By Kyle F. Bidlack

A long, long time ago in a magical little village, Tim Sullivan – along with his wife and a friend – hung flyers up around the neighborhood. The flyer heralded the new Cabbagetown Runners Club. That first night, about twelve folks showed up and they all ran together.

After a little while, Tim and his growing family outgrew their shotgun shack, and had to move to a nearby neighborhood. Fortunately for us, Tim passed the baton to Trey Mayo, and Trey has been running with it ever since.

Then in 2008, Barb Keeney Harper moved to Cabbagetown. Aside from her three sons, she didn’t know anyone. Barb has always been extremely active, so she figured forming a walkers group would be a fabulous way to meet her neighbors.

The first week no one showed. The second week brought rain, but Lynne Splinter showed up, and Lynne and Barb walked together – under an umbrella. “That’s when I knew the walking group was going to work,” said Barb.

Continues on page five.
Cabbagetown Neighbor is a monthly newspaper produced by the Cabbagetown Neighborhood Improvement Association (CNIA), a non-profit organization. This publication is supported by advertisers. Please submit news articles, announcements, photos, and advertisements to: newsletter@cabbagetown.com.

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Advertising with the Cabbagetown Neighbor is an inexpensive way to reach over 700 homes in Cabbagetown, which includes the residences of The Fulton Cotton Mill Lofts and The Stacks Lofts. It is also a great way to support the CNIA and the publication of this newspaper. Visit our website at www.cabbagetown.com or write the editor at newsletter@cabbagetown.com for more info.

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My theme today – to quote Jerry Maguire is to “Help me help you!” Your number one tool if you have concerns about your neighborhood – or even something going on outside our neighborhood – is your CNIA (Cabbagetown Neighborhood Improvement Association) Meeting held every second Tuesday of the month at 7p currently on zoom https://zoom.us/j/95657039874

Here you can come voice your anger over the fact that you yard waste can sit for weeks on the curb. If you show up at the meeting, and you complain, there are folks on the line that are listening. If those folks who are listening, see that only twelve people care enough in Cabbagetown to come to the meeting then they think “Hey everything is cool! Work here is done.”

Come to the meeting. “Show me the numbers!” and the City will show us results. We may be small but the City knows we can be noisy and they are afraid of it. Let me here you make some noise.

The CNIA meeting is also the place to ask questions. Don’t be afraid. That same question you ask is probably nagging a fellow neighbor. Even if it is old business or new business, there are some smart folks on the call who know the answer. If they don’t know answer, they have access to those who can, and they will go off and find us the info.

This month’s meeting will have few special items on the agenda. Brad Cunard of Little’s Food Store will share with us his plan put into action for the empty lot next to the Little’s building. Lauren Appel who is our Chomp & Stomp Queen this year will share with us all that is Chomp. She will show us the new layout she has planned, discuss new street closures and no parking for this year’s chomp and share their Covid19 Safety plans.

Last but not least, Genevieve Barber of the Safety and Transportation committee for Cabbagetown and Reynoldstown (say that three times fast) will share with us the street calming plan for Wylie. You can’t say “Hey they did not tell us they were going to do that!” because I told you so. Please come and ask questions.

Also if you can’t make the meeting you can email me at president@cabbagetown.com. I may take a minute to reply. I don’t think I have said this lately but – Cabbagetown – thanks for being you. I am proud, and I know very lucky to be part of this ‘hood.

And a special shout out to the gal I saw walking the neighborhood picking up trash. You are awesome!
Cabbagetown Neighborhood Improvement Association: General Meeting

Tuesday, September 14th, 2021, 7p via Zoom. Meeting conducted by Alicia Thompson. Minutes by Alicia Thompson.

Meeting opened at 7:02p

Questions for Valencia:
• What can be done about 152 Berean with six foot weeds? Valencia contacting Director of code enforcement. Neighbor to send photos.
• Neighbor asked for an improvement in the process for the replacement of a roof in a UDC area. It was difficult process. Valencia will ask if there is anything to be done about the process.

Police Sgt Bernini Report:
• Said they had a good holiday weekend. No problems reported with all events. No reports for neighborhood or Edgewood area.
• Comment from Tova that there are people sleeping in both parks. The Sgt asked for clarification on location. Said he would request walking patrols of both parks.
• Valencia asked for Quality-of-Life officer to check status of 152 Berean.
• Kyle thanked officer for the good work this weekend and in taking care of the neighborhood. Ask about the limit of time construction can keep roads closed specifically at Boulevard and Edgewood. Two lanes and two sidewalks have been closed for over three months. Valencia said this an ADOT issue and she will reach out.

Back to Valencia questions:
• Update for the speed table on Pearl Street. Valencia to get us a reasonable timetable. It has been in the works for three years.
• Valencia was asked about an update on the MOSE event. Valencia said she was already trying to reach out to Lyne Larouge. It has been added to the agenda. Valencia to call John Dirga with more info.
• Should have answer within two weeks on all-way stop at Tye and Gaskill.
• Tova to answer question of 311 call for bushes to be cut back on Tye near Memorial. Valencia asked for the service request numbers. Tova to email to Natalyn email address.

Financial Report Jack Cunningham:
• We are ahead on the collection of invoices for newspaper. Received $500 donation for Forward Warrior!! from the Stacks and $1000.00 from Natalyn and a donation from Arthur G Reddic for Forward Warrior!!

Guest Speaker for Sub Area NPU-4 Nathan Soldet:
• Nathan is a Community Engagement Manager for the Beltline. Working with the Sizemore Group to create a roadmap to update the Beltline plan. Includes vetting the current plan and hearing from neighbors in SubArea NPU-4, includes C'town, R'town, Grant Park, Ormwood Park, and Glenwood Park.

• Planning Process: Started in July. Plan to complete a plan by January 2022. Will then share with ‘hoods, NPU’s and City Hall for Adoption.
• How will they do this? A stakeholder advisory group made up of NPU and ‘hood leaders as well as a Virtual Group project with Map and Survey that includes interaction. Sept 30th is the next meeting. October will be a virtual design review. In November they will share the draft.
• Who are the representatives? ‘Hood board members. CNIA President and Civic Improvement League in Reynoldstown accepted invitation.
• How are you treating Hulsey Yard Master Plan? As part of vetting older recommendation, we try to marry proposed projects so it would be looked at and incorporated where appropriate.
• Any light rail project in the plan? Master plans are not used to produce transportation plans. Environmental work five years ago regarding how to get around Hulsey. Those docs are set up for federal funding and because Hulsey is still there, there is no funding, so no transportation plan.
• Concern expressed about continued million dollar homes going up on the Beltline and buyers not wanting bus lines. Want to live carless. Reply: This is not a light rail transportation plan. Streetcar line is planned for extension to Ponce City Market from downtown.
• Do you think stimulus money from government may happen faster if the Federal Infrastructure bill passes? More MARTA sales tax is where the money would be focused and that would help yes.

Communications Report from Naomi Siodmok:
• Updated Calendar. Going to add the concert series. Need repository for photos. Want to use in Instagram posts. Working on the website and Instagram posts with Katherine Kennedy.

Safety and Transportation Report from Genevieve Barber:
• Next month we’ll share a proposal for the Slow Traffic on Wylie.

NPU-N Update from John Dirga:
• Reynoldstown asked APD to look into the loitering around Wylie and Moreland. Residents of the retirement community do not feel safe.
• Solid Waste added more crews and hope to get on a better schedule.
• Council Member at-large Michael Julian Bond is doing Covid outreach. 25% of Atlanta has been affected. They are distributing 8000 meals a week.
• L5P is having a scavenger hunt and vendors flea market (no parade).
• Krog Masquerade was a no-show.
• Presentation by Council Member Amir R. Farokhi to rezone near transit. Does not affect C’town directly but does affect R’town. Several properties within ½ mile of MARTA will allow low density apartment development up to 12 units. Trying to improve housing thru density.
• Comprehensive Development Plan shared. View the plans at the library.
• Shut out to all the work done Labor Day weekend by John and Austin. Stack Squares and the new mural screens look extraordinary.
• Concert Series is September 23rd in the park. Come and hang out.

HPLU Committee Nicole Seekely:
• 739 Kirkwood Avenue – Exterior Alterations. Type 3 Appropriateness. Finishing the basement. Corner of Estoria and Kirkwood. Renovating Basement, adding and shifting windows. Turning the yard 90 degrees. Changing parking arrangement and putting a roof over it. Replacing deck. Copying French doors on first floors to downstairs. HP committee supports the recommendations. Motion made to support the application, motion seconded, and passed.
• Question about updating HPLU because of changes coming with Hulsey. Updates are in the work. Need to confirm deadlines.
• Questions about permits for roof replacement difficulty. We can make sure the UDC is on the same page and supplying the right info.

CI Update:
Chomp Planning going well. Meetings are the first Monday of the month: October 4th. Mention of the significant erosion. Hoping to help with grants and speed up process.
Continued from front page

Flash forward to today and the runner’s group is thirty members strong, and the walker’s group boasts at least twelve walkers each week. Both groups gather at Milltown Tavern, socialize, and run/walk their appointed rounds every Thursday night around 7p. It’s also not uncommon for both groups to “rehydrate” at Milltown after their workout.

Trey tells us the runners trek about five miles each week, and some of the ranks have been faithful Cabbagetown runners for fifteen years. “One of my favorite things about leading this group is creating a new route,” says Trey. “We have a reputation as a fast group and for many years it was just a bunch of fast guys but over the past four years I have really worked at bringing in a bunch of folks with varying paces. I always run at the back because I do not want anyone running alone. Because what’s the point of running with a group if you end up running alone? I encourage everyone to stick together and look out for one another. Safety is my number one priority! This running group is for everyone.”

The walkers walk for about one hour and log at least three miles. The routes are a surprise every week. “We have lots of fun exploring the Atlanta neighborhoods,” says Barb. “We also do a pub crawl twice a year and the week before The Romp, we walk The Romp route.”

“Every December we have a Jingle Jog Bar Crawl. We run three miles with three bar stops and we come dressed up in our most festive gear. Four years ago we started doing a Christmas in July Jingle Jog as well!” says Trey.

Much like Barb, Trey moved to Cabbagetown without knowing many folks. “Now, all of my close friends were made through the running club. Thursday is my favorite day of the week! I get to see everybody and catch up on their lives. This group has brought so many people together. It brings me joy week in and week out seeing this band of wonderful human beings just hanging out and having fun.” Says Trey.

“One night we had a long-time runner with us and his wife went into labor with their first child while he was out running with us. I will never forget seeing the excitement, nervousness, and anticipation that was on his face as he raced back to Milltown to get home. It was an honor for me to just be there when he realized his life would never be the same after that night. It’s something I will never forget.” Says Trey.

“We have a reputation that we leave at exactly 7p. If you aren’t there at 7p, we leave...but it’s not hard to catch up to us,” says Barb.

Want to join the runners or the walkers group? It’s easy. Just show up at Milltown Tavern on Thursday nights around 6:30p. Introduce yourself, and get ready to make more friends than you can shake a baton at.

Speaking of friends, the runners group has a dedicated Facebook page (facebook.com/groups/cabbagetownrunclub) and post weekly updates. The walkers post on the Milltown Tavern Facebook page and the Cabbagetown page.

Runners and walkers mingle on a gorgeous September night in Cabbagetown.

CRAVING BAGELS?
Get delicious Emerald City Bagels delivered to your door: https://orderonline.emeraldcitybagels.com/

THESE BAGELS ARE WORTH RUNNING FOR!
October is Country Music Month, and most of you know that I love classic country. The new stuff since the early 90’s… not so much. Rather than rehash my usual honky tonk favorites, let’s explore the crossover between rock and country. Not cover songs, but un-ironic attempts to write and perform country tunes by traditionally rock/pop acts. What makes a song “country”? Well, IMHO, it’s a good story, a consistent structure, vocal harmony style, and certain instrumentation such as pedal steel and fiddle. But the story is what matters. I’m skipping a few obvious acts that regularly included country tunes in their repertoires – Grateful Dead, the Byrds, Dylan, Eagles, etc., and hope that some of these oddities find a way on to your playlists.

**Tom Waits “Stone Blind Love”** – The gravel voiced troubadour is a master songwriter, and captures many of the country signifiers in this sad lament of lost love. Joined by Keith Richards, Waits shows he can treat the genre with respect and skill.

**Talking Heads “People Like Us”** – Written and recorded for the “True Stories” movie, the tale of life in the 1950s is sweet and sincere. Two versions exist - the band’s, and actor John Goodman’s. They are both great.

**Elvis Costello “Stranger In The House”** – Costello’s first demo tracks were very country, and he released an album of all country songs recorded in Nashville in 1980 called “Almost Blue”. George Jones recorded a duet with him on this jewel, adding some Music City credibility.

**Kid Rock and either Sheryl Crow or Allison Moorer “Picture”** - I can’t stand the guy, but he got some respect for this one. There are two versions, as some record label drama resulted in adding a second vocalist, and both are fantastic. With a more contemporary take on fractured relationships than one usually hears in country, the story is brutally honest.

**Frank Zappa “Harder Than Your Husband”** – Even FZ could whip out a decent C&W tune, and the humor in this ode to cheaters is typical of his style. Oh, and for you dirty minds out there, he is “harder than your husband… to get along with”.

**REM “(Don’t Go Back To) Rockville”** – Our Athens darlings painted a heartfelt picture of how life’s decisions impact us on a variety of levels. Poignant, sincere, and filled with longing.

**Van Halen “Finish What You Started”** – I’m reaching a bit here, but Eddie’s (RIP) incredible chicken picking is straight out of the Buck Owens/Don Rich school of Bakersfield country, and the harmonies are awesome. A fun song with some superficial but slightly misogynistic lyrics (dang rockers). Add a great video of cute chicks in cowgirl outfits - what’s not to like?

**Metallica “Mama Said”** – Acoustic guitar intro, lyrics about “Mama”, pedal steel, and James Hetfield wears a cowboy hat in the video. I rest my case. This could have been a perfect Merle Haggard song. There is a really sweet acoustic version from Swedish TV on YouTube. Check it out.

**Sting “I’m So Happy I Can’t Stop Crying”** – Kicking off with a standard Nashville shuffle, this is an unapologetic and pure honky tonk tune by one of the most popular rock artists of all time. Such a radical departure from his usual fare, Sting nailed it. I love this song.

**Alice Cooper “I Never Cry”** – The structure and lyrical themes in this very rare Cooper ballad have the feel of a great country song. Nice melody, a pervasive sadness in the words, and drinking. He should have done a whole album of this stuff. I would buy it.

**Steely Dan “Pearl Of The Quarter”** – Jeff “Skunk” Baxter’s perfect steel guitar playing makes this one of the most unusual and appealing tunes in the vast Steely Dan catalog. The protagonist’s infatuation and longing for a real relationship with a New Orleans hooker has been played out in real life so many times. According to my friends, that is.

**Rolling Stones “Wild Horses”** – While the Stones have a few other tracks that are clearly country (“Far Away Eyes”), this one stands out to me. Written during their time in France when “Exile…” was recorded, Georgia native and Americana guru Gram Parsons was hanging out with the band, and this tune just reeks of Parsons’ touch. IMHO, he probably wrote most of this, uncredited. I love it.

**CSNY “Teach Your Children”** – Joined by Jerry Garcia on pedal steel, the message here is clear, and the twang is the thing. Take the opportunity to teach your children about all kinds of music, and they will ultimately benefit in the future.
First Fall is finally here! While I know the calendar says that Fall is fully here, we all know Atlanta weather well enough to know that another dash of Summer is right around the corner. While we have this lovely Autumn weather (or who knows when you’re reading this... maybe we’re already back into a dash of Summer), it’s a great time to mull over our most excellent festival of Chomp & Stomp and Romp. We are officially less than six weeks away and preparations are going very strong.

While we have been hard at work, WE NEED YOUR HELP!!! As you all know, it takes a village to pull this off and we need our village of volunteers! Please sign up for a shift, and spread the word to your friends, family, coworkers, and neighbors. We’ve got a wide selection of roles still available, so you’re likely to find the right volunteer spot that sounds both fun and gives you the warm fuzzies of giving back. Please sign up here: https://signup.com/go/MEvPAgi

Our group has been working hard to bring us all a fantastic festival this year, albeit one that might look a little different than in years past. In the interest of spreading folks out a bit and showing off even more of our lovely neighborhood, we have increased the footprint of Chomp this year. In addition to our normal footprint, we’ll have some artists spread out on Gaskill between Tye and Estoria. We’ll also have some Porch Jams around the neighborhood in locations soon to be announced.

Speaking of spreading out, I know we all are concerned about the crowds that chili has historically brought. We are taking several measures to reduce those crowds and encourage safe behavior. We have drastically reduced the number of chili entrants this year and will be spreading them out along Wiley, giving space between each group. We will sell a limited number of spoons. We will have signage up around the chilis and throughout the rest of the festival asking people to maintain social distance, physical distance, and mask up when that is not an option.

Thank you all! I’m looking forward to working with you all at a great Chomp, Romp & Stomp!
This is really important stuff. Your voice needs to be heard. We need you to help shape our neck of the woods. Atlanta BeltLine, Inc. (ABI) will hold a series of meetings to get feedback on the Subarea 4 Master Plan, which includes the neighborhoods of Reynoldstown, Cabbagetown, Glenwood Park, Grant Park, Edgewood and Ormewood Park.

An interactive map and tools are available now for all to share thoughts at https://bit.ly/BeltlineSA4.

The public meetings will review goals of the Subarea Plan and will ask participants to voice their ideas. Folks will receive analysis of existing market and mobility conditions in the subarea. In the design workshops, participants can provide feedback for future land use, zoning, mobility, and affordable housing recommendations.

The virtual meetings will be held on Zoom and broadcast to www.facebook.com/atlantabeltline. Two of the design workshops will be held in person at Lang Carson Park Rec Center. Details on all meetings, past and future, can be accessed at www.beltline.org/meetings.

Questions may be submitted in advance for the public meetings. Attendees can also submit questions during the meeting on Zoom and Facebook Live.

Meeting materials will be made available on the day of the meeting at beltline.org/meetings.

Meetings and design workshops will be held on the following dates:

**Wednesday, October 13th – Virtual design workshop**
6:30p – 8p. Webinar ID: 891 2244 3110

**Thursday, October 14th – In person design workshop**
4p – 7p. Lang Carson Park Rec Center, Covered Basketball Court, 100 Manigault St SE, Atlanta, GA 30316

**Saturday, October 16th – In person design workshop**
9a – 12p. Lang Carson Park Rec Center, Covered Basketball Court, 100 Manigault St SE, Atlanta, GA 30316

**Thursday, November 4th – Virtual public meeting**
6:30p – 8p. Webinar ID: 834 7780 8720
Questions should be submitted by Wednesday, November 3rd at noon to: questions@atlbeltline.org.

**Thursday, January 20th – Virtual public meeting**
6:30p – 8p. Webinar ID: 842 4625 0666
Questions should be submitted by Wednesday, January 19th at noon to: questions@atlbeltline.org.

For more information, please contact: engage@atlbeltline.org or call 404-477-3574. RSVP: www.beltline.org/meetings
Cabbagetown has its fair share of weirdness and funk. But step outside of our friendly confines, and things get even weirder and funkier. Don’t believe us? Read on...

**Weird Science.** Animal behavioral scientists at the University of Auckland in New Zealand, responding to the critical problem of livestock poo-poo, have trained calves to urinate in a MooLoo – a special pen with an AstroTurf surface, the Associated Press reported. Pee mixed with poo makes ammonia, which is an issue for the environment, and cows produce an impressive amount of pee-pee in a day: about 8 gallons. Regarding the potty-training endeavor, the study’s senior author, Lindsay Matthews, said, “The cows are at least as good as children, age 2 to 4 years.” Researchers lure the cows into the pen with a sweet treat and then reward them when they pee. If, after training, they go outside the MooLoo, they get a squirt of cold water.

**Least Competent Criminal.** A 17-year-old driver in Youngstown, Ohio, was pulled over by police after he ran a stop sign and drove at high speeds on Sept. 15th, WKBN-TV reported. When police spoke to the nervous young man, they smelled marijuana, and found a device that is used to load ammunition into a semi-automatic firearm. They also noticed that his belt was unbuckled. The teenager explained to police that the device belonged to his sister, and regarding his belt, he said, “I ain’t gonna lie, I was trying to take a s#%t.” Police searched the area and found a 9mm handgun in a yard. The suspect admitted the gun was his and, presumably, he had been trying to hide it in his waistband. He was charged with improper handling of a firearm in a motor vehicle.

**Sign of the Times.** The Pennsylvania Liquor Control Board is having to take drastic measures in response to a supply shortage of hooch in its state-run stores, The Morning Call reported. Starting on Sept. 17th, liquor stores will have a two-bottles-per-day limit on a long list of specific products, including bourbons, tequilas and champagnes. The PLCB said the limit will remain “for the foreseeable future.”

**Oh Texas.** On Sept. 13th, a road rage incident in Amarillo, Texas, all started when Car No.1 tried to pass Car Nos.2 and 3. No.1 passed the first car, but No.3 sped up to prevent another pass. As Car No.1 passed No.3, someone in No.1 fired shots into No.3. “The victim in this case did have a handgun in their vehicle and returned fire at the suspect,” Amarillo police told KVII-TV. And here’s where Texas’ tricky law comes in: While it is against Texas law to shoot a firearm from a moving or stationary vehicle on a roadway, if you’re shooting in self-defense, you’re off the hook. The person in Car No.3 will not face any charges. There were no injuries reported in the incident.

**Jordan Rules.** United Press International reported that a pair of Michael Jordan’s underwear, sporting signs of “definite use,” was up for auction. The item description noted “some loose threads evident at the seams.” The basketball star apparently gave the U-trou to John Michael Wozniak, his former security guard, along with other items of clothing. The winning bid? $3,000.
An autumn chill has almost just kinda barely crept into the air, so that means it must be that time of year again in Cabbagetown. The season where we conquer our greatest fears by embodying them for one spooky night. Halloween. All Hallows’ Eve. Samhain.

But everyone’s favorite holiday can be stressful if you don’t know what costume to choose. If you’re too safe, you run the risk of being boring. If you’re too edgy, you could come across like a real jack-o-lantern. Have no fear, I am here as your guide to help differentiate the truly scary costumes from the ones you’d be better off avoiding.

Let’s start with the good stuff. Here are some terrifying costume ideas that are sure to frighten even the bravest halloweenies. If you arrive at the party dressed as Krog Tunnel On A Saturday, then congrats on distilling the essence of chaos into one image better than The Joker ever could. Similarly, if you roll up as The Ghost Of The Truck That Used To Pick Up Our Yard Waste, that’ll definitely hit close to home. People are going to feel that one deep in their bones.

If you want to channel some De Niro in Taxi Driver energy but you want to make it 2021, might I suggest going as an Unvaccinated Nurse. Those mother$%&*ers are crazy as shit. Or if you want a broader embodiment of the times, you can just put on a dress and a sash and some lipstick, and then talk nonstop about “the plandemic” and voila, you’re a beauty queen style Miss Information. This is probably the scariest thing on this list, so be ready for people to faint when they see you.

Okay, now let’s get to some of the costumes you should avoid at all costs this year. First off, please don’t dress up as a Dumpster Fire. Everyone did that last year and it was good at the time, but you’re a little too late this year. The only exception to this rule would be a Sexy Dumpster Fire. I think that still plays.

Also, if you’re considering dressing up as a Karen, don’t. I know you’re thinking it’ll be hilarious to tell everyone that you want to speak with a manager but I’m here to say aim higher. Like maybe a Sexy Karen. Now THAT works. Same with Joe Exotic and Carole Baskin. Not a good costume… unless you make it sexy. And even then, I’m still not totally sure.

One costume that cannot be made sexy or good in any way is any version of a Corona Virus. Puns don’t matter. Nothing can save this costume. Like… I get how you thought a giant beer bottle covered in virus particles was super funny but if anyone’s laughing, I don’t think it’s with you, bro. And if any part of you is considering dressing up like a flight attendant with a Loki style crown and calling yourself a Delta Variant, then while I agree it is very clever, you still need to Google Dragon Con pictures from this year and see just how oversaturated the market is with that particular play on words.

Finally, a challenge: if anyone out there can figure out how to go as CDC Music Factory, then I think you just won Halloween. All Hallows’ Eve. Samhain.

Whatever you wanna call it, your prize? I’ll try to get a picture of your costume into next month’s publication of the Cabbagetown Neighbor. Send in your pics to kevin@dadsgarage.com

Etiquette for Modern Gentlemen

1) Hold the door open for ladies. 2) Arrive on time for everything. 3) Make a good first impression with a firm handshake and good eye contact. 4) Practice good hygiene. 5) Take your hat off while indoors. 6) Pull out a lady’s chair for her. 7) Be humble and give folks second chances if they need them. 8) Practice basic table manners. 9) Know when to put your phone down (hint: ladies don’t think it’s cool if you text during a date).
Like Esther LeFevre, Priscilla House came to the community via her "church lady" credentials. Her approach to renovating the rapidly deteriorating housing stock was a clash of the 1960s-70s "Hippie Movement" vs. the pragmatism and no-nonsense approach of the 1980s.

Both women were committed to renovating the housing, but their strategies were widely divergent. Unlike Ms. LeFevre, Ms. House's efforts were loathed and feared by the old timers. It wasn't only that they distrusted her as an outsider; she was not inclined to coddle or enable any of them, or appease any of their demands that things should remain as they had been. She was insistent that nobody was going to stop her efforts to get the buildings back into a habitable state.

There was just one problem... many of these houses actually had people living in them, making renovation dicey. Her efforts gave rise to the "We Shall Not Be Moved" era, during which passions were high, and successes were limited. Emma Patterson, an 87-year-old resident became the symbol of both the effort to renovate, and the resistance on the part of the old-timers to allow it to happen.

Back then, there were no such things as mortgage-backed derivatives, jumbo loans, flex mortgages or any financial instruments that are found in today's real estate market. People took out traditional 30-year mortgages from local banks after they put down 20% of the purchase price. Home equity loans were nonexistent, due to the market value and condition of the houses. Banks did not offer construction loans to individuals or groups in the area because... in a word... redlining. Further deflating the value of the properties was the involvement of "slumlords" like Thomas West, who had purchased large swaths of homes - both inhabited and not - only to sit on them in a speculative strategy that didn't provide any momentum for development.

Ms. House was associated with a number of community based groups, including the Fulton Cooperative Village Project and the Cabbagetown Restoration Society, but she was also a rogue player. The city was eager to unload property titles to just about anyone, and seemed to give them out like Pez candies.

Ms. House was in charge of at least a few dozen properties at one point. The plan was to move residents out of failing houses while they renovated them, and then move them back in so they could move on to another. The devil, as they say, was in the details. Either because of lack of sensitivity or sheer tunnel vision, she stepped on many toes and upset a lot of folks. She had a no-nonsense approach, which in hindsight, stymied her efforts.

Juggling and managing too many decrepit properties stretched limited resources. Eventually, properties were sold off in a bid to keep afloat, as her groups could not keep pace with the ravages of time on the quickly falling homes. She was a creative individual, but she was forced to cave to the demands of the real estate market.

She left the community with little to show for her efforts. What she and the groups she was affiliated with began, though, was a years-long battle royale with the city, the state, and Esther LeFevre's followers as they struggled to get grants, tax abatements, and other financial incentives to keep their projects going.

Large sums of money were sent into the community for renovation, but due to lax bookkeeping, oversight or outright fraud, there was little to show for all the assistance that was committed. Rumors swirled after she and other groups left the area that she (or they) had absconded with the renovation funds. There was some evidence of malfeasance, but no criminal charges were ever filed, and to my knowledge, nobody – not even the city – ever figured out where most of it went.

Next month: An influx of new blood; new resistance.
Healthcare Insurance 101

It was not long ago I found myself studying for my licensure for health and life insurance, and I quickly realized the insurance world can be complicated for consumers. Most people have no idea what their plans cover, they just know they have a policy. I specialize in is Medicare, and thankfully, a lot of the things I advise clients on, translates to everyday health insurance policies. Now that open enrollment is around the corner, I'd like to share tips regarding your current or new health insurance policy.

There are many questions folks have when shopping for insurance. The most popular is “how much does it cost?” There are many things that go into how much an insurance policy costs. Things like copays and coinsurance, and when you see your doctor or specialist, all factor into the annual cost. Networks and the type of plan you choose are also huge factors. Don’t worry I will break down the most important bits to make choosing your plan a little easier.

Marketplace and Premiums: When shopping for your plan, you first start at a marketplace. Most folks have insurance from their employer. Others use the state or federal marketplace. It is there you will see a list of monthly prices or premiums. You pay a monthly bill a.k.a the “premium”, even if you do not use the plan. This is a locked-in rate that makes sure the plan is active in the event you do need to use it. Premiums can be misleading and should be considered when selecting a plan. You don’t want to pay more when a similar plan from a different marketplace is more comprehensive. This is especially true for those who have a plan through their employer versus the marketplace plans. If your company does not offer any plans the next best place is your state or federal marketplace. You want your premiums to be as low as possible, Healthcare.gov or Medicare.gov are fantastic sites for this.

Plan Types: Choosing the type of plan is just as important as the premiums. This is where confusion typically sets in. The most common types of plans are; HMOs, PPOs, EPOs, and POS plans. The type of plan you choose determines what is in-network or out-of-network. To keep things in perspective, In-network versus out-of-network means which provider or doctor your plan contracts with. An in-network doctor will cost far less than an out-of-network doctor. Also, think about the type of coverage you want. If you would like your primary care physician to refer and approve specialists or procedures, there are plans for that. Choosing the correct type of plan will also determine your out-of-pocket cost and the doctors you can see. Keep in mind there are various other plans out there with each carrier. The good news is like cocktails they are a variation of the four mentioned here.

Health Maintenance Organization: An HMO offers lower out-of-pocket cost and a primary care doctor who coordinates your care for you. They also offer less freedom, are cheaper, you must stay in-network, but you can personalized your care.

Preferred Provider Organization: More freedom, no referrals required, and higher out-of-pocket cost. You do not need to stay in the network, however, it is cheaper.

Exclusive Provider Organization: Lower out-of-pocket cost and no referrals required. Higher out-of-pocket cost. Stay in-network exceptions are emergencies only.

Point of Service Plan: More options of providers, a primary care doctor who coordinates your care for you, and referrals are required.

The cost of services is lower when you go see an in-network doctor or specialist. This is because carriers contract lower rates with in-network providers. When you go out of network, you may see extravagant costs for simple procedures. If you have a primary care doctor you want to see, make sure you can find him or her in the provider directory, and they are accepting new patients. Every carrier has a physician finder located on their website most are easy to use and you can search by your zip code.

If you don’t want a primary care doctor, consider a plan with a larger network, as it will provide more choices. Larger networks like PPOs are best if you live in a rural area or travel. HMO plans are for those who like more personalized healthcare. Next month I will break down the second part: copays and coinsurance.

Top of the Charts

By Kyle F. Bidlack

What music is Cabbagetown listening to? Good question. Here’s September’s hottest songs on the Milltown Tavern juke box.

1. AWOLNATION
   SEVEN STICKS OF DYNAMITE

2. PVRIS
   YOU AND I

3. PVRIS
   SMOKE

4. TOKYO POLICE CLUB
   TESSELLATE

5. CHILDISH GAMBINO
   REDBONE

6. TWO DOOR CINEMA CLUB
   BAD DECISIONS

7. TEGAN AND SARA
   DROVE ME WILD

8. ROBYN
   CALL YOUR GIRLFRIEND

9. TAME IMPALA
   HALF FULL GLASS OF WINE

10. THE FORECAST
    ILLINOIS

11. DEATHCAB FOR CUTIE
    405

12. BEACHHOUSE
    THE HOURS

13. KAISER CHIEFS
    EVERYDAY I LOVE YOU LESS...

14. PORTUGAL, THE MAN
    SO YOUNG

15. MIKE SNOW
    GENGHIS KHAN
$200 PHYSICALS NOW AVAILABLE
INCLUDES BASIC BLOOD WORK
Say Hello to Dr. Mboh!
Mboh is Pronounced “Bo”.

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Say Hello to Dr. Mboh!

Mboh Elango, M.D.
MDHousecall

The Doctor’s Office is Now Open.
We Make House Calls!
Just 2.3 Miles from the Heart of Cabbagetown.

Stacks Squares Artists. Photo by John Dirga.

Check out these fine gentlemen, providing guidance and wisdom to a new class of muralists! Stacks Squares Mural Project Curator Blue (@proper_blue) hangs out with alumni from previous years while "Round 8: Elevate" live painting was in progress. Returning artists provide valuable advice, mentoring opportunities, and build a truly lasting network of support. This makes Cabbagetown’s artist outreach an effective tool for strengthening the community! Consider making a donation today: linkin.bio/stackssquares

Left to right, Killamari @thekillamari (Round 2, Square 3), Blue, Mario Daniel @doitdoitleague (R3S1), and George F Baker III (R4S7).

Check out our fancy new website: StacksSquares.com where you can search by artist name, explore by who has painted painted specific Square, or browse any of the previous 7 rounds, including video interviews from the most recent installation. "Say Their Names" was recently transformed into a longer exhibition on the Fulton Cotton Mill fence alongside the Carroll Street business district. For the latest news, follow us: instagram.com/stackssquares

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Stacks Squares Artists. Photo by John Dirga.

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THE TRANSCENDENT MOMENT IN YOUNG JACOB’S LIFE

By Nina & Jake Elsas, The Patch Works Art And History Center

For Chapter Eight, we humbly ask for your indulgence, as we proceed to veer off on a massive tangent and explain the significance of the number 8. (We can actually hear your eyes rolling.) It’s kinda cool, y’all! Really! So… just… please… there’s a reason…

In Jewish symbology (i.e.: kabbalistic teaching, something Rab Madonna knows ALL about), there are two important numbers: 7 and 8. Most everyone with a Judeo-Christian background (especially Jewish) might remember how the number 7 applies to all sorts of biblical stuff. Let’s see, um… CREATION… um, the number of emotions we’re supposed to get all “Dr. Phil” about (love, fear, compassion, ambition, humility, bonding and receptiveness)… the gosh dam colors of the rainbow… the diatonic musical notes (okay, not very biblical)… sabbaticals… and a bunch of super-religious moments that codified Judeo-Christian morals and spiritual beliefs but are too much to get into right now… or ever.

Essentially, 7 symbolizes something in its perfect, and completed state. Even the menorah – when it ain’t Hanukkah – has seven branches.

So, what about 8? Hoooooo daddy, 8 is smokin’. 8 is when something transcends the natural order and goes beyond its limitations. Perfection + 1 = Mega-Awesomeness! 8 is what we might aspire to (but, dude, we’ll take “7” ANY day of the seven-day week).

8 is why your Jewish friend gives you an $8 check. Hey, don’t get all supped up about (love, fear, compassion, ambition, humility, bonding and receptiveness)… the gosh dam colors of the rainbow… the diatonic musical notes (okay, not very biblical)… sabbaticals… and a bunch of super-religious moments that codified Judeo-Christian morals and spiritual beliefs but are too much to get into right now… or ever.

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8 is why your Jewish friend gives you an $8 check. Hey, don’t get all judgy! Sure, that check will buy you bupkis, but it “just” might help you reach “Biz Hundert un Tzfunisk!”

Anything with an 8 symbolizes those superlative, mind-blowing moments (as if creating a universe in seven days ain’t enough). Example: the aforementioned Hanukkah celebrates how the short-handed Maccabees expelled a Greek juggernaut from the Second Temple, only to discover a single shot of sacred oil remained. Who knew a bissel oil could last eight days! It’s why the menorah grows an extra, flaming limb for the holiday. But here’s another fav example: traditionally, an itty-bitty baby boy’s dingle-dangle gets snipped on the eighth day after his birth, something that really cries (oof) “supernatural covenant with G-d!!!” Hey-yooooooh. We’ll be here all week! Keep the tip.

So, armed with this knowledge, we assail Chapter Eight, in which — coinkydinkily! — we’ll be addressing THE transcendent moment in Young Jacob’s life: the founding of our Mill. And to hammer home our point about Number 8’s relevance, we’ll draw many flimsy conclusions that may not be accurate but should be entertaining. Maybe. We hope. Lessee… first, Jacob was born in 1842. 1842 has a big and obvious “8.” Clearly, lots of Mega-Awesomeness happened during the 1800s (which is convenient for our argument). Also, if we abbreviate his birth year as ‘42…? 4 x 2 = 8. Our collective spine starts to tingle…

Jacob embarks for the USA at 18 years old in 1861 (add each number of “1861” and divide by two = 8). His uncle – Jacob the Elder, with whom Young Jacob lives as a recently arrived American (eight letters!) – was born in 1818. Double whammy! (FYI, check out that guy’s history: Elder Jacob was a land/property owner in Cincinnati who wanted a beer so badly that he clung onto a brewery for years, even as it repeatedly failed. Elder Jacob eventually had an entire subdivision named after him… in 1888… on the land once occupied by his defunct brewery.)

In 1864, Young Jacob scoots down to Nashville, by then a major hub for the Union Army (remember the importance of choo-choos?). 1865 rolls around, and Young Jacob diverts to Cartersville (some say as a result of conscription into the Union Army; others say because he finagles a pass that allows him – as a civilian – through Union roadblocks).

Jacob’s first business partner is a freed slave named Mose White. Together, they open a trading post, which becomes so successful that they outgrow their log-cabin locale. Mose and Jacob thus build a bigger store: the first-ever brick structure in Cartersville. In 1867, they relocate to Atlanta.

Although “Atlanta” exudes a quintessence of perfection with its seven letters, Jacob seeks Mega-Awesomeness. In 1868, he cofounds Elsas, May & Company (add the letters and ampersand; divide by two…).

At this point, Mose’s story becomes frustratingly murky. Sources mention that he continues working with Jacob, but no details. Instead, attention turns to Jacob’s new partners: Isaac May, Morris Adler, and Julius Dreyfus – all German Jewish immigrants. [NOTE: Some historians wrongly declare 1872 as their first year doing business. Since 1872 still works in our schtick (1 + 8 + 7 + 2 = 18), who are we to argue???] The Fab Four open The Southern Bag Manufactory, operating out of the Old Slave Market House (oy!) on the corner of Pryor and Mitchell Streets. The company produces paper and cotton cloth, bleaching and finishing the materials for bag manufacturing. Sales are booming! Jacob eventually restructures his various businesses (he runs at least three others, one of which – The Star Store – sells jeans).

“And what year was that?” Glad you asked! 18-freaking-81. Now THAT’S a palindrome that really knocks this rock-solid, number-8 theme outta the Atlanta Crackers’ ballpark. No matter how you slice it, we got us some 8’s. Yesser, in 1881, Fulton Cotton Spinning Company was born. Location: the site of the now-nonexistent Atlanta Rolling Mill (add those letters together… you get 18).

We have now successfully proven – by using an irrefutable scientific method of number-8 symbology – that, like Harry or perhaps Voldemort, Jacob was destined to do great things. He also had 8 children. Meh. That was probably just a coincidence.
Those who caught Rebecca Blouin’s recent jazzy set burn down the Cabbagetown Concert Series know that our neighborhood talent level is high as ever. Not even considering big touring artists like Crowder, Faye Webster, or Cole Alexander, this little-milltown-that-could continues to kick out the jams. Chomp & Stomp 2021 is no exception!

New to this year’s line-up of hometown heroes are Powell Street’s Nikki Speake (Nikki & The Phantom Callers), and T.T. Mahony (French People). Also playing Chomp ’21, are Pearl Street’s James Kelly (Slim Chance & the Convicts) and ex-Tye Street resident Jeremy Ray (Jeremy & The Howdy Men). We say “ex-”, but we don’t believe loving souls ever leave. Cabbagetown is family for life.

Mahony needs little introduction; his virtuosic piano antics and sharp humor are legendary. If you wanna check out a sneak peak solo show, tune into Cabbagetown USA’s YouTube Channel for his exclusive live set at JenChan’s. French People appear 4:30p at Chomp’s brand spankin’ *97* Estoria Stage.

Classic country with fresh energy, gorgeous vocals, and serious rhythm, The Phantom Callers are authentic & exceptional. The band also includes ex-Cabbagetown rocker Anna Kramer (as featured on “Cabbagetown Chronicles Vol 1”, covering Rock*ast*Teens) on lead guitar. Nikki & Anna will do The Joyce proud, as their sunset performance closes down Brookshire Amphitheatre, and the festival itself, from 5p.

Last but not least, this is a walking neighborhood y’al! You should explore its treasures daily. 2021’s Return of the Stomp, mindful of safety & moving through space, brings music back to Carroll Street for the first time since Mary Todd’s Hair Co hosted a ‘porch jam’ (circa 2017). Look around for bands playing from 1:30p onwards, as we host music at Little’s Shade Tree, and Milltown Tavern.
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AMERIPRESS IS THE PREFERRED PRINTER FOR THE CABBAGETOWN NEIGHBOR NEWSPAPER.
Welcome to Little's ShadeTree

When the pandemic hit, we were all almost immediately affected. We had to change routines, ways of doing things, and ways of communicating. For small business owners, it was sink or swim time. Fortunately for all of us, our Cabbagetown business owners are damn good swimmers.

Brad & Nina at Little's Food Store are no exception. They quickly realized that serving folks inside Little's was not going to be a long-term option. So they set their sights on the empty lot next door.

After clearing a bunch of legal hurdles and bringing more detail to the plan, they rolled up their sleeves and got to work. A community volunteer clean-up of the lot cleared the way for The Good Reverend David DeChant and Hudson Souls to do the heavy lifting.

“Our vision was to make good use of the entire lot. The retaining wall needed to be heightened and strengthened, we wanted a wall to hide our unsightly (but necessary) outdoor equipment, and we wanted to make sure that it wasn’t able to become a weed infested eyesore again. We just wanted a nice space for our guests and neighbors.” said Brad.

The transformation of the lot has been profound. Gone is all the trash and weeds. In its place, lots of physically spaced tables sitting on beautiful crushed blue stone and surrounded by gorgeous new wooden fencing. Reverend David and Hudson are currently working on a deck at the top of the back hill. The icing on the cake, if you will.

“The lot is for our guests and neighbors to enjoy with our food, an ice cream, or just a soft drink or juice break as you stroll around the neighborhood enjoying the glorious nature of Cabbagetown. We are also looking into making it an event space and will be figuring out that process as we move forward.” said Brad.

We asked Brad if there are any ShadeTree rules. "As a Dudist, the first rule is "Be Chill and Abide". Next rule is please remember this is our private property. Use it while being our guests but please don’t bring in complete picnics, unless – of course – if you got them from Little’s. We want it to be family friendly. It isn’t set up as a beer garden for that reason. We want to create a family-friendly outdoor space on Carroll Street so that everyone has an outdoor space to enjoy. With this in mind we are probably going to make it no smoking as well. We will be closing the gates when we lock up Little’s each night, so we do ask that it be used only when we are open.” said The Dude.

“Our wonderful landlords Ryan Naylor and Tyler Child’s were quick to see my vision and were very happy to buy it and fund our non-developed but beautified outdoor space. They have no intent to ever building on it which certainly makes me very happy as well. The Reverend David DeChant and Hudson Souls – both Cabbagetown neighbors – were able to take my thoughts and pull them out of my head and make them even better than I had imagined. The folks who showed up to help clear the old junk and underbrush that hot summer morning also deserve a huge shout-out, as their actions helped signify the beginning of the process.” said The Dudist.

“All the folks involved deserve all the credit. All I did was ask if it could happen, and Ryan, Tyler, Rev. Dave, and Hudson made it so. They deserve all credit.”

The Dude believes Carroll Street needs to have this tiny speck of open space. He advocates and encourages the practice of “going with the flow”, “being cool-headed”, and “taking it easy” in the face of life’s difficulties.

Perhaps Brad’s approach is a good way to live in harmony with our inner nature and the challenges of interacting with other people. Perhaps Little’s ShadeTree aims to assuage feelings of inadequacy that arise in societies which place a heavy emphasis on achievement and personal fortune. Consequently, simple everyday pleasures like eating together and hanging out with friends are seen as far preferable to the accumulation of wealth and the spending of large sums of money as a means to achieve happiness and spiritual fulfillment.

Dudes and dudettes, welcome to Little’s ShadeTree.
We are thrilled that our favorite fall event is back this year! As always, The Chrissie Kallio Group is proud to sponsor Chomp and Stomp. We look forward to seeing some familiar faces and meeting new neighbors - see you at Chomp!

**Save the Date | Saturday, November 6, 2021**

Romp & Stomp | 7:30 a.m.
Chomp & Stomp | 11 a.m.

Whether you are buying or selling, let us help you navigate your next move.

Chrissie Kallio

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This information is provided by Chrissie Kallio using the First Multiple Listing records and data from Housing and Urban Development postings. The information is not guaranteed or warranted. Listings courtesy of each listing agent. Any questions regarding real estate in the Cabbagetown area can be directed to the following resident agents: Chrissie Kallio at 404.295.2068 • Lynne Splinter at 404.582.0006 • Debbie Weeks at 404.272.1906 • We wish you happy home hunting!

Concrete Jungle co-founder Craig Durkin says “You put a fig seedling anywhere near the ground and it’ll turn into a giant.” And it’s that optimist realism that is helping Craig – and our own Katherine Kennedy and their team – make Atlanta a healthier and happier city.

What does Concrete Jungle do? It’s pretty simple, and very inspiring: They transform overlooked and underutilized fruit trees (and land) into a healthy food source for communities in need.

One in eight Georgians lack reliable access to affordable, nutritious food, thus contributing to unhealthy lives. These folks are three times more likely to have diet-related chronic disease such as diabetes, heart disease, and hypertension. At the same time, food loss and waste in the US is higher than any other country. Concrete Jungle exists to change all that for the better.

Concrete Jungle has come a long way since 2006. In response to the pandemic, they started purchasing and delivering groceries to those at elevated risk of contracting COVID-19. They also started Produce Buyers Club, working with local farms to purchase perfectly imperfect produce at a discount and distribute it throughout Atlanta.

Cabbageheads Seth & Elena Pajak do a lot to help. If you’d like to assist Concrete Jungle too, please donate at: donorbox.org/concrete-jungle-community

The Real Estate Report

Concrete Jungle co-founder, Craig Durkin scouts for mulberries in Cabbagetown. Photo by Shane Mitchell.

For Sale
653 Wylie St. $710,000
3 BD/2.5 BA

For Sale
617 Tennelle St. $477,500
Duplex

For Sale
None this month.

For Sale
678 Memorial Dr. $490,000
690 Memorial Dr. $490,000

For Sale
The Stacks 170 Blvd.
Loft E124 $624,950
2 BD/2 BA
Loft E325 $599,950
2 BD/2 BA
Loft E313 $539,000
2 BD/2 BA
Loft E308 $415,000
1 BD/1.5 BA
Loft H403 $289,500
0 BD/1 BA

For Sale
Pending/U.C.
224 Estoria St. $599,000
2 BD/2 BA
181 Pearl St. $399,900
3 BD/1 BA

For Sale
170 Blvd
Price
$624,950
$599,950
$539,000
$415,000
$289,500

For Sale
170 Blvd
Price
$509,000
$499,000
$275,000

The Stacks 170 Blvd
Loft E116
2 BD/2 BA
Loft H526
2 BD/2 BA
Loft H103
1 BD/1 BA

Concrete Jungle co-founder Craig Durkin scouts for mulberries in Cabbagetown. Photo by Shane Mitchell.

"...Turn into a Giant"
AGAVE TURNS 21!

We opened our doors on Friday, October 13th, 2000 and we have enjoyed being in the best neighborhood in Atlanta! Help us celebrate the day while helping feed those in need.

On Wednesday, October 13th, 2021, we will be giving 21% of the entire night’s sales to the Atlanta Community Food Bank. Reserve your table now!

HOME OF THE BEST MARGARITA IN ATLANTA!

We just added some great new tequilas to our tequila bar, adding to our collection of over 100. Choose from our mouthwatering margarita list, all made with freshly squeezed lime juice or create your own with any of our Blue Agave Tequilas with the help from our mixologists!

Daily, super fresh, Chef inspired specials utilizing seasonal ingredients with a Southwestern kick. Reservations available at 404-588-0006 or online at agaverestaurant.com