



**QUALITY
LONG TERM
CARE**

October 18, 2023

Press Release

Contact: Kay Castillo, Executive Director, Friends of Residents in Long-Term Care,
919-782-1530, friends@forltc.org

North Carolina Department of Health and Human Services Facility Black Mountain Neuro-Medical Treatment Center Wins 2023 Long-Term Care Facility Best Practice Award

Friends of Residents in Long-Term Care is thrilled to present our annual award, the 2023 Long-Term Care Facility Best Practice Award to [Black Mountain Neuro-Medical Treatment Center](#) (BMNTC).

BMNTC is a state run, specialized skilled nursing facility located in Black Mountain, North Carolina. The facility provides services to adults with chronic and complex medical conditions in a setting that is typically hard to find in local nursing homes.

When nominated by a wife of a former resident, it was noted that the facility is an outstanding example of implementing patient centered care. Residents and their families are listened to and their wishes are honored in every way possible including accommodating food preferences and taking residents to get fresh air. Staff members learn the interests of the residents and engage them in conversations about those interests. Staff also communicate with family members and keep them informed of changes in residents' conditions. The team is diverse with nurses, Certified Nursing Assistants, and specialty therapists working together to provide the quality of care that makes them stand out as deserving of this award.

[BMNTC was awarded the Best Nursing Home in North Carolina by a national ranking compiled by Newsweek in 2019.](#)

About the Award

The Long-Term Care Facility Best Practice Award is an annual award given to a facility that excels in the industry by providing quality care and who, in turn, advances residents' quality of life. The award will be given at the [Friends of Residents in Long-Term Care's Annual Fall Gala](#) to be held virtually on Thursday, October 19, 2023 at 7:00 pm.

About Friends of Residents in Long-Term Care

[Friends of Residents in Long Term Care \(FOR\)](#) is an independent, nonprofit organization committed to advancing the quality of life for the 100,000 individuals who receive long-term care in North Carolina. We serve as the consumer voice for families, caregivers, and residents in skilled nursing homes and assisted living communities.