



# Media Advisory - September 27, 2017

# Calgary Counselling Centre and ATB Entrepreneur Centre present: Awareness to Action

What: On Monday, October 2, 2017, media are invited to attend Awareness to Action - a panel discussion and art installation around workplace and community mental health hosted by Calgary Counselling Centre and the ATB Entrepreneur Centre in support of National Depression Screening Day. The theme for the panel discussion is action around workplace mental health and mental health problems. Each panelist brings a unique perspective on this and your questions will be most welcome. We will be also be providing a link and demo to the NDSD screening test "5 Minutes Can Change Your Life" at the event. The event will also include a sneak peek at Danny Miller's photo display about people living with mental health.

### Panelists will include:

- Kerilee Snatenchuk moderator Director, People and Culture, ATB Financial
- Laureen MacNeil Executive Director, Canadian Mental Health Association Calgary Region
- Hilary Sirman Director Impact and Engagement, Centre for Suicide Prevention
- Dr. Robbie Babins-Wagner CEO, Calgary Counselling Centre
- James Brightwell Solution Analyst, ATB Financial
- Christopher Proctor Retail Leader, ATB Financial Entrepreneur Centre
- Danny Miller Photographer and Instructor, Journalism, Graphic Communications & Print Technology

Where: ATB Entrepreneur Centre, Calgary – 1110 17 Avenue SW

When: Monday, October 2, 2017 | 12:00 PM - 1:00 PM

#### Contact:

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# **About National Depression Screening Day**

National Depression Screening Day (NDSD) is an annual community initiative led by Calgary Counselling Centre with the participation of many community and corporate partners. The intent of the campaign is to raise awareness of depression through a free, short, easy-to-complete, and anonymous online screening test, while simultaneously encouraging those with depressive symptoms to seek help.