

SWERVE SOCCER



RESIDENTIAL CAMP

DECEMBER 2023

18-20 DEC 2023 WORTH SCHOOL, CRAWLEY

HOSTED AT



WORTH
SCHOOL



Welcome
to Swerve
Soccer

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+ SUMMARY

Swerve Soccer will be hosting our first ever December residential between the 18–20 Dec 2023 at Worth School, Crawley who offer first-class training and boarding facilities set in the beautiful countryside.

Our camp offers a pressure-free training environment created to enhance each players ability through fun and engaging training sessions.

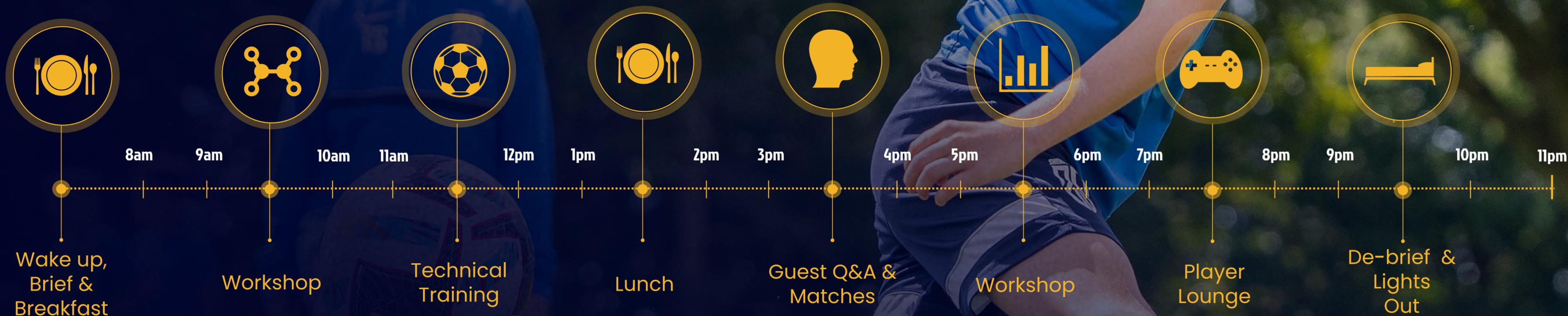
Classes will be adapted to the players and their individual and collective characteristics. Sessions are structured and progressive with the outlook to develop each individual to create the 'complete player'. We recommend this camp to players who play regularly for their school, club or academy teams.



Sessions are lead by **FA & UEFA** approved football coaches who have a wealth of experience in youth football and from the professional game. Our dedicated staff provide an intensive programme designed to enhance each players technical ability through a **360° training environment**.

Recommended playing level: **Intermediate - advanced**

+ A TYPICAL DAY



+ TRAINING



+
Creating the
'complete
player'

ON-THE-FIELD

The training programme is progressive and is adapted to each player's individual characteristics and ability. Throughout the course, the camp will look into a variety of topics that cover defending, midfield and attacking principles.

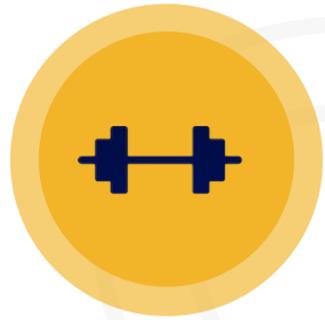


+
Attend a
variety of
workshops

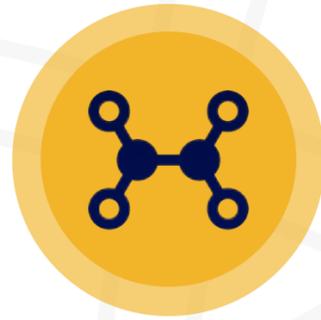
OFF-THE-FIELD

Our conditional testing programme has been designed by advanced high-performance strength & conditioning coach Tony Morris. Tony actively trains Premier League player Solly March (pictured above).

+ WORKSHOPS



Strength & Conditioning
"Specific training for a
footballer"



Performance Testing
"Test against the rest"



Injury Prevention
"Good shoe - bad shoe"



Swim & Recovery
"Relax and unwind"



Video Analysis
"Identifying areas of
improvement"



Q&A with a Former Pro
"Insight into the
professional game"

+ GOALKEEPER TRAINING

There is a total of 3hrs
of goalkeeper specific
training offered
during the camp.



+ VENUE

This venue is situated in the beautiful West Sussex countryside in the South East of England, close to the town of Crawley (11 km) and within easy reach of the beautiful seaside and vibrant city of Brighton (37 km). London's Gatwick and Heathrow airports are easily accessible by road (13 km and 71 km respectively).

Address: Worth School, Paddockhurst Rd, Turners Hill, Crawley RH10 4SD



+ FACILITIES

- ▶ 6 All-natural pitches
- ▶ 1 Gym
- ▶ 1 All-weather pitch
- ▶ 5 Changing rooms
- ▶ 1 Swimming pool
- ▶ 1 Sports hall

+ FOOD

Worth School provide a wide selection for breakfast, lunch and dinner over the course of the camp. This will include vegetarian and vegan options. Special dietary requirements can be made.



+ TESTIMONIALS

My two French children of 9 and 11 years old really enjoyed this camp. Even if they do not speak English all the team was really careful and nice with them. My children had a really fun time. They ask me to come back another time.

Christelle

- Parent

This camp is a wonderful opportunity for children to play football, make new friends, grow in confidence and learn independence. Impeccably run with coaches who show compassion and enthusiasm and create an experience the kids will never forget.

Lucy

- Parent



CREATING MEMORIES THAT LAST A LIFETIME

+ WATCH FUTURE STARS IN ACTION!

The camp looks to include an excursion to a professional Premier League 2 game!

(Crystal Palace vs West Ham United U21)



+ DOWNTIME

Players will have time to relax and socialise with friends and coaches during downtime.

+ ACTIVITIES

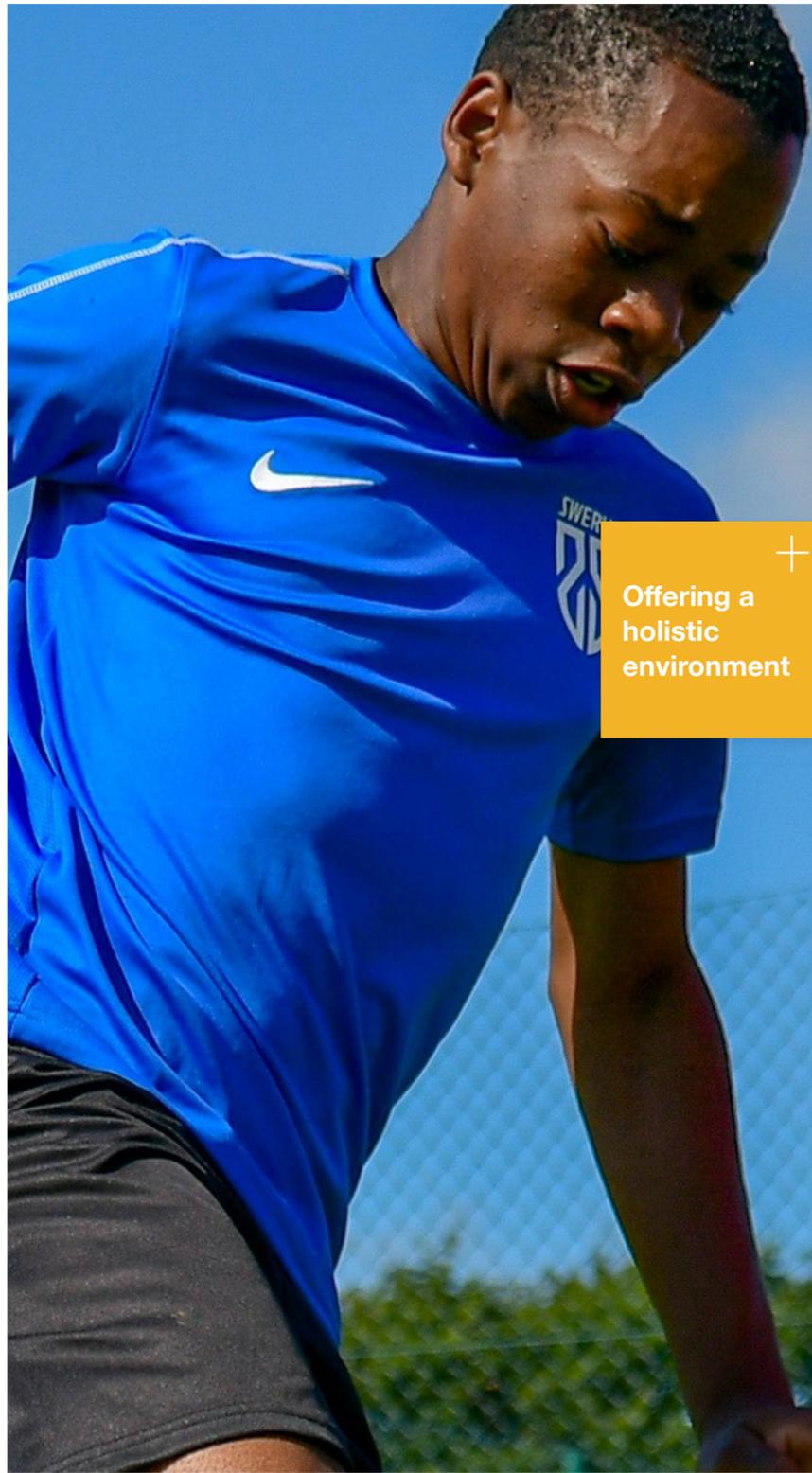
Downtime activities may include:

- ▶ Games console rooms
- ▶ Table tennis
- ▶ Snooker
- ▶ Swimming
- ▶ Tennis

+ KIT

Players will be provided with camp kit on the first day of attendance, this will need to be returned on the final day of attendance (subject to numbers enrolled).





Offering a holistic environment

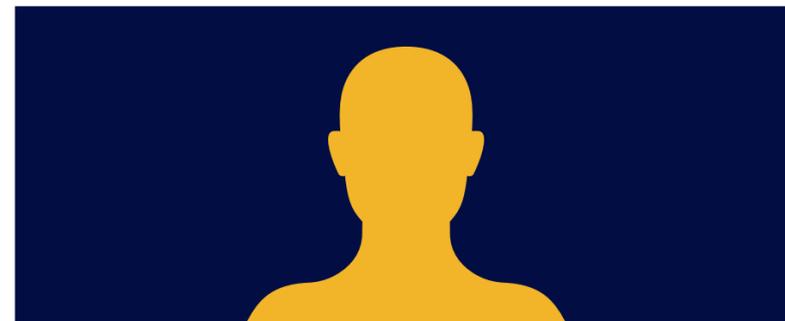
PUTTING THE PLAYER FIRST

Swerve Soccer is dedicated to providing a safe environment for players to excel.



PASTORAL CARE

All staff are first aid trained. Where possible, Swerve Soccer will offer an on-board matron during the evenings. Players will be able to call home anytime although this usually is during the evenings.



STAFF

All staff are first aid trained and have up-to-date safeguarding certificates along with current DBS verification. We will be informing children on arrival about our residential camp expectations, housing rules, camp rules and emergency fire procedures. Staff will be at hand 24/7 should anyone need assistance when residing at camp. Our staff to child ratio is 1:12



SAFEGUARDING

Swerve operated a strict residential safeguarding policy. To view this, please [click here](#).



SWERVE SOCCER

PROVIDING YOUTH FOOTBALL PROGRAMMES

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