Hours of Operation

Sunday - Monday 10am - 6pm
Tuesday - Wednesday 11am - 7pm
Thursday - Friday 10am - 6pm
Saturday 9am - 7pm

200 N. Columbus Drive, B1 Level
312-946-8945 ~ myspachicago.com
**myMassage Therapy**

**myMassage – Swedish**
Your time. Your experience. We believe in offering a truly personalized massage experience. Your therapist will provide you with a massage made just for you to promote relaxation and reduce stress. 50m $130/$145 80m $200/$215

**Deep Tissue**
Concentrating on the deep layers of muscle and fascia in the body utilizing deep pressure and slow, firm strokes, deep tissue massage is used to treat a variety of physical ailments such as chronic pain, stress, injured or tight muscles and tension headaches. 50m $150/$165 80m $215/$230

**Aroma Harmony**
Tap into the forces of energy in our body with a myMassage and our unique aroma-sensory experience. 50m $140/$155 80m $210/$230

**Hot Stone Massage**
A traditional myMassage with heated stones provides deeper and longer lasting relaxation. 50m $155/$170 80m $225/$240

**Pre/post Natal**
A healthy way to reduce stress, encourage blood circulation, and address normal discomforts experienced before and after pregnancy such as backache, stiff neck, leg cramps, swelling and headaches. 50m $130/$145

**POWER TREATMENT: myMassage**
Same great massage, only abbreviated. 25m $75/$90

**UPGRADE: Foot Scrub**
Smooth rough skin and freshen tired feet. $15

**UPGRADE: Scalp Massage**
Ease tension and calm the mind with this treatment. $20

**UPGRADE: Paraffin**
Warm, skin-softening wax hydrates your hands and/or feet and melts joint aches. $15 each

**mySuite**
Enjoy any treatment side by side in our guest suite which features an infinity-edged soaking tub and private bath. Our mySpa consultants will help you create your ultimate mySuite experience to celebrate your love or friendship.

**Candlelight Couple’s Massage**
Enjoy myMassages together in our candlelit Duet Suite then toast your time together with two glasses of champagne. 50m $275/305 80m $425/455

**ADD-ON: Suite Soak**
Enhance your massage experience in our whirlpool infinity soaking tub creating a relaxing environment with color light therapy and a bath bomb. The perfect way to begin your couple’s mySuite experience. 25m $90

**myBody Rituals**

**Seasonal Body Treatment**
A skin-softening, seasonally-influenced scrub refreshes your skin while a decadent body cream seals in moisture to give you a radiant glow. 50m $130/$145

**POWER TREATMENT: Refining Body Scrub**
A body scrub meant to exfoliate and hydrate your skin, leaving it smooth and soft. Enjoy this treatment by itself or added to any myMassage Therapy. 35m $75/$90

**Seaweed Body Wrap**
Begin with a full-body dry brush to invigorate your skin. An application of a detoxifying seaweed mask is applied to stimulate your metabolism and minimize the appearance of cellulite. You are then cocooned in a warm blanket to reduce water retention and increase circulation. Designed to eliminate impurities and reduce inflammation in the body. 50m $130/$145

**Ultimate Seaweed Treatment**
Maximize the super hydrating properties of the seaweed body wrap including an Epicuren Green Tea Seaweed Facial Mask. 80m $170/$185

**Deep Cleansing Back Facial**
Remove dead surface cells then follow with layering of vitamins, antioxidants and anti-inflammatory botanicals to rejuvenate the skin. 50m $130/$145

**myHands & Feet**

**Journey Manicure and Pedicure**
Transform your hands and feet with a scented soak, skin softening scrub mask and a relaxing massage. Your nails are then groomed, shaped and perfectly polished. Journey Mani 45m $55 Journey Pedi 50m $75 Journey Mani & Pedi 110m $125

**mini Journey Mani and Pedi**
Our minis include a soak, nail grooming and polish. Mini Mani 25m $30 Mini Pedi 30m $55

**No-Chip Journey Manicure and Pedicure**
Enhance our Journey Manicure and Pedicure with shellac lacquer that is cured underneath a UV light leaving your nails perfectly polished for up to two weeks. No-chip Mani 45m $65 No-chip Pedi 50m $90

**UPGRADE: French Polish**
The perfect French requires skill and precision. $15

**Polish Change**
Need a quick fix? 15m $30

**No-Chip Removal**
Additional time is required to remove no-chip. If no-chip was applied last at mySpa, the removal is complimentary. 30m $30

**mySkinCare**

**Signature Facial**
Experience dramatic results with this customized skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session includes an exfoliation, followed by a layering of vitamins, antioxidants and anti-inflammatory botanicals to leave skin protected and revitalized. 50m $130/$145

**Ultimate Radiance**
Begin with an exfoliation then a layering of vitamins, antioxidants and anti-inflammatory botanicals to leave skin protected and revitalized. The ultimate in luxury as we end your treatment with hot towels and an extended foot, neck, shoulder and hand massage. 80m $195/$210

**Rejuvenating Infusion**
Emerge hydrated, youthful and glowing with a reduction in fine lines, wrinkles and a visible lift. For all skin types, even the most sensitive or stressed skin. Results are not only instant, but continue in the following days. 50m $150/$165

**AGE Defying Infusion**
Reduce the appearance of fine lines and wrinkles while tightening and firming for more defined facial contour. Special care is taken to smooth, open and refine the eye contour area while the lips are plumped and hydrated. 80m $225/$240

**POWER TREATMENT: Signature Facial**
Mini version of our Signature Facial. 25m $75/$90

**ADD-ON: Atoxelene Wrinkle Reduction**
Atoxelene Serum is designed to refine the forehead, soften the eye contour and plump and smooth the lips. The natural amino peptide, Argireline, targets lines and increases elasticity. Skin looks smoother and firmer. 25m $75/$90

**ADD-ON: Oxygen Inhalation**
Inhalation oxygen therapy has been proven to heighten concentration, alertness, and memory as well as offering a natural remedy for headaches, hangovers and jet lag. Add to any of our spa services. 10m $25

**ADD-ON: Refining Peel**
Exfoliate utilizing customized enzyme treatments to re-texturize fine lines and wrinkles. 25m $75/$90

**ADD-ON: Eye Contour**
Refresh and repair tired eyes and reduce puffiness, dark circles and appearance of fine lines. Can be added to a facial or performed as a stand-alone treatment. 10m $40

**UPGRADE: Booster Upgrades**
select one with an Infusion Treatment $25
Collagen Booster: renewal and rejuvenation Antioxidant Booster: reduce puffiness and dark circles Vitamin A Booster: reduce blemishes and visible pores Vitamin C+3 Booster: helps smooth and protect skin
Rates
Weekday pricing is valid Monday - Thursday. Weekend premier pricing is effective Friday - Sunday and select holidays. A 20% service charge will be added to your final bill and may be adjusted based on your satisfaction. If you must reschedule or cancel your services, please notify us 24 hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages and groups of 3 or more require 48 hour notice in order to avoid being charged the full value of the services. A credit card is required at time of booking. Rates are subject to change.

Spa Memberships
mySpa offers monthly memberships. Please inquire for additional information.

Fitness Studio
Our Fitness Studio is open 24 hours daily and may be accessed with your guestroom key, by hotel guests only. Fitness Studio may be accessed after spa hours via the side door past the Fed-Ex Business Center. For information, please see the spa receptionist or a Front Desk Agent.

mySpa Gift Certificates
To purchase a gift certificate, please visit mySpa on the B1 Level of the Fairmont Chicago or myspachicago.com.

Satisfaction
As a convenience, an automatic 20% service charge is added to all services which includes an 18% gratuity for the service provider(s). Additional gratuities are optional.

Peace of Mind
We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may experience a relaxing spa environment.

Arrival
Treatments are carefully planned to accommodate each and every client. In the spirit of mutual respect, guests are asked to arrive on time. Late arrivals will be finished within the scheduled treatment time while the fee remains unchanged.

Safety
Please notify our spa consultants if you have any medical conditions that may be affected by our services. These include allergies, high blood pressure or physical ailments. Please tell us if you are pregnant so that we may provide you with the proper guidance, care and comfort.

Children
mySpa welcomes guests 18 and older. Children 16-17 may enjoy a treatment with a parent or guardian in the spa. Guests 15 and under may enjoy a nail treatment with a parent or guardian on premise.

Privacy
We provide a robe and slippers for your comfort during your experience and a locker for your personal belongings. During your treatment, our therapists use professional draping techniques to ensure your privacy at all times, only exposing the areas to be worked upon. While most spa treatments are best enjoyed without clothing, every step is taken to ensure discretion.

Hair Removal
A variety of waxing services are available.

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<th>Price</th>
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