

MMAC OPEN GYM

Winter

SCHEDULE

DROP-IN RATES *

Gym Drop-In	R/NR Fee
Adult (18+)	\$6/\$9
Youth/Senior (60+)	\$4/\$6

*Includes access to gym area only

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
5:30 AM	CLOSED	Open Basketball 5:30 - 7:30 am	Group Fitness Class 5:30 - 6:30 am	Open Basketball 5:30 - 7:30 am	Group Fitness Class 5:30 - 6:30 am	Open Basketball 5:30 - 7:30 am	CLOSED			
6:00 AM			Open Basketball 6:30 - 8:30 am		Open Basketball 6:30 - 8:30 am					
6:30 AM										
7:00 AM										
7:30 AM	Members ONLY Pickleball (3 Courts) 7:00 - 9:00 am	Pickleball (3 Courts) 7:30 am - 12:00 pm	Group Fitness Class 9:00 - 10:00 am	Pickleball (6 Courts) 7:30 am - 12:00 pm	Group Fitness Class 9:00 - 10:00 am	Pickleball (3 Courts) 7:30 am - 12:00 pm	Group Fitness Class 7:00 - 10:00 am			
8:00 AM										
8:30 AM										
9:00 AM										
9:30 AM	Pickleball (3 Courts) 9:00 - 11:00 am	Group Fitness Class 10:00 - 11:00 am	Pickleball (3 Courts) See Schedule		Pickleball (3 Courts) See Schedule		Athletic Program (2 Courts) 9:00 - 11:00 am			
10:00 AM										
10:30 AM										
11:00 AM										
11:30 AM	Members ONLY 11:30 AM - 5:00 pm (1 Court from 3:00 - 5:00 pm)	Pickleball Clinic 1:00 - 2:30 pm	Open Basketball (1 Court Guaranteed) 11:00 am - 5:00 pm	Open Basketball 12:00 - 5:00 pm	Open Basketball (1 Court Guaranteed) 11:00 am - 5:00 pm	Open Basketball 12:30 - 5:00 pm	Open Basketball 12:30 - 5:00 pm			
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM	Athletic Program (1 Court) 3:00 - 6:00 pm	Open Basketball 12:30 - 4:00 pm			Athletic Program (2 Courts) 5:00 pm - Close	Athletic Program (2 Courts) 4:00 - 8:00 pm				
2:00 PM										
2:30 PM										
3:00 PM										
3:30 PM	Athletic Program (2 Courts) 4:00 - 8:30 pm	Athletic Program (2 Courts) 4:00 - 8:30 pm	Athletic Program (2 Courts) 4:00 - 10:00 pm	Athletic Program (2 Courts) 4:00 - 10:00 pm	Pickleball (3 Courts) 6:30 - 9:30 pm	Members ONLY Pickleball (3 Courts) 6:30 - 9:30 pm	CLOSED			
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM	CLOSED	Open Volleyball 6:00 pm - Close	Athletic Program (2 Courts) 5:00 pm - Close							
6:00 PM										
6:30 PM										
7:00 PM										
7:30 PM	CLOSED									
8:00 PM										
8:30 PM										
9:00 PM										
9:30 PM	CLOSED									
10:00 PM										

Members Only: only MMAC members will be permitted into the gym space for the designated time period.

Please note: all children under the age of 10 must be accompanied by an adult.

MMACLOMBARD.COM | 630.519.5859

Please note: facility hours and available amenities are subject to change, including group fitness. Visit mmaclombard.com and/or subscribe to our e-newsletter to stay up-to-date.