

ANTIPASTI

Verdure

VIDALIA ONION RINGS **9**
crispy panko coating, honey dijon

SPINACH & RICOTTA CIGARS **10**
flaky fillo crust, béchamel

CALI POPPERS **13**
crispy cauliflower, sweet chili, ranch dip

CAULIFLOWER & BROCCOLI DUO **13**
crispy panko coating, roast pepper dip

ROASTED BROCCOLI & CHEDDAR MELT **14**
roasted broccoli, garlic, béchamel, cheddar

Fredda

BRUSCHETTA WITH ROASTED ARTICHOKE **12**
roasted garlic crostini, cherry tomato, marinated artichoke, basil, fresh mozzarella

HOUSE-MADE GUACAMOLE **12**
haas avocado, white corn, roast pepper, cherry tomato, cilantro, scallion, fresh jalapeno, tortilla chips

Pesce

SPICY SALMON SPRING ROLLS **10**
charred jalapeño, sweet chili

POKE TUNA NACHOS **15**
crispy wonton, fresh ahi tuna, edamame, avocado, scallion, fresh jalapeno, wasabi aioli, spicy mayo

BANG BANG TUNA **12**
crispy ahi tuna, sweet chili, scallion, toasted sesame, ranch dip

BLUE FIN TUNA TARTARE **14**
fresh ahi tuna, avocado, lime, ginger, sesame, ponzu

INSALATE

Quinoa Bowls

SOUTHWEST **21**
red quinoa, spiced chick pea, blackened vegan chicken, arugula, cilantro, cherry tomato, avocado, red onion, tortilla strips, citrus vinaigrette

BLACKENED SALMON & AVOCADO **23**
red quinoa, arugula, charred green bean, egg, cherry tomato, red onion, ranch dressing

PEPPER CRUSTED TUNA **22**
red quinoa, arugula, avocado, edamame, scallion, carrot, cherry tomato, ginger dressing

VEGAN CHICKEN AND BROCCOLI **21**
red quinoa, sautéed peppers, red onion, mushroom, teriyaki glaze

MAMILLA **19**
red quinoa, arugula, crispy sweet potato, dried cherry, spiced chick pea, candied pecan, red onion, shaved fetta, cherry tomato, citrus vinaigrette

Asian Fusion

POKE TUNA BOWL **22**
mixed greens, red onion, carrot, avocado, pepper crusted tuna, edamame, cucumber, crunch, nori, ginger dressing, eel sauce

AHI TUNA NICOISE **22**
mixed greens, pepper crusted tuna, cherry tomato, green bean, arugula, boiled egg, fingerling potato, red onion, sesame ginger vinaigrette

TERIYAKI CRUNCH **21**
mixed greens, vegan chicken, edamame, roasted pear, red onion, cherry tomato, ginger dressing, crispy noodles, teriyaki glaze

Mexi-cali

TACO SUPREME **17**
mixed greens, cherry tomato, red onion, avocado, kalamata, taco crumble, jalapeño, cheddar, light ranch

AVOCADO CRISP **18**
mixed greens, avocado, fresh mozzarella, roast pepper, red onion, cherry tomato, tortilla strips, light ranch, bbq drizzle

THE UPPER CRUST **17**
mixed greens, roast portobello, cremini, roast red pepper, roast yellow pepper, balsamic, whole wheat flat bread

BUFFALO VEGAN CHICKEN **19**
mixed greens, crispy buffalo chicken, red onion, cherry tomato, scallion, torti-lla strips, light ranch

Nachos & Frittes

BAKED ITALIAN NACHOS **14**
crispy pasta chips, charred tomato, kalamata, hot cherry pepper, mozzarella, parmesan, arrabbiata dip

NACHOS VERACRUZ **14**
crisp corn tortillas, cherry tomato, jalapeño, red onion, avocado, scallion, creamy cheddar melt
+ grilled vegan chicken 3
+ taco crumble 3

TRUFFLE FRIES* **8**
parmesan, truffle salt

LOADED POTATO SKINS **9**
cheddar, taco crumble, jalapeño, scallion, sour cream

BUFFALO POPPERS & FRIES **13**
vegan chicken, southern fried coating, spicy buffalo glaze, ranch dip

Classico

MINI CHEESE CALZONES **11**
ricotta, mozzarella, cremini, artichoke, marinara dip

3 CHEESE RAVIOLI CRISP* **9**
parmesan, marinara dip

MAC 'N CHEESE BITES **10**
béchamel, truffle oil drizzle

MOZZARELLA STICKS & FRIES **12**
marinara dip

QUESADILLA FORMAGGIO **11**
4 cheese blend, charred tomato, avocado, sour cream

GRILLED CHEESE ROMANO **10**
batter-dipped french bread, fresh mozzarella, marinara dip

PRETZILLA **9**
soft pretzel bites, kosher salt, warm cheddar dip

Meat

ZA'ATAR **17**
mixed greens, spiced chick pea, eggplant, boiled egg, cherry tomato, red onion, garlic crouton, shaved feta, zaatar, citrus vinaigrette

PECAN & PEAR **18**
mixed greens, pan seared halloumi, roast pear, candied pecan, cherry tomato, red onion, shallot dijon vinaigrette

MEDITERRANEAN **16**
mixed greens, cherry tomato, kalamata, cucumber, red onion, shaved feta, cheese crostini, fresh herb vinaigrette

HALLOUMI & MUSHROOM **17**
mixed greens, cremini, pan seared halloumi, creamy pesto vinaigrette

CRISPY CAULIFLOWER **18**
mixed greens, charred green bean, chili glazed cauliflower, cherry tomato, red onion, toasted sesame, ranch dressing

Pasta Salad

CAESAR **17**
mixed greens, parmesan, croutons, chicken, cherry tomato, red onion, shaved feta, shallot dijon vinaigrette

CAULIFLOWER **17**
mixed greens, cauliflower, cherry tomato, red onion, shaved feta, shallot dijon vinaigrette

CRISPY SWEET POTATO **17**
mixed greens, roast pepper, red onion, shaved feta, toasted almond, balsamic

BEET CARPACCIO **16**
goat cheese, candied pecan, arugula, balsamic, crispy spinach cigar

ALMOST CLASSIC CAESAR* **16**
romaine, radicchio, parmesan, creamy caesar, garlic crouton

ROASTED BEET **17**
mixed greens, marinated beet, toasted almond, roast pear, shaved feta, shallot dijon vinaigrette

Panzanella

CARA MIA **17**
mixed greens, roast pear, dried cherry, toasted almond, goat cheese cro-quettes, red wine vinaigrette

CRISPY SWEET POTATO **17**
mixed greens, roast pepper, red onion, shaved feta, toasted almond, balsamic

BEET CARPACCIO **16**
goat cheese, candied pecan, arugula, balsamic, crispy spinach cigar

ALMOST CLASSIC CAESAR* **16**
romaine, radicchio, parmesan, creamy caesar, garlic crouton

ROASTED BEET **17**
mixed greens, marinated beet, toasted almond, roast pear, shaved feta, shallot dijon vinaigrette

PANZANELLA **17**
arugula, fresh mozzarella, cherry tomato, cucumber, kalamata, red onion, whole grain crisps, herb viniagrette, balsamic glaze

ENHANCE YOUR SALAD OPTIONS +6.5

• crispy cauliflower • crispy vegan chicken • grilled vegetables • grilled vegan chicken • light veggie tuna • mahi mahi • pacific salmon • pepper-crusted tuna • quinoa burger • veggie burger

PASTA*

ZUCCHINI SPIRALS **19**
zero carb • gluten free • starch free
choose your sauce*

FUSILLI DELL ORTOLANO **18**
roast artichoke, baby spinach, kalamata, charred tomato, fresh mozzarella whole wheat

PASTA PRIMAVERA **16**
linguine, vegetable medley, roast broccoli, olive oil, parmesan, basil

FETTUCCINE ALFREDO **17**
béchamel, roast garlic, parmesan
+ truffle mushroom 2
+ roasted broccoli 3

PASTA RAGU **17**
choose: rigatoni / ziti / fusilli / spaghetti, charred tomato marinara, basil, pepperoni, sausage, roast eggplant, parmesan, sautéed mushroom

PAPPARDELLE **18**
homemade egg noodles, pesto, broccoli, roast pepper, shaved parmesan

GNOCCHI DI MAMMA **18**
choose your sauce*

RIGATONI **18**
roast eggplant, charred tomato, ricotta, parmesan, fresh basil

CAPRESE **18**
whole wheat linguine, blackened vegan chicken, fresh mozzarella, cherry tomato, fresh basil, shaved parmesan

SPAGHETTI HOMESTYLE **14**
italian plum tomato, basil
choose: classic marinara / spicy fra diavola

CHEESE TORTELLINI TRICOLORE **18**
choose your sauce*

THREE CHEESE RAVIOLI **17**
choose your sauce*

BLACKENED TUNA SCAMPI **21**
ahi tuna, fettuccine, garlic, butter, parmesan

PENNE ALLA VODKA **17**
pink sauce, basil, parmesan

Signature Sauces

**Signature Sauces*

- MARINARA • VODKA • PESTO • RICOTTA & SPINACH**
- MAC 'N CHEESE • OLIVE OIL & GARLIC • SPICY FRA DIAVOLA**
- TRUFFLE MUSHROOM • ALFREDO**

ENHANCE YOUR PASTA +6

• vegan meatball • grilled vegan chicken • pacific salmon • pepper-crusted tuna • mahi mahi

PASTA AL FORNO

BAKED ZITI* **18**
mozzarella, parmesan, creamy pink sauce

LASAGNE FORMAGGIO* **24**
ricotta, baby spinach, ragu sauce, fresh mozzarella, parmesan

VEGAN CHICKEN PARMESAN* **22**
breaded cutlet, ricotta, fresh mozzarella, parmesan
choose:
> bed of spaghetti
> zucchini spirals +3

EGGPLANT PARMESAN* **21**
breaded eggplant, ricotta, fresh mozzarella, parmesan
choose:
> bed of spaghetti
> zucchini spirals +3

VEGAN CHICKEN FAJITA **24**
sautéed pepper & onion, organic red quinoa, guacamole, crème fresh, lime wedge

FUSILLI QUATTRO FORMAGGIO **17**
mozzarella, feta, ricotta, parmesan, truffle oil

ZUCCHINI PARMESAN* **20**
zucchini spirals, ricotta, fresh mozzarella, parmesan

PESCE

BRONZINO **29**
charred tomato, kalamata, roasted broccoli, truffle whipped potato

SOLE FRANCESE **24**
caper, lemon zest, touch of butter, vegetable medley, fingerling potatoes

CRISPY FISH & CHIPS **20**
panko crumb, seasoned fries, cole slaw, cajun tartar

PAN SEARED MAHI MAHI **26**
haas avocado, ginger & soy reduction,
choose:
fettuccine / whole wheat linguine

OREGANATA **24**
choose: lemon sole - tilapia, panko crumb, fresh oregano, lemon zest, truffle whipped potato, roasted broccoli

GULF RED SNAPPER **27**
french bean almondine, fingerling potatoes
choose:
> blackened > lemon butter
> parmesan crusted

BLACKENED TILAPIA **23**
vegetable medley, fingerling potatoes

FRESH PACIFIC SALMON **25**
vegetable medley, fingerling potatoes,
choose:
> pesto cream > chili maple glaze
> fire broiled > teriyaki
> blackened > champagne dijon
> honey balsamic > sweet chili glaze

GRILLED TUNA STEAK **28**
maple teriyaki glaze, roasted broccoli, truffle whipped potato

TUNA STEAK FAJITA **26**
sautéed pepper & onion, organic red quinoa, guacamole, crème fresh, lime wedge

PANINOS WOOD FIRED PIZZA ROLLS

CAPRESE **13**
fresh mozzarella, plum tomato, basil

CHELLO SPINACH **13**
mozzarella, garlic, cremini, sautéed spinach

EGGPLANT PARM **14**
mozzarella, charred tomato, eggplant milanese

BROCCOLINI **13**
fresh mozzarella, garlic, roast pepper, roasted broccoli

PESTO **14**
grilled vegan chicken, fresh mozzarella, garlic, pesto

BURGERS VEGGIE & SALMON

QUINOA MUSHROOM BURGER **19**
arugula, red onion, tomato, mozzarella, sun dried tomato aioli, ranch dressing

AMERICANA **19**
vegan burger, red onion, romaine, tomato, pickle, mozzarella, special dressing

CHEDDAR MUSHROOM **20**
vegan burger, cremini, caramelized onion, cheddar

BLACKENED SALMON BURGER **19**
arugula, avocado, tomato, red onion, chipotle mayo

ROADHOUSE **21**
vegan burger, veggie bacon, cheddar, bbq drizzle, red onion, romaine, tomato, pickle

NEW ENGLANDER **19**
breaded filet of sole, old bay seasoning, arugula, red onion, tomato, tartar sauce

ROASTED BROCCOLI BURGER - \$19
arugula, red onion, tomato, cheddar, light ranch

SIDES

VEGETABLE MEDLEY **9**
FINGERLING POTATOES **9**
TRUFFLE WHIPPED POTATOES **8**
FRENCH BEAN ALMONDINE **8**

SEASONED FRIES **7**
SAUTÉED BROCCOLI **10**
ASIAN GINGER GREEN BEANS **9**
ZUCHINNI SPIRALS **9**
TERIYAKI SAUTÉED MUSHROOM **9**

BRICK OVEN PIZZA

original or whole wheat crust

Rossa traditional marinara

MARGHERITA 16

mozzarella, basil

ALOHA 19

blackened pineapple, vegan pepperoni, cheddar, caramelized onion, bbq drizzle

PEPPERONI 18

vegan pepperoni, olive oil, mozzarella, parmesan

CAPRESE 17

fresh mozzarelle, plum tomato, basil

JERUSALEM 18

roast eggplant, sweet potato, roasted corn, red onion, shaved feta, zaatar, olive oil

MELANZANA 17

eggplant milanese, charred tomato, mozzarella, fresh basil

FAJITA 19

grilled vegan chicken, mixed pepper, red onion, lime crema

TUSCAN BBQ 18

crispy vegan chicken, mozzarella, bbq drizzle, caramelized onion

SANTA FE 17

mozzarella, pepper jack, taco crumble, ricotta, jalapeño

ALLA VODKA 18

vodka sauce, penne, basil, fresh mozzarelle, garlic

SPICY CHIPOTLE 18

crispy vegan chicken, chipotle adobo, pepper jack, charred tomato, roasted corn, lime crema

CARNITA 20

taco crumble, sausage, pepperoni, grilled vegan chicken, cheddar, bbq drizzle

MERGUEZ 18

vegan sausage, mozzarella, roast pepper, caramelized onion

CALIFORNIA 21

blackened chicken, vegan bacon, cherry tomato, red onion, topped with arugula, avocado, basil, lite ranch dressing

Bianco

mozzarella & béchamel

CAESARS FAVORITE 18

mozzarella, grilled vegan chicken, romaine, parmesan, creamy caesar

AGLIO 17

roast garlic, fresh mozzarella, charred tomato, ricotta, pesto, basil

BONTÀ VERDE 17

roasted broccoli, roast garlic, parmesan, roast pepper

QUATTRO FORMAGGIO 16

ricotta, mozzarella, gorgonzola, parmesan, roast pepper, truffle oil

SPINACI 17

sautéed spinach, ricotta, pesto

FUNGHI 18

cremini, white button, portobello, truffle oil

KALAMATA 18

kalamata, roast artichoke, feta, charred tomato, balsamic reduction

BUFFALO POLLO 18

crispy vegan chicken, mozzarella, bleu cheese, béchamel, buffalo drizzle

SUNRISE 19

sunny side up egg, vegan bacon, crispy potato, caramelized onion, marinara splash

BUILD YOUR PIE 15

\$2.5 EACH

spicy peperoncini
caramelized onion
buffalo drizzle
truffle oil
roast pear
pesto
basil
plum tomato
bbq drizzle
jalapeño
balsamic
roast pepper
charred tomato

\$3.5 EACH

kalamata
cremini
eggplant
portobello
arugula
feta
cheddar
parmesan
ricotta
spinach
pineapple
artichoke
sweet potato

\$4.5 EACH

crispy vegan chicken
grilled vegan chicken
goat cheese
pepper jack
bleu cheese
pepperoni
broccoli
taco crumble
vegan sausage
poached egg
vegan bacon
candied pecans
fresh mozzarella

BRUNCH

MONDAY-FRIDAY 11am - 3pm

Main

FRESH EGG OMELET 14

side salad & skinny fries

choose: egg whites / farm fresh eggs

choose: mozzarella, cheddar, feta, ricotta

choice of two toppings: jalapeño, kalamata, cherry tomato, taco crumble, cremini, caramelized onion, portobello, roast pepper, spinach, vegan bacon, arugula

SHAKSHUKA OMELET 15

farm fresh eggs, feta, tomato, garlic, caramelized onion, roast red pepper, israeli salad, crostini

DELICIOUS FISH TACOS 14

avocado salad & skinny fries (soft corn shell)

red cabbage, cilantro,

pickled onion, light ranch

choose:

> crispy sole > blackened snapper

> peppered tuna > pacific salmon

GARDEN SALAD WITH LIGHT VEGETABLE TUNA 16

romaine, radicchio, cherry tomato, cucumber, red onion, roast pepper, choice of dressing

QUESADILLA WITH SIDE SALAD & CHARRED TOMATO DIP 13

cremini, caramelized onion, mozzarella, cheddar

TUNA AVOCADO MELT 14

served with skinny fries

choose: traditional wrap / whole wheat

light veggie tuna, avocado,

red onion, cheddar

Wraps & Pizza

CHOOSE: plain / whole wheat

served with side salad or seasoned fries

BREAKFAST BURRITO 14

scrambled eggs, cheddar, avocado, cherry tomato, red onion, taco crumble

CAPRESACADO 14

romaine, fresh mozzarelle, avocado, cherry tomato, red onion, roast pepper, pesto aioli

TUSCAN VEGETABLE 14

romaine, portobello, cremini, roast pepper, caramelized onion, pesto aioli, three cheese blend

BLACKENED SALMON CAESAR 14

romaine, radicchio, parmesan, creamy caesar

LIGHT VEGGIE TUNA 14

romaine, cherry tomato, cucumber, red onion

GRILLED VEGGIE BURGER 14

romaine, roast pepper, cheddar, mozzarella, caramelized onion, pesto aioli

SKINNY PIZZA & SALAD 14

shallot dijon

under 350 calories

select two toppings: hot cherry pepper, jalapeño, charred tomato, kalamata,

caramelized onion, cremini, roast pepper

LOW CARB PIZZA 13

high protein, whole grain wrap, side salad, shallot dijon,

select two toppings: hot cherry pepper, jalapeño, charred tomato, kalamata, caramelized onion, cremini, roast pepp

KIDS MENU

KIDS PASTA (FUSILLI) 10

+ melted mozzarella 1

CHOOSE:

> marinara

> mac 'n cheese

> vodka

> plain butter

KIDS ENTREE 11

served with fries

> vegan chicken fingers

> mozzarella sticks

CHEESE FRIES 8

mozzarella

PIZZA FRIES 11

marinara, mozzarella

ZUPPA

SOUP BY THE QUART* 13

*take-out only

SOUP OF THE DAY 7.50

COUNTRY VEGETABLE 7.50

ITALIAN ONION SOUP 7.50

mozzarella, croutons, parmesan

The fda advises consuming raw or under-cooked seafood or eggs increases your risk of food borne illness.

* Dishes with fresh parmesan require a 6 hour wait time before eating meat. Croutons are hamotzie.

DESSERTS

Pizza 16

NUTELLA

praline fudge spread, banana, whipped cream

COOKIES N CREAM

creamy vanilla fudge, oreo cookie crumbs, whipped cream

S'MORES

creamy vanilla fudge, marshmallows, milk chocolate, graham cracker crust, whipped cream

APPLE STRUEDEL

apple, cinnamon, streusel, vanilla icing

Classics 9

WARM CHOCOLATE SOUFFLÉ

vanilla bean ice cream, whipped cream

CLASSIC TIRAMISU

whipped cream, espresso drizzle

NY STYLE CHEESECAKE

classic / caramel / strawberry

whipped cream

FRIED OREOS

vanilla bean ice cream, whipped cream

WARM APPLE CARAMEL COBBLER

whipped cream, vanilla bean gelato

CREAM CHEESE CARROT CAKE

whipped cream

CHURRO BITES

vanilla ice cream, nutella

Gelato 5

2 SCOOPS

vanilla / chocolate / salted caramel pecan / cappuccino / mint choco chip
cookie monster / pistachio / hazelnut

BARISTA

+ flavors: regular / sugar free .50

caramel, vanilla, butter pecan

Hot

FRESH BREWED 3.5

decaf / regular

ESPRESSO 2.5

single shot

CAPPUCCINO 5

CAFÉ LATTE 4

CAFÉ AMERICANO 3

HOT CHOC EXTREME 5

TEA 3

Cold

ICED COFFEE 5

regular / decaf

ICED TEA 3

ICED CAPPUCCINO 6

ICED MOCHACCINO 7

ICED CARAMEL MACCHIATO 7

Beverages

SARATOGA SPRING WATER 3

PELLEGRINO SPARKLING 3

SODA 2.5

coke / diet coke / ginger ale / fresca / sprite / sprite zero

SNAPPLE 3

CHOCOLATE MILK 3

JUICES 2.5

cranberry / orange / apple / pink lemonade / fruit punch

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The Upper CRUST

Vegetarian Bistro & Brick Oven Pizza

— EST. 2011 —

OPEN

take it
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