Kimochi offers a range of programs for San Francisco Bay Area seniors and their families—everything from hot lunches to 24-hour residential programs. The word kimochi is Japanese for deep feelings, from the heart, and Kimochi, Inc. is based upon sincere respect and appreciation for seniors.

While Kimochi has its roots in San Francisco’s Japantown and many of the programs offer bilingual services, programs and services are open to all San Francisco seniors.

Kimochi, Inc.
Administration Office
1715 Buchanan Street
San Francisco, CA 94115
Tel: (415) 931-2294
Fax: (415) 931-2299

Kimochi Social Services
Tel: (415) 931-2275

Kimochi Lounge
Tel: (415) 563-5626

Kimochi Home
Tel: (415) 922-9972

Senior Center
Tel: (415) 931-2287

Kimochi Nutrition Program
Tel: (415) 931-2287

Transportation
Tel: (415) 931-2287

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SENIOR CENTER

- The Senior Center embodies Kimochi’s commitment to intergenerational, volunteer-based senior programs by offering a range of exciting activities developed by volunteers and staff specifically for independent, active seniors.
- Activities include ceramics, arts and crafts, exercise, Tai Chi, overnight Reno trips, day trips, karaoke and group singing.
- Services are offered from two sites in San Francisco’s Japantown.

TRANSPORTATION

- Kimochi offers safe and reliable door-to-door van service for individuals and groups.
- Service to Kimochi program sites, medical appointments, shopping trips, recreational outings, church, and cemetery visits.
- Makes it easy for seniors to maintain vital connections to friends and community.

SOCIAL SERVICES PROGRAM

- Whether it’s a Medicare question or a family crisis, Kimochi’s social workers provide personalized, culturally sensitive service to seniors, their families and friends, including: Information and Referral, Translation Services, Hospital and Home Visitations, Medical Escorts, A subsidy with Government Benefits, A advocacy for the Elderly.
- In-Home Support Services link seniors with providers to assist with household chores and personal care.
- Senior Caregiver Support Groups offer families and friends a place to discuss and share concerns regarding care of seniors.

CONGREGATE NUTRITION

- Hot Japanese-style lunches are prepared and served in San Francisco’s Japantown.
- Meals are carefully planned and prepared by the senior center coordinator, nutrition consultant and kitchen staff.
- Group setting is a good place to meet and make friends.
- Educational presentations and information are provided to assist in maintaining health and well-being.

ADULT SOCIAL DAY CARE

- Supervised, structured set of daytime social, cultural and recreational activities for seniors is offered at Kimochi Home.
- Activities include daily exercise, hot lunch, weekly mini trips, monthly tea parties, singing and art classes, bingo, videos and unique intergenerational, after-school programs.
- Provides respite for caregiver family members. The program assures that loved ones are active and entertained in a safe environment. (License #380504138)

HOME DELIVERED MEALS

- Nutrition service provides homebound seniors with a nutritionally well-balanced meal.
- Kimochi delivers over 100 Japanese-style hot lunches to San Francisco residents.
- Each participant is assessed quarterly for any changes in higher physical and/or mental health needs, and appropriate referrals or information are provided by Kimochi.

RESIDENTIAL/RESPITE CARE

- Kimochi Home has space for 20 ambulatory seniors for either long-term or short-term stays.
- The Residential Program provides 24-hour supervised, non-medical care; three Japanese-style meals a day; recreation, exercise and a host of services; single or shared rooms are available.
- The Respite Program provides temporary senior care during periods of stress, caregiver burnout, or during family vacation, and as a transition point between hospital and home. (License #380504099)

CHURCH

- Congregate Nutrition
- Hot Japanese-style lunches are prepared and served in San Francisco’s Japantown.
- Meals are carefully planned and prepared by the senior center coordinator, nutrition consultant and kitchen staff.
- Group setting is a good place to meet and make friends.
- Educational presentations and information are provided to assist in maintaining health and well-being.

CLIENTS

- Senior Center clients enjoy various activities and services offered at the center.
- Social Services Program helps clients with various needs, including information and referral, translation services, and medical escort services.

COMMUNITY

- The community is served by Kimochi’s transportation services, adult social day care, and residential and respite care programs.
- Home delivered meals are also available to homebound seniors.

LICENSES

- Kimochi Home is licensed by the California Department of Health Care Services. (License #380504138)
- The Respite Program is also licensed. (License #380504099)