D	A	G	C	B	A	C	W	E	E	R	D	R	V	R	aroma
Stone Soup	V	R	E	D	G	K	R	J	G	J	R	E	C	Y	B	E	
	L	A	M	B	N	B	O	M	N	V	Q	S	P	H	M	D	seasoning
Scotch Broth	D	M	A	Z	C	W	M	D	F	H	V	N	M	S	V	G	
	C	H	P	I	S	E	A	S	O	N	I	N	G	E	F	B	
	V	C	A	U	L	D	R	O	N	D	G	Y	R	W	S	B	

The answer is: _ _ _ _ _



3b. Stone Soup

One lonely night an old man arrived at a croft, knocked on the door and asked to come in for shelter. The wife said he was welcome but there was no supper as they didn't have any food in the house. The old man said not to worry but could he rest by the fire and get warm?

*a croft is a
Scottish farm*

*a crofter
lives in a
croft*

Once he had warmed up he asked if the crofter's wife and her husband would like to share some Stone Soup.

The wife was amazed - she had never heard of Stone Soup but found a cauldron and added some water.

The old man sat and stirred the pot as it heated up. Then he pulled out a parcel, wrapped carefully in cloth and grinned. He explained that inside was his soup stone which had fed him for years. He unwrapped the stone and placed it in the cooking pot, stirring all the time.

After a few minutes he asked the woman if she had some parsley as this improved the flavour greatly. She fetched some from the garden and the smell from the soup filled the house. After a little longer, he asked if she had an old tattie or some neeps to give the soup some extra depth. She ran off to the shelf and also brought some carrots and an onion. These were added to the soup too. The smell got even nicer.

*tattie is the Scottish word
for potato*

*neep is the Scottish word
for turnip*

After a while the old man wondered if there was a bit of cold lamb lying about, as this would make the soup delicious. Luckily, there was a plate of lamb on the table and this went into the soup too. After that, the old man mentioned that a handful of barley and some dried peas always improved a good soup. The wife rushed to find them and then laid out three bowls on the table.

a dram is a small measure of whisky

The old man announced that the soup was ready. The husband added a dram of his best whiskey and the wife added some seasoning. Then they sat round together and feasted on the delicious stone soup, sharing the bannocks the woman had baked that morning. A most satisfying meal.

a bannock is a type of Scottish bread



a cauldron is a large metal pot which people use to cook on an open fire

In the morning the old man carefully returned the stone to its covering and returned it to his pocket. The crofter and his wife thanked him for the lovely meal and invited him to return if he was in the area again. The couple thought the soup reminded them of Scotch Broth but much nicer than any they'd ever made before but they didn't have a soup stone and you have to have a stone to make stone soup.....

4. Scottish monsters and fairies

Scotland has lots of stories about different monsters and fairies. Some of them are quite similar to Irish monsters and fairies, so if you've done our Ireland workbook you might recognize some.

Can you draw pictures of the creatures below, based on their descriptions? Don't forget to answer the question!

WULVER

- has a human body with the head of a wolf
- eats a lot of fish, which he sometimes shares
- lives in a cave

BEAN NIGHE

- looks like a human lady
- washes clothes in rivers at night
- if you can catch her she will tell your future

hint: how many feet does it have?



A set of footprints has been found. It belongs to a monster or fairy, but which one?





FACHAN

- has one eye in the middle of its forehead
- has only one arm and one leg
- can hop very well



GHILLIE DHU

- is a male fairy, who lives on his own
- has dark hair
- covered in leaves and moss
- very kind



NESSIE

- found underwater in Loch Ness
- has a long neck and a hump
- some people think Nessie is a dinosaur



TANGIE

- lives in the sea
- looks like an old man
- covered in seaweed
- found on lonely roads



We'd love to see some of your drawings! Ask your parents if you can send a photo to info@deliberatetravel.com

Did you like this workbook?

**We're making a bigger, better version of
the Scotland workbook.**

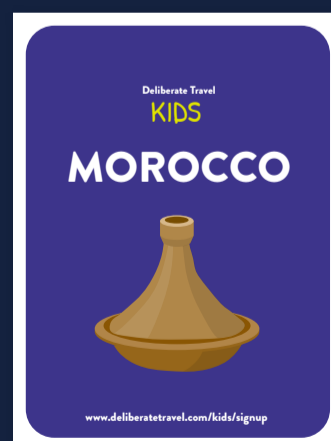
**It will have more puzzles, more questions and
more activities.**

If you want to know when it's ready, ask your
parents to visit this webpage and put in their
email address.



**We'll send an
email when it's
ready!**

Have you done all the Deliberate Travel workbooks?



this one is
48 pages
long!



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