

THE BOOK OF PSALMS

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Help for Sinners from the Rescuing God

Psalms 38

NOTES:

Psalms 27 Review: How to Confidently Wait for Certain Help

Evaluate God's power, Cherish his goodness, Pray accordingly, Imitate his character, Anticipate his help

David's Repentant Cry for Help

1. "Calm down, please!"

Psa. 38:1 *O LORD, rebuke me not in your anger, nor discipline me in your wrath! 2 For your arrows have sunk into me, and your hand has come down on me. 3 There is no soundness in my flesh because of your indignation;*

2. "I am devastated by my guilt"

Psa. 38:3b *there is no health in my bones because of my sin. 4 For my iniquities have gone over my head; like a heavy burden, they are too heavy for me.... 8 I am feeble and crushed; I groan because of the tumult of my heart.*

3. "I have no friends only devious enemies"

Psa. 38:11 *My friends and companions stand aloof from my plague, and my nearest kin stand far off. 12 Those who seek my life lay their snares; those who seek my hurt speak of ruin and meditate treachery all day long.*

4. I won't respond to them, I'm waiting on you to rescue me.

Psa. 38:15 *But for you, O LORD, do I wait; it is you, O Lord my God, who will answer.*

5. "I've sinned, but my enemies attack me because of my

Psa. 38:18 *I confess my iniquity; I am sorry for my sin. 19 But my foes are vigorous, they are mighty, and many are those who hate me wrongfully.*

6. "Don't abandon me! You are my rescuer, come quickly!"

Psa. 38:21 *Do not forsake me, O LORD! O my God, be not far from me! 22 Make haste to help me, O Lord, my salvation!*

In Christ, We Have Total Confidence in God's Forgiveness of Sin

1 John 2:1 *My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. 2 He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.*

1. For the sake of fellowship, God has cleansed us with the blood of Christ (v.1a)

2. When we sin, Jesus pleads our case...with his own righteous life. (v.1b)

3. Jesus perfectly satisfies God's justice toward sin (v.2)

In Christ, Suffering is Transformed Into...

1. ...fellowship with Jesus.

1 Peter 2:20 *For what credit is it if, when you sin and are beaten for it, you endure? But if when you do good and suffer for it you endure, this is a gracious thing in the sight of God. 21 For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps.*

2. ... discipline for our benefit.

Hebrews 12:7 *It is for discipline that you have to endure. God is treating you as sons ...11 For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.*

Review/Discuss/Apply:

1) Compare Psalm 38 with Psalm 27. What similarities do you notice?

2) Despite his sin, David maintains his loyalty to Yahweh as his only rescue. How does Psalm 38 demonstrate David's depth of relationship with God?

3) How does the truth expressed in 1 Peter 2:20-21 and Hebrews 12:7-11 shape your understanding of suffering?

4) In 1 John 1:1—2:6 God is revealed as desiring and being committed to fellowship with humanity. What has the Father done through the Son to give us relational security and incentivize righteous living?

SONGS

*THIS IS AMAZING GRACE
MADE FOR MORE
MY KING FOREVER
JESUS PAID IT ALL*

BUDGET

Giving Last Week: \$44,026.12
Weekly Need: \$38,322.00

YTD Giving: \$1,475,587.79
YTD General Need: \$1,686,168

Altamont Expansion Fund (11/1): \$200,288.98

COMMUNICATION & GIVING

Envelopes for financial gifts, prayer requests, & communication to our church leadership are in the seatback pockets. Please pass the envelopes to the ushers or deposit them in the offering boxes by the exit doors. Thank you!

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