

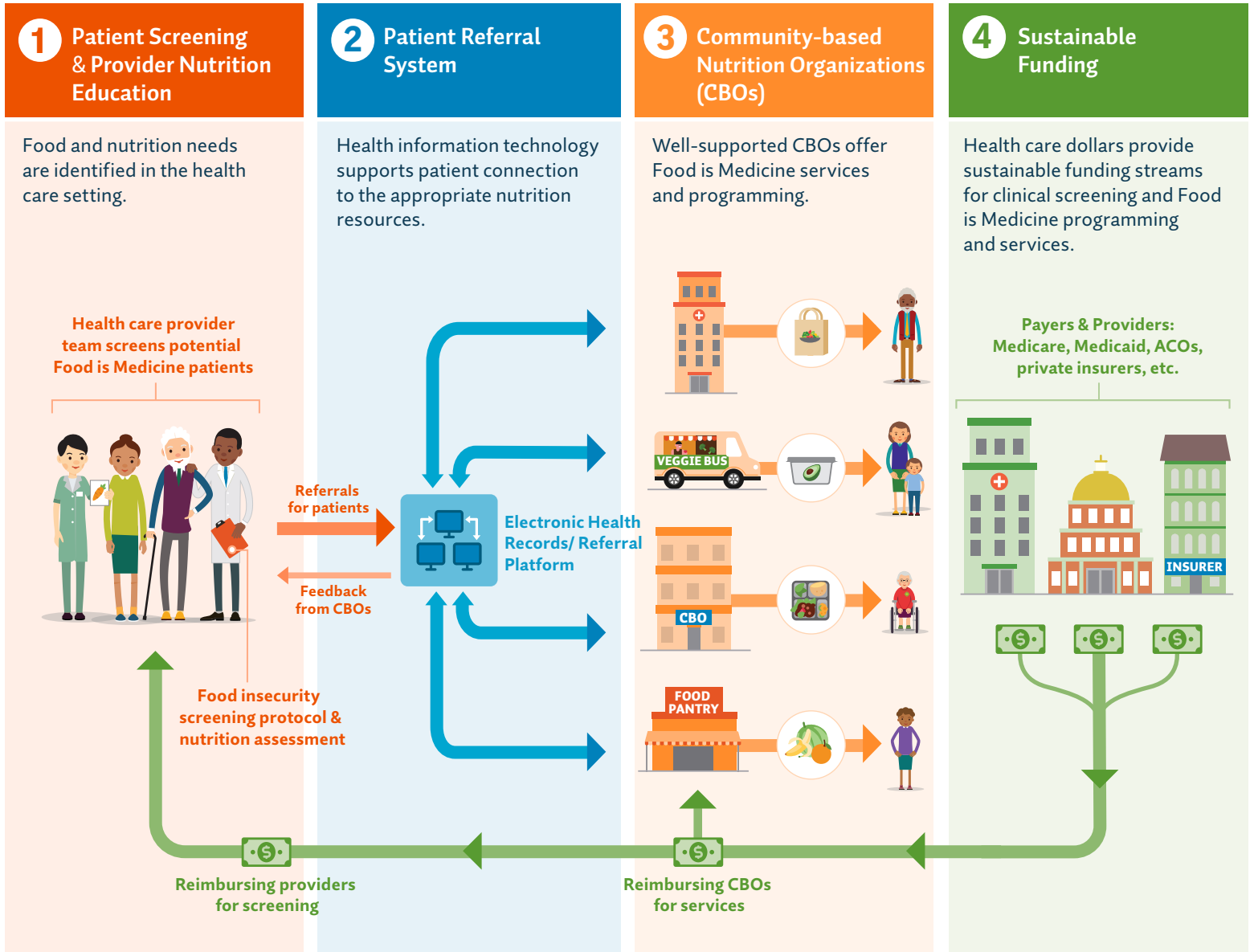
MASSACHUSETTS  
**Food is Medicine**  
**STATE PLAN**

Research has shown that **Food is Medicine** interventions can play a powerful role in improving health outcomes and controlling health care costs. However, access to these interventions remains limited.

## Roadmap for Change in Five Focus Areas

Improving access to **Food is Medicine** interventions

**Our vision: a health care system where food & nutrition interventions are fully integrated into care.**



### 5 Systemic change throughout private and public sectors to support Food is Medicine

Explicit support and concrete commitments from:

- Providers
- Payers
- Community-based organizations
- State & federal policy makers
- Philanthropy
- Advocacy groups