



Hansamo Newsletter

Volume 10

Winter 2016 Release

Table of Contents

San Ramon City Council Swearing in Ceremony.....	2
KPA 14th Dinner Party and OPUS Fall Concert.....	3
Hansamo Samulnori Team Meets Goseong Ogwangdae.....	4-5
Korean Club Movie Day.....	6
Hansamo Fundraising.....	7
Overseas Koreans Foundation.....	8
Trends: Candle Rally.....	9
Korean Bird Flu Outbreak.....	10
North Korean Sanctions.....	11
Pyeong-Chang 2018 Winter Game Olympics.....	12
Nutrition: Chili Pepper (고추).....	13
Do the Straight Eyebrows Look Good On You.....	14
Korean Tourism.....	15

Contributors

Co-Chief Editors

Donggyu Han

Yunchai Sung

Digital Editor

Do Hyung Kim

Writers

Diane Choi

David Lee

Sihyun Na

Alina Shim

한산모
San Ramon Hansamo



San Ramon City Council Swearing in Ceremony

Alina Shim
DVHS Junior



On December 13th, the San Ramon City Council welcomed back three council members. On this Tuesday evening, Mayor Bill Clarkson and councilmen Phil O’Loane and Scott Perkins took the oath of office during a ceremony. This ceremony was held at the San Ramon City Hall, which about 150 people turned out to celebrate. Three different cultural performances were held, including the Hansamo Korean drum performance, Chinese lion dance performance, and Indian Bhangra dance performance.

Samulnori (Korean drums) is traditional Korean folk music accompanied by four types of instruments. As Samulnori is played in Korea to celebrate events, the Hansamo Samulnori team put on a performance to congratulate the new elected council members.

In Chinese culture, Lion dances are performed to bring good fortune and scare away evil spirits. The instruments in the dance hold great significance, as the drums represent the lion’s heartbeat and gongs and cymbals help frighten the evil spirits away.

The Indian Bhangra is a traditional and lively form of folk dance which originated from the Punjab region of North India. San Ramon Arts and Cultural Association put on this performance celebrating the diverse arts and culture of the community, closing off the night.



KPA 14th Dinner Party and OPUS Fall Concert

Diane Choi

DVHS Sophomore



songs, including Korean and English songs. The orchestra performances were divided into chamber groups composed of various string and wind instruments. Each group played one or two pieces. In total, the OPUS students were able to put on a great performance.

Dinner and family night events were from the second part. The dinner was a choice of kids' meal, bibimbap, and hoedeopbap (회덮밥). The family night events included traditional Korean dance performances, a K-Pop performance, various talent performances, and a raffle. It was a fun and happy night for all ages.

On Saturday, November 12th, 2016, the Korean Parents' Association (KPA) held its fourteenth dinner party at the Pleasanton Senior Center. A total of about 275 guests attended the event, including fifteen VIP members with the San Francisco Consulate-General. The occasion was about three and a half hours long with two parts.

The first part of the event consisted of the OPUS fall concert with the choir and chamber orchestra groups. Students from various schools came together to put on these performances of great music. The choir sang four



Hansamo Samulnori Team Meets Goseong Ogwangdae

Yunchai Sung
DVHS Junior



On October 28th, a cultural transmitter and a master of Goseong Ogwangdae (고성오광대), Hyunho Yun(윤현호), visited Hansamo Samulnori team to teach young Korean-American students the basic movements of malttukichum(말뚝이춤) and yeoldoobal(열두발).

Hyunho Yun is from an association called Goseong Ogwangdae Conservation Association. His workshop with Hansamo Samulnori team was sponsored by Korean Cultural Center Urisawe and Goseong Ogwangdae

Conservation Association.

Goseong Ogwangdae is a Korean traditional masked dance performance which was selected as the seventh Important Intangible Cultural Property on December 24th, 1964. The performance shows the life of ordinary people satirizing the landed gentry and the problems of wives.

Procedures are organized with five stories. The dancing mainly includes yeombul-taryeong, which is a traditional dance style of youngnam province. The first story is about mundung bukchum where a mundung comes out with an instrument and dances while lamenting. The second story is about ohgwandae where malttuki comes out to the stage and ridicules seven noblemen. The third story is about bibi, a monster who has a human face and the monster body. The fourth story is about monk who dances for jaejagaksi. The last story is about jemilju where an old man meets his wife during an affair with another women. The entire story is focused on mocking the concubine system present during the time.



Hyunho Yun stated, “I felt proud as a cultural transmitter and a person who came to America to keep our traditional culture. I wanted students to understand the identity of Koreans through our harmony, rhythm, and dances. Mostly, I wanted them to have pride as Koreans”. After the workshop, he spoke to the

class about how young Korean American students tend to forget their identities as Koreans and how we can preserve our identities and traditions. He added, “It is very impressive that there are associations to preserve and display Korean culture here in the bay area, I am certainly glad to see that many students and Koreans who live in America join these associations to experience and preserve our culture. If I get another chance, I would be happy to come here again and teach the value of Korean traditional culture to young Korean folks in U.S.”.

Korean Club Movie Day

Donggyu Han

DVHS Junior



The Korean officers of the Korean Club, which is affiliated with the Hansamo organization, arranged a movie day on November 11 to bond with twelve of the members. This event included a recent Korean action film, “Train to Busan (부산행),” potluck, and post-party games. Not only did Korean members undoubtedly attend the event, but many non-Koreans also enjoyed the party.

“I would definitely come to another party like this. The Korean movie was thrilling and the traditional Korean games were so exciting to play,” a Chinese member of the Korean Club, Aaron Du, said after the party.

Another club member, Jonathan Fung, mentioned how he felt grateful to be in such a “diversified environment like Dougherty Valley High School” that allowed him to “experience different cultures.” Nov 11 2016

While bringing members to closer relationships, this event has shed light on the Korean lifestyle of teenagers. As more members join, as the races of those members diversify, the Korean club will further spread its cultural impact to the people of San Ramon.



Hansamo Fundraising

Sihyun Na
DVHS Sophomore



During the week of November 25, the

Hansamo Organization planned a fundraiser led by Suna Kim. The fundraiser was partnered with a farm in Orland that produced pecans, walnuts, almonds, and many other nuts. The Hansamo Organization chose the previously mentioned nuts to sell, as they are easily eaten and also promote health with nutrients.

One consumer pointed out that the nuts “tasted much fresher than the ones found in local stores.” Having similar prices with store-bought nuts, the ones from the fundraiser allowed consumers to contribute to the development of the Hansamo Organization. The members of the organization gathered and wrapped the nuts individually into bags for sale. With the help of families and friends, the organization collected a decent amount of \$900. Such number shows how easily the members of Hansamo can contribute to the community and help the growth of Korean culture.

Overseas Koreans Foundation

David Lee
 DVHS Sophomore



The Overseas Koreans Foundations (OKF) engages in various tasks in order to benefit homeland Korean and other overseas Korean communities. Their ultimate goal is to expand the education and culture by increasing national identities, self-esteem, and helping restore the connection with overseas Korean communities. The OKF has set up many contests, fellowships, networks, and conventions in order to achieve these goals. They donate and help smaller organizations within overseas regions to spread Korean culture. Not only does the OKF focus on the development of economic and cultural connection with overseas Korean

communities, but they also help Koreans in other nations to participate in the government and political standpoint. The OKF allows foreigners and overseas Koreans to present petitions on military affairs, national tax, nationality, health insurance, etc. Overseas Koreans can also get online counseling about the law and legislation through the OKF.

Recently, Hansamo has received a few samulnori instruments donated by the OKF. They donated one of each instrument: buk, janggu, jing, and kkwaenggwari. This was an effort in order to help the samulnori team and spread the musical culture of Korea. Hansamo and OKF have the same goals of spreading Korean culture and identity within communities and are working consistently to achieve those goals. By actively supporting and leading groups such as the samulnori team and the Korean newsletter team, Hansamo has allowed Korean culture to spread and promote active events and participations for the Korean community to flourish in U.S. With the help of OKF and Hansamo, our identity as Koreans will remain wherever we are.





Trends: Candle Rally

Sihyun Na

DVHS Sophomore



Candle Rallies consist of a big group of people holding candles to get political attention. Often, these rallies involve violence between the citizens and police

People believe that the first candle rally was held at Busan, Korea in 1987, but the exact date is unknown, candle rally has always been a part of Korean political affairs and there has been continuous protests against the government.

The candle rally has risen to the surface once again with the reveal of President Park's shadowy advisor, Soonsil Choi. Koreans are protesting against their government, attracting the attention of numerous people worldwide.

Many of Koreans are involved with this demonstration, because of the unsteady government. Park is closely related to her friend, Choi Soon Sil. Choi has been charged with fraud, and as a result, Park has been voted impeachment as well.

The candle rally had more than 7.5 million people involved from various cities of Korea. People gathered at all the major cities like Busan, Ulsan, JeonJu, and etc. In between the great crowds of people, singers held their performances, supporting the cause. In order to attract more attention, the demonstrators sang together or had silent moments. This unification of Korean citizens was astonishing and eye-catching.





Korean Bird Flu Outbreak

Donggyu Han
DVHS Junior



Although there had been many bird flus previous years, the one that struck Korea this year have been the deadliest of them all, according to the chairman of the Korean Poultry Association.

Causing the death of 22 million poultry, the virulent H5N6 strain of bird flu appeared around November 18, and as a result, the market prices of dairy products and chicken meat were heavily affected.

According to state-run Korea Agro-Fisheries & Food Trade Corp, the retail price of eggs were increased dramatically by 25 percent since the outbreak of the flu.

The infected birds, including chickens, ducks, and geese, were either quarantined or killed and buried underground to prevent the spread of the disease. Moreover, cars trespassing farms that accommodate the infection were sprayed with disinfectant chemicals.

Amid the political scandals and chaos, Korean news could not alert the citizens about the bird flu, as it was buried under reports of the current political controversy regarding president Park Geun Hye. Such distraction led to many citizens walking into markets uninformed of the potential danger in eggs and chickens.

Analysts say the revitalization of the birds could take up to two years, at the end of which chicks would be expected to grow into fully grown chickens. Due to the potential long delay, the Korea's agricultural ministry is planning to import adult chickens to ease the economic damage that the flu has inflicted.





North Korea continues exports to China despite sanctions declared by UN; tensions continue to rise in East Asia

Do Hyung Kim
DVHS Junior



The United Nations declared heavier sanctions toward North Korea on the 30th of November. Although trade for the benefit of citizens' welfare was declared to be an exception, it is not clear where the profits are being used. Iron, coal, steel, and other resources have been included in the list of forbidden imports by China even earlier in April, yet continued exports by North Korea only seem to increase.

About 256 million USD worth of North Korean exports to China have been reported November by the Beijing office of the Korean International Trade Association. This is approximately a 34.1% increase compared to statistics from the past year. The substances declared forbidden by the UN sanctions seem to be the largest increases, with approximately 146 million 680 thousand USD worth of the resources being exported, almost a twofold increase from last year.

With what seems like an intent to show opposition to the UN's decision, communication continues to be lacking with North Korea. East Asia continues to stay in a state of uncertainty due to the lack of cooperation between leaders. Whether or not the problem of nuclear disarmament will be solved in the near future is a question not many can answer with confidence.



PyeongChang 2018 Winter Game Olympics

David Lee
DVHS Sophomore



PyeongChang 2018



features multiple sports performed on snow and ice. The first winter Olympic games took place during 1924 in France. There have been 11 different countries that have hosted the Winter Olympics, with Korea now becoming the 12th. There are 88 different nations competing in order to win bronze, silver, and gold medals. There are 15 winter sporting events within the Winter Olympic games. They are split into the categories of ice sports, alpine, skiing and snowboarding events, and Nordic events. Korea's representation within the winter Olympic games and talent of the athletes has been seen by the world. With impressive performances in the past by athletes such as Kim Yu-Na and Lee Sang-Hwa, Korea has made their presence and seriousness for these sports known. With the opportunity to host the 2018 Winter Olympic Games, South Korea can further increase its interests and show its dedication to the Olympics and to sports.

On January 30, 1948, South Korea participated in the Olympics for the first time. Now, Pyeongchang, South Korea will be hosting the upcoming Winter Olympic Games on February 9, 2018. After losing their bids to host the 2010 and 2014 winter games, PyeongChang finally won the chance to host the major event with 63 to 95 voting cast. This will be the first time in history where the winter games will be held in South Korea.

The Winter Olympic games is a major international sporting event that occurs every 4 years. Unlike the Summer Olympics, the Winter Olympics





Nutrition: Chili Pepper (고추)

Diane Choi
DVHS Sophomore



A staple of the Korean diet includes chili pepper, in powder form and in paste form.

Most commonly known as an ingredient in kimchi, chili pepper is used in various Korean dishes. It can be dried and made into chili powder or it can be made into chili paste. Both forms of the chili pepper are used in many dishes including meat, bibimbap, tteokbokki, kimchi, and various soups and stews. Chili peppers also have many health benefits.

Health benefits of the chili pepper include vitamins and other substances. Chili peppers contain a substance called *capsaicin* and the hotter the chili pepper, the more capsaicin it contains. Capsaicin is studied as a treatment for sensory nerve fiber disorders, including pain associated with arthritis, psoriasis, and diabetic neuropathy. Topical capsaicin is a recognized treatment for osteoarthritis pain. According to WH Foods, “Red chili peppers, such as cayenne, have been shown to reduce blood cholesterol, triglyceride levels, and platelet aggregation, while increasing the body's ability to dissolve fibrin, a substance integral to the formation of blood clots.” Chili peppers have various health benefits including anti-inflammation, natural pain relief, cardiovascular benefits, anti-congestion, immunity boost, and healthy weight loss.



Chili pepper in powder and paste forms is a widely used ingredient in Korean dishes. It is a widely known ingredient of kimchi and is also used in various stews and other dishes. Chili pepper is known to have many natural substances including vitamins and capsaicin.



Do the Straight Eyebrows Look Good On You?

Yunchai Sung
 DVHS Junior



started to rise, there are still others who prefer the straight eyebrows.

For 4 years, Koreans fell in love with straight eyebrows. They trimmed and shaved their eyebrows to form perfect straight lines, which seemed attractive. The trend started from IU, a popular Korean singer. Ever since then, regardless of age, women and girls began to follow the trend. However, this trend began to fall as people thought it was overrated. As a result, in lieu of straight lines, the trend of eyebrows became curvy and natural. Despite these trends, since the trend of curvy eyebrows has just



For straight eyebrows, it is best to use dull, wide, and square-cut pencils. These pencils customized to make natural-looking eyebrows. On the other hand, using the narrow-cut pencils, people can simply follow their eyelashes to make more defined. The narrow-cut pencils can express strand by strand for natural eyebrows.



The most popular eyebrow product in Korea is Shu Uemura hard formula eyebrow pencil. It is said to make the most natural looking eyebrows and has the longest permanence. Recently Korean brands invented semi-permanent Eyebrow tattoo gel that can stay through 3~5 days.



Korean Tourism

Alina Shim
DVHS Junior



Korea has set a record for itself, with 17 million visitors to Korea this year. The previous record was 14.2 million in 2014. In 2015, the number of visitors fell 6.8% due to an outbreak of MERS. This year's record is a 31.2% increase from last year.

The 17 millionth visitor will be arriving and welcomed at Gimpo International Airport on Tuesday, December 27. Organizations such as Ministry of Culture, Sports and Tourism, and the Korean Tourism Organization plan to welcome and celebrate the special tourist at the GIA. They will give a flower necklace and gifts to the visitor.

The record of the growth of tourism is a 1.5 times increase from 2012, the year when Korea hit its 10 millionth foreign traveler. As Korean tourism is growing in popularity, the government and tourism industry are working together to amplify the quality of the tourism content and industry.



한.나.모

San Ramon Hansamo

