

# ADVANCED

## Study Group

2022/23



**Shelly Lane**  
**May 21**  
**SI in Research**



**Julia Wilbarger**  
**June 25**  
**Sensory Defensiveness**



**Tracy Stackhouse**  
**August 13**  
**Polyvagal Theory**



**Anita Bundy**  
**September 24**  
**Play**

**Presented  
over 8 Live  
Sessions**



**Caroline Hui**  
**November 15**  
**Occupational Performance  
Coaching**



**Beth Osten**  
**December 10**  
**DIR - Connectedness**



**Sheila Frick**  
**February 4**  
**Interoception**

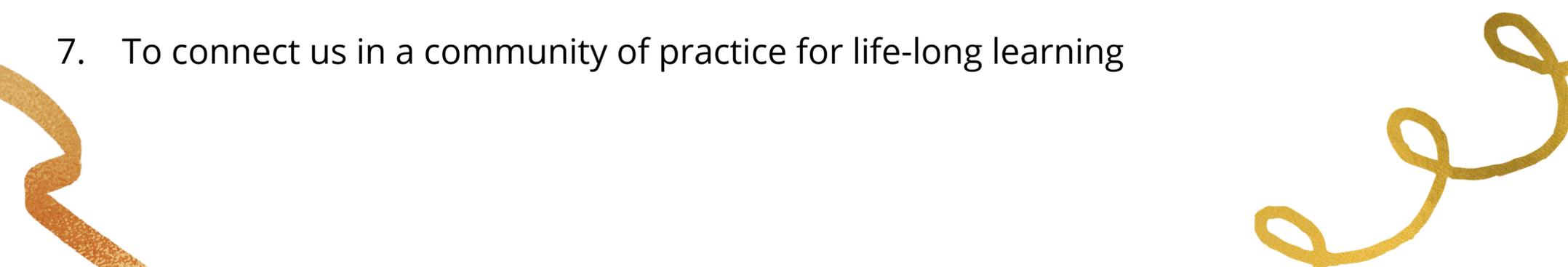


**Kim Barthel**  
**March 11**  
**Attachment**



# Study Group

## Learning Objectives

1. To be able to compare and contrast different types of research approaches
  2. To be able to read a research article with a more critical eye and greater discernment of the relevance of the information for our daily practice as clinicians
  3. To gain knowledge as to where to find research information, from bodies of literature outside of occupational therapy, that is pertinent to our practice
  4. To understand how to apply the knowledge gained from our study directly to our practice as occupational therapists, such that our practice remains current, relevant, occupationally-based, and evidence informed
  5. To gain confidence in citing our knowledge to funding sources
  6. To recognize that despite the call to “science,” that there is still a place for “art” in the practice of occupational therapy, and that the balance of science with art is what allows us to address our intervention to the “whole” client
  7. To connect us in a community of practice for life-long learning
- 

# Study Group

## With Shelly Lane



Dr. Shelly J Lane is Program Director at Colorado State University, USA, and Professor of Occupational Therapy at University of Newcastle, Australia. She has engaged in pediatric occupational therapy practice, education and scholarship for over 40 years. With degrees in both occupational therapy and neuroscience, Dr. Lane has focused her research on neuroscience applications in occupational therapy, and neurophysiologic underpinnings of sensory integration and processing in children. Her current research addresses playfulness and interaction in father-child pairs; effectiveness of the Alert Program® for self-regulation in children with autism; and understanding the physiologic correlates of sensory modulation disorders and occupational therapy interventions. Dr. Lane presents both nationally and internationally, and has edited, authored and contributed to books, chapters, and manuscripts addressing issues related to sensory integration and processing, neuroscience applications to practice, and pediatric occupational therapy practice.

# Study Group

## With Julie Wilbarger



Julia Wilbarger, PhD, OTR/L, received a BS in Physiological Psychology from UC Berkeley, a MS in OT from Boston University, and a PhD in Developmental Cognitive Neuroscience from the University of Denver, Colorado. She has practiced as an OT in early intervention with high risk and developmentally delayed infants and toddlers, in the public schools and in private practice. At The Children's Hospital, Denver, she served as a clinical specialist in sensory integration. She joined the faculty at Dominican University of California in the Occupational Therapy Department as an Associate Professor in 2013. Dr. Wilbarger has done extensive research, published and presented on issues of sensory processing, sensory modulation disorders, and sensory integration in children. Her research is focused on the study of affective and sensory processing in a range of clinical populations.

# Study Group

## With Tracy Stackhouse



Tracy Murnan Stackhouse, MA, OTR is the executive director of Developmental FX (DFX) in Denver, Colorado, a non-profit organization providing clinical and training services to engage and elevate pediatric therapeutic practice. She is a leading pediatric occupational therapist involved in clinical treatment, research, mentoring, and training regarding OT intervention for persons with neurodevelopmental disorders, especially Fragile X Syndrome and autism. Tracy has a master's degree in developmental psychology/neuroscience. She received her NDT training with Lois Bly. She is SIPT Certified and was the clinical specialist in sensory integration at The Children's Hospital in Denver as well as the OT for the Fragile X Research and Treatment Center. Tracy continued her clinical and research work with Dr. Randi Hagerman at the UC Davis M.I.N.D. Institute during its start-up year prior to starting Developmental FX. Tracy has written several book chapters on sensory integration and neurodevelopmental disorders, and teaches nationally and internationally on sensory integration, autism, fragile X and related topics. She is the lead author for the SpIRiT & S.T.E.P.S.I. Clinical Reasoning Tools which are leading-edge evidence-based models in pediatric OT. These models are utilized in OT practices around the globe and included in the model at Camp Jabiru in Australia. The tools are shared through the "Spirited Conversations" Podcast as well as through DFX's training platform, Learning Journeys. Tracy is a member of the National Fragile X Foundation Clinical Research Consortium, the Scientific And Clinical Advisory Committee, and the NFXF Advisory Council.

# Study Group

## With Anita Bundy



Anita Bundy is Professor and Department Head at Colorado State University. She is known internationally in occupational therapy for her work on play. Most notably, she is the author of the Test of Playfulness (ToP) and the Test of Environmental Supportiveness (TOES). She was a chief investigator on the multidisciplinary Sydney Playground Project, cluster trials of a two-part intervention: loose parts on school playgrounds and risk reframing workshops for parents and teachers.

# Study Group

## With Beth Osten



Beth Osten, MS, OTR/L founded and continues to mentor and practice in a large multidisciplinary pediatric clinic in the Chicago area, which specializes in the treatment of infants, children, and adolescents with autism spectrum disorders and other developmental disorders. Beth speaks nationally and internationally on developmental relationship-based interventions for autism spectrum disorders, the biological foundations and treatment of regulatory disorders, interpersonal connectedness, and the integration of parents into the treatment process.

She co-authored a chapter the ICDL Diagnostic Manual for Infancy and Early Childhood, is a co-author of the Test of Infant Motor Performance (TIMP), and co-authored an ASHA certified training DVD, Assessment and Intervention of Communication in Children Birth-5: A Developmental Approach. Beth is currently completing her PhD in Infant and Early Childhood Development at Fielding Graduate University. Her dissertation research is a validity and reliability study on a new clinical assessment of interpersonal connectedness.

# Study Group

## With Sheila Frick



Sheila Frick, OTR/L is a Pediatric Occupational Therapist and founder of Vital Links. Sheila has well over 30 years of clinical experience, having worked in psychiatry, rehabilitation, and home health before specializing in pediatrics. Sheila expertise includes sensory processing dysfunction, sensory integration, and auditory interventions. Sheila has collaborated with well-recognized leaders in the field of Sensory Integration including Mary Kawar, Patricia Wilbarger, Julia Wilbarger, Patricia Oetter, Eileen Richter, and Mary Fiorentino. Sheila created and continues to expand Therapeutic Listening®, which has been taught to over 14,000 therapists worldwide. Sheila is the author of *Listening with the Whole Body: Clinical Concepts and Treatment Guidelines for Therapeutic Listening*, and co-author of *Core Concepts in Action*; *Astronaut Training: A Sound Activated Vestibular-Visual Protocol*; and *Out of the Mouths of Babies*. Recently, Sheila served as a contributing author for her section on Therapeutic Listening in the upcoming 3rd edition of *Sensory Integration: Theory and Practice*.

# Study Group

## With Kim Barthel



Kim Barthel is an award-winning occupational therapist, trans-disciplinary teacher and best-selling author who is actively supporting function and healing in many cultures. A pioneer in reinforcing the importance of relationship, Kim's passionate interests include complex behaviour, attachment, trauma-informed practice, sensory-processing and mental health. Kim's mission is to support the conscious evolution of the human spirit. [www.kimbarthel.ca](http://www.kimbarthel.ca)

# Study Group

## With Caroline Hui



Caroline Hui loves to play and she feels right at home working with children and their families.

She is a Canadian Occupational Therapist involved in research, mentoring, and training regarding self-regulation and Occupational Performance Coaching (OPC). She is a lecturer at the Université de Sherbrooke and McGill University in Quebec, Canada.

Caroline has training in sensory integration, DIR/Floortime, craniosacral therapy, Shanker Self-Reg, SAMONAS, Therapeutic Listening, SpIRiT Model, Cognitive Orientation to Occupational Performance, and OPC. She has contributed to several research articles in peer-reviewed journals.

Caroline has been a part of Camp Jabiru's support team since 2017. In 2019, she received the Canadian Association of Occupational Therapy award for excellence in clinical supervision at the Université de Sherbrooke. Caroline has worked in Western Canada as well as in Florida, where she co-founded Children's Therapy Associates, Inc. Currently, Caroline is a PhD student at McGill University and her research focuses on children's play during school recess. In addition to her studies, she wholeheartedly works with children and their families to help them feel success in everyday life.

# REGISTRATION FORM

*Advanced Study Group with The Masters  
(May 21, 2022 to March 11, 2023)*

*All Sessions to be completed via Zoom from 9-11am AEST.  
Recordings of each session will be available for review between meetings*

*Total Cost - \$495pp*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_

WHAT IS YOUR PROFESSION? \_\_\_\_\_

PLACE OF BUSINESS? \_\_\_\_\_

Your place is not guaranteed until payment has been received.

Payment is only available through direct deposit to:

Account Name: Linda Collier and Hannah Edwards

BSB: 012 433

Account Number: 234 003 423

Reference: Surname and first initial

Fax completed registration form to: 02 4739 3483

Or email to [courses@sensamart.com.au](mailto:courses@sensamart.com.au)

# Overview

*Saturdays 9-11am AEST*

The Sensory Gym® and Sensamart Courses are excited to present a year of learning opportunities with leading clinicians in the United States and Canada. COVID-19 spawned innumerable on-line courses for therapists, and 2020 became a boom year for therapists to enhance their professional development. We'd like to offer a learning experience with a slightly different twist; we ourselves are thinking of it as advanced study group – a different way to bring a community of practice together through a shared love of knowledge and the opening of our minds to new ideas and concepts.

As clinicians, we are all being challenged to provide evidence of our practice methods. As clinicians, we also know that practice often leads and guides research approaches. As responsible practitioners, however, we need to challenge our clinical reasoning and our critical thinking. We need to do a deeper dive into the literature that informs our practice, so that we support our clients in the most meaningful and effective ways possible. This is our endeavour with this advanced study group!

Through the year, approximately once every six weeks, a master occupational therapist, will lead a guided learning experience through exploration of some of the research on a topic. The therapist will provide 2-3 research articles to read prior to the session, along with guiding questions to help the participant read the articles with greater clarity as well as discernment. The group will then meet for 2 hours to discuss the articles and their potential impact on our practice as occupational therapists.