



Women's Shred Fest Skills Weekend

Equipment List

What to carry while riding:

- Hydration Pack
- Water
- Riding Snacks
- Electrolyte replacement tabs or chews
- Spare Tube

Optional items to carry with you:

- Bike Multi-Tool
- Tire Levers
- Patch Kit
- Pump
- Plug Kit (for tubeless tires)

Absolute Musts:

- Bike
- Bike shoes
- Helmet
- Bike Gloves
- Eye Protection
- Protection (Required for advanced groups, optional for beginner intermediate)

Let us know if you have any questions about the items listed. Our coaches will be carrying a variety of tools and supplies to assist with most trailside issues that may come up, however, it helps when riders help carry their own gear. If you are used to carrying a pack with tools and gear, please ride as you normally do. If you're not used to that, you only need to bring the basics listed above. We've got you covered for the rest!