

PSALMS

T H E B O O K O F

MESSAGE: GARY STAFFORD

MUSIC: PAOLO CORONEL, REBECCA FRENCH

DATE: OCTOBER 27TH, 2024

Dealing with Feelings

Psalm 13

NOTES:

Psalm 13:1-4

"How long, O LORD?

Will you forget me forever?

How long will you hide your face from me?

*How long must I wrestle with my thoughts
and every day have sorrow in my heart?*

How long will my enemy triumph over me?

Look on me and answer, O LORD my God.

*Give light to my eyes, or I will sleep in death;
my enemy will say, 'I have overcome him,'
and my foes will rejoice when I fall."*

Feelings are _____. They are to be _____,
acknowledged, and _____ expressed, but not _____
because they are not trustworthy.

Psalms 13:5,6

"But I trust in in your unfailing love;

my heart rejoices in your salvation.

I will sing to the LORD,

for he has been good to me."

BUT...

David _____

David _____

David _____

Challenge #1

Challenge #2

Challenge #3

Challenge #4

Review/Discuss/Apply:

- 1) Do you trust your feelings? Have you found them to be trustworthy?
- 2) Is it difficult for you to trust in God when your feelings tell you otherwise? Why or why not?
- 3) How did David return to his firm foundation when he struggled with his feelings?

SONGS

*SAME GOD
HOLY FOREVER
GOODNESS OF GOD
GOD WITH US*

BUDGET

Giving Last Week: \$21,069.31
Weekly Need: \$38,322.00

YTD Giving: \$1,412,500.12
YTD General Need: \$1,609,524.00

Altamont Expansion Fund (10/11): \$199,438.98

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, & communication to our church leadership are in the seatback pockets. Please pass the envelopes to the ushers or deposit them in the offering boxes by the exit doors. Thank you!

GET ON THE VBC FAMILY ROSTER

