Research has shown that Food is Medicine interventions can play a powerful role in improving health outcomes and controlling health care costs. However, access to these interventions remains limited.

**Roadmap for Change in Five Focus Areas**

Improving access to Food is Medicine interventions

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### Our vision: a health care system where food & nutrition interventions are fully integrated into care.

1. **Patient Screening & Provider Nutrition Education**
   - Food and nutrition needs are identified in the health care setting.
   - Health care provider team screens potential Food is Medicine patients.
   - Health information technology supports patient connection to the appropriate nutrition resources.

2. **Patient Referral System**
   - Food insecurity screening protocol & nutrition assessment.
   - Electronic Health Records/Referral Platform.
   - Feedback from CBOs.

3. **Community-based Nutrition Organizations (CBOs)**
   - Well-supported CBOs offer Food is Medicine services and programming.
   - Reimbursement provided by Payers & Providers: Medicare, Medicaid, ACOs, private insurers, etc.

4. **Sustainable Funding**
   - Health care dollars provide sustainable funding streams for clinical screening and Food is Medicine programming and services.
   - Payers & Providers.

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**5 Systemic change throughout private and public sectors to support Food is Medicine**

Explicit support and concrete commitments from:
- Providers
- Payers
- Community-based organizations
- State & federal policy makers
- Philanthropy
- Advocacy groups