

# PSALMS

T H E B O O K O F

MESSAGE: GARY STAFFORD

MUSIC: SHAWN HOELSCH

DATE: OCTOBER 20TH, 2024

## Dealing with Feelings Psalm 13

NOTES:

*"How long, O LORD?*

*Will you forget me forever?*

*How long will you hide your face from me?*

*How long must I wrestle with my thoughts*

*and every day have sorrow in my heart?*

*How long will my enemy triumph over me?*

*Look on me and answer, O LORD my God.*

*Give light to my eyes, or I will sleep in death;*

*my enemy will say, 'I have overcome him,'*

*and my foes will rejoice when I fall."*

**Psa. 13:1-4**

***BUT...***

*"But I trust in in your unfailing love;  
my heart rejoices in your salvation.*

*I will sing to the LORD,  
for he has been good to me."*

**Psa. 13:5,6**

**Review/Discuss/Apply:**

- 1) Do you trust your feelings? Have you found them to be trustworthy?
- 2) Is it difficult for you to trust in God when your feelings tell you otherwise? Why or why not?
- 3) How did David return to his firm foundation when he struggled with his feelings?
- 4) Memorize Psalm 13:5,6. After you have honestly, openly, and appropriately expressed your feelings to God, recite this as a finish to your prayer.

SONGS

KING OF HEAVEN  
THIS IS OUR GOD  
GOODNESS OF GOD  
CHRIST IS RISEN

BUDGET

Giving Last Week: \$35,034.69  
Weekly Need: \$38,322.00

YTD Giving: \$1,391,430.99  
YTD General Need: \$1,571,202.00

Altamont Expansion Fund (10/11): \$199,438.98

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, & communication to our church leadership are in the seatback pockets. Please pass the envelopes to the ushers or deposit them in the offering boxes by the exit doors. Thank you!

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