This ICE Breaker is designed to supplement your lecture on how to design meaningful, functional, and creative treatment plans.

**Watch**
Assign this video for students to watch before, during, or after class: *Femur Fracture, 5 Weeks Post Surgery: Advanced Practice Skills During IADLs*. In this 12-minute video, the PT and OT work side by side with their clients outside a skilled nursing facility.

**Practice**
Challenge students to design an additional treatment session for these clients that challenges component skills in a creative and meaningful way.

**Discuss**
Stimulate small or large group discussions with questions, such as:
1. What are the advantages of moving the therapy session from inside the clinic to a new environment?
2. What are the advantages of combining a PT and OT session at the same time with two clients?
3. How can the therapist grade the task up or down to provide the just right challenge?

**Supplement**
Consider using the corresponding ICE Lesson Plan which includes learning objectives meeting ACOTE/CAPTE standards and specific creative learning activities.

**Watch more!**
Watch more videos on this topic by searching the ICE Video Library for these titles.
- *Femur Fracture, 5 Weeks Post Surgery: Lower Extremity Strengthening in Sitting*
- *Femur Fracture, 5 Weeks Post Surgery: Safety During Meal Preparation, Part 1*
- *Femur Fracture, 5 Weeks Post Surgery: Beginning Ambulation and Sidestepping*