



PLANTING FOR A FALL HARVEST

Crops to Transplant Into the Garden

| Plant Type | Variety Tips | Start Indoors | Transplant |
|---------------|--|---------------|---------------------------|
| Broccoli | Look for varieties that are 60-80 days to maturity, such as 'Belstar' or 'Marathon.' | Early June | Mid-July |
| Cauliflower | Look for varieties that are 60-80 days to maturity, such as 'Amazing' or 'Mardi.' | Early June | Mid-July |
| Cabbage | Look for varieties that are 60-80 days to maturity, such as 'Red Kalibos' or 'Early Jersey Wakefield.' | Early June | Mid-July |
| Celery | Look for varieties that take no more than 80-85 days to maturity, such as 'Conquistador' or 'Tango.' | 1st of June | Early July |
| Lettuce, Head | This includes most romain and crisphead varieties, with days to maturity around 60-80. | Early July | Late July to early August |

Crops to Direct Sow Into the Garden

| Plant Type | Variety Tips | When to Sow |
|-------------------------------------|---|-----------------------------|
| Arugula | Arugula is quick and cold tolerant; a very reliable fall crop. | Mid July to mid-August |
| Beet | Your latest sown beets should be earlier maturing - fewer than 50 days to maturity. | Any time up to early August |
| Bok Choy | Most varieties should mature in plenty of time. | Mid-July |
| Carrot | Look for varieties that suit your needs: ie, 'Danvers' for long term storage, 'Scarlet Nantes' for freezing. | Any time up to mid-July |
| Kale | Early sowing will allow plants to mature; late sowing will mean harvests of baby kale, so sow extra! | Any time up to early August |
| Kohlrabi | Look for varieties with fewer than 50 days to maturity | Mid-July |
| Radish (fast) | Look for 20-30 days to maturity, such as 'French Breakfast' or 'Early Scarlet Globe.' | August to early September |
| Radish (slow) | Days to maturity in the 50-60 day range, such as 'China Rose' or 'Watermelon.' | Late July to early August |
| Lettuce - loose leaf and butterhead | Fast-maturing varieties (~30-40 days) can be planted in August. Slower-maturing varieties (~50-60 days) should be started in late July. | Late July to mid August |
| Pea | Choose powdery mildew-resistant varieties, such as 'Cascadia' and 'Sugar Snap.' | Late July |
| Spinach | 'Bloomsdale' is ideal for summer planting. | Mid-August |