

PSALMS

T H E B O O K O F

MESSAGE: GARY STAFFORD

MUSIC: SHAWN HOELSCH

DATE: OCTOBER 20TH, 2024

Dealing with Feelings

Psalm 13

NOTES:

“How long, O LORD?

Will you forget me forever?

How long will you hide your face from me?

How long must I wrestle with my thoughts

and every day have sorrow in my heart?

How long will my enemy triumph over me?

Look on me and answer, O LORD my God.

Give light to my eyes, or I will sleep in death;

my enemy will say, ‘I have overcome him,’

and my foes will rejoice when I fall.”

Psa. 13:1-4

BUT...

*“But I trust in in your unfailing love;
my heart rejoices in your salvation.*

*I will sing to the LORD,
for he has been good to me.”*

Psa. 13:5,6

Review/Discuss/Apply:

- 1) Do you trust your feelings? Have you found them to be trustworthy?
- 2) Is it difficult for you to trust in God when your feelings tell you otherwise? Why or why not?
- 3) How did David return to his firm foundation when he struggled with his feelings?
- 4) Memorize Psalm 13:5,6. After you have honestly, openly, and appropriately expressed your feelings to God, recite this as a finish to your prayer.

SONGS

*KING OF HEAVEN
THIS IS OUR GOD
GOODNESS OF GOD
CHRIST IS RISEN*

BUDGET

Giving Last Week: \$35,034.69
Weekly Need: \$38,322.00

YTD Giving: \$1,391,430.99
YTD General Need: \$1,571,202.00

Altamont Expansion Fund (10/11): \$199,438.98

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, & communication to our church leadership are in the seatback pockets. Please pass the envelopes to the ushers or deposit them in the offering boxes by the exit doors. Thank you!

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