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ABOUT CALGARY  
COUNSELLING  
CENTRE

Calgary Counselling Centre is a global leader in professional counselling, training, and research where clients achieve meaningful results. We are a registered charitable organization providing a full range of counselling services to individuals, couples and families with no waitlist and no financial barriers.

## GRADUATE INTERNSHIP PROGRAM INFORMATION

Thank you for considering an Internship at Calgary Counselling Centre!

At Calgary Counselling Centre (CCC), you'll receive leading-edge, comprehensive training to prepare you for your future career. We've been instructing students since we opened in 1962 and are recognized as a national leader for professional training in psychology, social work, and marriage and family therapy. Our training program is the largest in Western Canada and our students have gone on to practice in hundreds of communities across North America and the globe.

### WHAT TO EXPECT

- Comprehensive training in areas such as: depression, anxiety, grief, family violence, and more.
- Weekly three-hour Clinical Practice Seminars
- Counselling experience with a broad range of clients including individuals, couples, and families with diverse presenting issues.
- Three hours per week of individual and group supervision. During group supervision, students will discuss, evaluate and debrief sessions in a supportive, collaborative environment. Interns will provide and receive feedback to help expand their counselling skills.
- Observation of the various therapy groups offered at CCC, including family violence, depression, self-esteem, and children's groups.

### EXPECTATIONS OF INTERNS

- Complete an eight-month placement (regardless of when university classes end).
- Dedicate a total of 21 hours per week over a minimum three-day span (with each day being at least five hours) on site at CCC or virtually.
- Commit three hours per month to intake activities the Call Centre.
- Commit one hour per month for a Quick Response shift (clients in distress).
- Commit to providing 256 face-to-face counselling hours (about eight client hours per week) over the course of the internship.

### CONTACT

**Student Program Administrator**

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