Raise Your Voice

**Length:** 30 minutes  
**Grades:** 5th to 8th Grade

**Material:**  
- Internet Access

**Objective:**  
Students will understand that Quakers have been at the forefront of social justice initiatives

**Procedure:** 10 Minutes

Have the students read and write five facts about the three Quaker people mentioned below from quakersintheworld.org:

- Benjamin Lay – advocated for the end of slavery  
- Lucretia Mott – fought for human equality  
- Anna Preston – wanted to end discrimination

**Activity:** 20 Minutes

Give the students a scenario where the president or the school council creates a new policy. The new policy has been changed to the students may no longer have a lunch break (or pick a new policy that fits your school). Ask the students the following questions:

- What was their first reaction to the new policy?  
- What are three things you can do to advocate for change?

Now give the students a new scenario where half of the class can have their lunch break and half of the class still has no lunch break. Have the students answer the following questions:

Students who get a lunch break:  
- How will you advocate for your other classmates?

Students who do not get a lunch break:  
- How will you advocate for change?

Then, have the students compare their answers to the three Quaker friends mentioned above:

- What are the similarities to the student’s advocacy to the Quakers mentioned above?

**Vocabulary:**

- Activist  
- Advocate  
- Equality