WINTER 2020

KIMOCHI
Continuing the Japanese Tradition of Care and Support for Seniors

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@kimochi.incorporated
#kimochi.incorporated
@KimochiKai
I want to say a special thank you to Kimochi’s donors and supporters. You have rallied in so many ways to ensure Kimochi’s programs and services continue during these challenging times, and we cannot express our gratitude enough. Over the past eight months we have experienced overwhelming support and received donations ranging from food, personal protective equipment, bibs, letters, and monetary donations. With these donations we are able to continue to provide essential services to Bay Area seniors and their families.

I also want to recognize the hard work of Kimochi staff who have stepped up to the challenges caused by the COVID-19 pandemic. Many of Kimochi’s programs and services rely on a team of volunteers to help provide support. However, since many of our volunteers are over the age of 60, Kimochi has asked these higher risk volunteers to shelter-in-place. With reduced help under strenuous circumstances, Kimochi staff rose to the occasion so that seniors can continue to receive services with minimal interruptions from the COVID-19 pandemic.

Additionally, staff of certain programs which have been temporarily suspended due to Shelter-In-Place orders now support other programs where manpower is needed. Particularly, Kimochi has shifted staffing resources towards the Nutrition Program, where pre-pandemic numbers of 375 meals served a day has increased to over 500 meals per day.

While public health orders eliminated visitations from families, friends, and volunteers, staff at Kimochi Home and Kimochi San Mateo continue to support residents seven days a week. Without the support of a team of volunteers, staff continue to make sure residents are well taken care of, in addition to providing a variety of recreational activities and organizing video visits for residents and family. We are glad that most recently, Kimochi Home and Kimochi San Mateo are allowed limited outdoor visitations.

This has not been an easy period. For this reason, I am very proud of our staff and grateful for our donors’ meaningful support. It is because of this unwavering dedication to Kimochi’s mission that the organization has endured for five decades—Kimochi’s 50th anniversary is right around the corner. On behalf of myself and the Kimochi Board of Directors, thank you all for your dedication, service, and support to seniors.

Steve Ishii
Executive Director

A Message from the Executive Director
事務局長からのメッセージ

気持会への寄付を下さった皆様、そして支援者の皆様に感謝の気持ちをこめて述べたいと思います。気持会のプログラムやサービスを、このような大変厳しい状況下においても継続することが出来たこと、皆様は様々な方面から私たちをご支援下さいました。言葉では表しきれない程の感謝の気持ちで一杯です。過去8か月に渡り、私たちは圧倒的なご支援、そして食品、個人用保護具、よだれかけ、手紙、金銭など様々な寄付を受け取りました。これらのご寄付により、ベイエリア在住の高齢者及びその家族に不可欠なサービスを提供し続けることが出来ます。

また、新型コロナウィルスのパンデミックによる様々な課題に立ち向かった気持会スタッフの方々にも感謝したいと思います。気持会のプログラムやサービスの多くは、ボランティアの方々に支えられています。しかしながら、私共のボランティアの多くは、60歳以上であり、感染リスクが高いため、シェルターインプレイス（不要不急の外出禁止）をお願いしました。シェルターインプレイスにより、ボランティアの支援が激減したため、気持会のスタッフは、パンデミックによる打撃を最少限に抑えながら、高齢者がサービスを受け続けることが出来るように、臨機応変の処置を取っています。

さらに、シェルターインプレイスの発令により、一時的に停止されていた特定のプログラムのスタッフは、マンパワーの必要な他のプログラムをサポートするようになりました。

特にパンデミック前に1日375食を提供していたニュートリションプログラムでは、現在1日500食以上に増えたため、人員をこちらのプログラムにシフトしました。

Public Health の命令により、家族、友人、ボランティアの訪問はなくなりましたが、気持ホームと気持サンマテオのスタッフは、週7日、引き続きホームの住民を支援しています。ボランティアの方々の支援が無くても、気持会スタッフは、ホームの住民の皆さんに十分なケアを提供されていることと、様々なレクリエーションや活動を行い、ビデオ通話で家族と会話が出来るような体制を取っています。昨今では、気持ホームで制限付きではありますが、屋外訪問を開始致しました。まもなく気持サンマテオでも気持ホームに続いて制限付きで屋外訪問を開始出来るようになるでしょう。

私たちにとって、コロナ禍は大変厳しい状況でした。このため、私は私共スタッフを非常に誇りに思っており、寄付を下さった皆様の有意義な支援に感謝しています。組織が数十年に渡って持ちこたえられたのは、揺るぎない気持会の奉仕の信念に基づいているからです。気持会の創立50周年は、もうすぐそこまで来ています。私と気持会も後援者を代表して、高齢者への献身、奉仕、ご支援に感謝致します。

スティーブ・イシイ
事務局長
Kimochi is the grateful recipient of a generous $60,000 gift from the K/T Foundation for our dedication to the health and well-being of Bay Area seniors. In addition to this gift, the K/T Foundation has offered an additional matching grant – for every dollar raised by individual donors (not corporate funds) between now and December 31, 2020, K/T Foundation will match your donation, dollar for dollar, up to $40,000. In essence, doubling your giving.

K/T Foundation representative, Dick Yamamoto, says, “The $40,000 Challenge Grant is our way of encouraging everyone to support our seniors who have been so disproportionately affected by COVID-19. Our seniors rely more heavily now on Kimochi’s food program and social services to help with daily living. K/T Foundation is deeply grateful for the organization’s work.”

The K/T Foundation was one of the first to support Kimochi San Mateo’s Capital Campaign which now extends Kimochi services to Peninsula seniors and their caregivers. Please give with an open heart and help us meet this generous Challenge Grant.

To submit a gift, you can log onto GoFundMe https://charity.gofundme.com/o/en/campaign/kimochikai or donate online at www.kimochi-inc.org.

For any questions, please contact Steve Ishii, Kimochi Executive Director, at sishii@kimochi-inc.org.
Kimochi Programs and Services During COVID-19 Pandemic

Although we have had to adjust the way we provide services during the pandemic, our dedication to enabling each generation to age with dignity, pride, support, independence and friendship remains steadfast. Kimochi programs and services are here to support you and your loved ones.

Staying home doesn’t have to mean being isolated! Kimochi has an array of programs and services to keep you and your loved ones healthy and connected. All activities are conducted online unless otherwise noted.

Please visit our website, or follow us on social media, for the most up to date schedule of activities.

Community Services (San Francisco)
Kimochi staff plan a variety of monthly activities, such as Tai Chi and Origami & Chat, for independent and active seniors to stay healthy - mind and body.

Intergenerational CARE Program (San Francisco)
The CARE Program is a new program that Kimochi and JCYC (Japanese Community Youth Council) are undertaking in partnership with the City of San Francisco. The aim of the program is to foster an exchange between generations by hosting inter-generational activities.

Family Caregiver Support Program (San Francisco and San Mateo)
The pandemic presents a new set of challenges for friends and family caring for an elderly loved one. You are not alone. Kimochi offers various support programs and educational seminars for caregivers to help you through these difficult times.

Community Dining Program (San Francisco)
A nutritious, well-balanced, Japanese-style hot lunch is provided 5 days a week, Monday through Friday (except major holidays), from 11:00am – 1:00pm. Onsite, sit-down dining at Kimochi Senior Center is currently closed. Lunch is available for take-away only.

Home-Delivered Meals (San Francisco and San Mateo)
Seniors who are unable to shop for or prepare their own meals may qualify for our Home Delivered Meals Program. A hot, nutritious Japanese-style lunch is delivered Monday through Friday, plus frozen meals for the weekend. For the health and safety of staff and clients, Kimochi has instituted a no-contact delivery method.

Case Management (San Francisco)
Kimochi’s Case Management Program helps seniors in San Francisco who are at risk for early institutionalization to coordinate all the services that they may need in order to live safely in their home. Social workers are available via telephone or email consultation.
Kimochi Home and Kimochi San Mateo; Residential Care Facilities for the Elderly

Kimochi has been providing high quality, culturally appropriate residential care to seniors for over 35 years. Our first location, Kimochi Home, opened its doors in the heart of San Francisco’s Japantown in 1983. After completing an extensive renovation, our second location, Kimochi San Mateo, opened in 2016 to extend our tradition of Japanese care for seniors to the Peninsula.

Kimochi’s residential care homes provide 24-hour supervised, non-medical care to 19 seniors in San Francisco and 14 seniors in San Mateo. Kimochi Staff are there around the clock to help residents with basic self-care tasks such as bathing, dressing, and taking medications. To sustain their physical and mental health, residents are provided with three nutritious Japanese style meals every day as well as social and recreational activities.

In response to the COVID-19 outbreak in March 2020, Kimochi implemented all additional precautions recommended by the California Community Care Licensing Division, the San Francisco Department of Public Health, and the San Mateo Health Department to protect the health and safety of our most vulnerable residents. Some of the precautions we have adopted include daily temperature and symptom checks, increased cleaning and sanitization procedures, and additional training for staff in infection prevention and control.

In this new pandemic era, we continue to stay abreast of the most current recommendations from oversight agencies, to update our policies and procedures as needed, and to keep residents and families informed of the frequent changes. At Kimochi, it is an honor and a privilege to care for our elders in the later years of their life. Kimochi is committed to doing all we can to protect the health and safety of our residents while preserving the warmth and “kimochi” of our care homes that our residents have come to know and love. For more information about our care homes in San Francisco and San Mateo, please visit our website, www.kimochi-inc.org, or contact Linda Ishii, RCFE Administrator, lishii@kimochi-inc.org.
新型コロナウィルスへの気持会プログラムの対処

コロナ禍において、気持会では提供しているサービスの調整や変更を余儀なくされていますが、私共の理念としている各世代が尊厳と誇りを持ち、支援を受け、自立し、友情を育みながら年を重ねることが出来るよう、献身的に尽くすという確固たる姿勢は変わりません。気持会のプログラムとサービスは、あなたとあなたの愛する人を支援するために在ります。

ステイホーム（自宅待機）をするということは、イコール孤立を意味するものでなくても良いのです。気持会では、あなたとあなたの大切な人が、健康を保ちながら繋がっていられる様々なプログラムとサービスを提供しています。現在行われている全ての活動は、提示がない限りオンラインで行っております。

最新の活動スケジュールに関しては、当社のWebサイトにアクセスするかソーシャルメディアにてご確認ください。

コミュニティサービス（サンフランシスコ）
気候会スタッフは、太極拳や折り紙と談話など、自立したアクティブな高齢者が心と体の健康を維持するためのさまざまな月次活動を計画しています。

世代間ケアプログラム（サンフランシスコ）
CAREプログラムは、Kimochi Inc.とJCYC（Japanese Community Youth Council）がサンフランシスコ市と提携していて行っている新しいプログラムです。このプログラムの目的は、世代間の活動を主催することにより、世代間の交流を促進することです。

家族介護者支援プログラム（サンフランシスコとサンマテオ）
パンデミックは、高齢者の世話をしている家族や友人に、新たな課題をもたらした。あなたは一人ではありません。気持会では、このような困難な時期を乗り切るために、介護者向けに様々な支援プログラムや教育セミナーを提供しています。

コミュニティダイニングプログラム（サンフランシスコ）
月曜日から金曜日（主要な祝日を除く）までの週5日、午前11時から午後1時まで、栄養価の高いバランスの取れた温かい和食ランチを提供しています。現在気持シアセンターでのオンサイトダイニング（着席式の会食）は休業中です。ランチはテイクアウトのみ可能です。

食事宅配（サンフランシスコとサンマテオ）
自分で食事を購入したり準備したりできない高齢者は、気持会の宅配食プログラムを受けることが出来る場合があります。月曜日から金曜日まで、栄養価の高い温かい日本食のランチと、週末に召し上がって頂く冷凍した食事をお届けします。スタッフとクライアントの健康と安全を守るために、気持会では非接触配送方式を導入しました。

ケース マネジメント（サンフランシスコ）
気持会のケースマネジメントプログラムは、ケアホーム等への早期収容のリスクがあるサンフランシスコ在住の高齢者が、自宅で安全に暮らすために必要な全てのサービスを受けられるようにコーディネートするお手伝いをしています。ソーシャルワーカーへのご相談は、電話または電子メールで受け付けています。
気持ホームと気持サンマテオ；高齢者介護施設

気持会は35年に渡り、高齢者に質の高い文化的背景を尊重した、適切な居住介護を提供してきました。私共の初のロケーションである気持ホームは、1983年にサンフランシスコ、ジャパンタウンの中心部にオープンしました。大規模な改装が完了した後、2016年に第二のロケーションである気持サンマテオがオープンし、日本の文化的背景を尊重したケアをサンマテオ地区でも提供出来るようになりました。

気持会の在宅介護施設では、サンフランシスコの19人の高齢者とサンマテオの14人の高齢者に、24時間体制の監視付き非医療ケアを提供しています。気持会スタッフが24時間体制で、居住者の入浴、着替え、薬の服用などの基本的なセルフケアをお手伝いしています。心身の健康を維持するために、居住者は1日3度、栄養価の高い和食の食事と、社交及びレクリエーション活動を行っています。

2020年3月の新型コロナウィルスのパンデミックに対応して、気持会はCalifornia Community Care Licensing Division、San Francisco Department of Public Health、及びSan Mateo Health Departmentが推奨する全ての追加予防措置を実施し、もっとも脆弱な人々の健康と安全を保護することに努めています。私たちが行っている予防策には、毎日の検温と体の症状のチェック、洗浄と消毒の強化、感染予防と管理に関するスタッフ向けの追加トレーニングなどがあります。

この新しいパンデミックの時代において、私たちは監督機関からの最新の推奨事項に遅れずについていき、必要に応じてポリシーと手順を更新し、居住者と家族に逐次変更を進捗しています。晩年を迎えた高齢者の皆さんをケア出来ることは光栄に思っています。気持会では、居住者が慣れ親し、愛するようになった気持会介護施設での暖かさと独自の文化的背景を尊重したケアを、居住者の健康と安全を守りながら提供するよう尽力しています。

サンフランシスコとサンマテオのホームの詳細については、当社のWebサイトwww.kimochi-inc.orgにアクセスするか、RCFE AdministratorのLinda Ishiiishii@kimochi-inc.orgにお問い合わせください。
Make a Lasting Gift for Future Seniors
To move toward greater future sustainability, we have developed the Kimochi Legacy Society, a planned giving program where an individual or family may incorporate Kimochi into their estate planning. As a member of our Legacy Society, Rhonda Hirata, former Kimochi board member, notes “I am a firm believer in Kimochi’s philosophy and wish for our community of elders to have the care and support of this organization for generations to come. I could not be more proud to leave a legacy to this amazing non-profit.” Won’t you consider being a part of Kimochi’s Legacy Society as well?

Planned Giving Has Impact
Your gift will help ensure Kimochi’s programs and services are accessible to seniors and their families as well as enable Kimochi to develop long term strategies into the future.

Benefits to You and Kimochi
Kimochi’s Planned Giving Legacy Society may be a valuable option for you to increase income, reduce taxes, including those on your estate, and provide for the future of your heirs.

Among the Ways to Give

Bequests
• Include Kimochi in your Will or Revocable Trust
• Designate Kimochi as a beneficiary of your Retirement Account, IRA, 401(k), 403(b) or Pension
• Name Kimochi as a beneficiary of your Life Insurance Policy

Charitable Remainder Trusts
• Create an irrevocable agreement to generate an income stream for you and your beneficiaries, with the remainder of the donated assets eventually supporting Kimochi.
• May include assets such as a Home, Land, Business Property, Stocks, and more.

Retained Life Estate
• Donate all or a portion of your Residence or Vacation Home, but retain use of the property while living in the property.
• At death of the final owner of the estate, proceeds from the sale of the property will go to Kimochi.

For more information, contact Executive Director Steve Ishii at (415) 931-2294.

詳細は電話（415-931-2294）にてスティーブ・イシイ事務局長までご連絡ください。
Ways of Giving to Kimochi, Inc.

Help ensure Kimochi’s ability to sustain the Japanese tradition of care and support for future generations. Your support will help to make sure Kimochi’s programs and services will be available and accessible to all seniors. Kimochi, Inc. is a 501(c)(3) nonprofit tax-exempt organization.

PLANNED GIVING
(Endowments, Wills, Trusts, Stocks, Property)

Through the Planned Giving program, you may be able to increase income, reduce taxes including estate taxes and provide for the future of your heirs.

VEHICLE DONATIONS
(Accepting operational and non-operational vehicles)

Donate your used car, truck, recreational vehicle, boat, jet ski or motorcycle. Kimochi will assist in all transaction paperwork (non-liability and title) and will make arrangements to pick-up your vehicle at your convenience.

IN-KIND GIFTS

Donate fresh fruits and vegetables, flowers, paper products, gift items, and healthcare equipment and supplies to one or more of Kimochi’s programs. Need for items vary, so please inquire.

EMPLOYER GIFT PROGRAMS

Designate your annual workplace campaign gift to Kimochi, Inc. or participate in your workplace’s gift match program.

UNITED WAY OF THE BAY AREA

United Way’s Donor Choice Program earmarks your United Way gift to an agency of your choice. Designate your gift to Kimochi, Inc. on the United Way Campaign donation form.

E-WASTE RECYCLING

Get rid of your old electronic waste (TVs, computers, appliances, fax machines, and more) and support Kimochi at the same time! eWaste4good offers free pickup of your working and non-working electronic items. This is an environmentally safe, easy and convenient way to recycle old electronics. Visit www.eWaste4good.com to see a list of acceptable items and to schedule a pickup. Make sure you designate Kimochi, Inc. as your organization of choice.

For additional information about giving to Kimochi, please contact the Administrative Office at (415) 931-2294 or email kimochikai@kimochi-inc.org.

Contributions to Kimochi, Inc. are tax deductible (Tax I.D. # 23-7117402). There are many ways you can give to Kimochi, Inc.

CORPORATE OPPORTUNITIES

We offer businesses tremendous public relations opportunities and high visibility at our special events.

• Become our corporate partner through financial support
• Underwrite one of our many special events
• Support employee gifts with matching corporate contributions
• Contribute in-kind gifts
• Provide speaking opportunities at company meetings

MAKE A PURCHASE ON AMAZON SMILE!

Amazon launched a new feature in 2013 that is similar to a cashback program: 0.5% of every purchase of eligible products can go towards funding Kimochi’s programs and services. Items available for purchase on amazon.com are also available on smile.amazon.com at the same price. Small acts can add up to big differences in benefit of the community. It is very easy to support Kimochi:

Go to smile.amazon.com; type in Kimochi, Inc. in the search box under “Or pick your own charitable organization.” Start shopping as you normally would on Amazon.

For additional information about giving to Kimochi, please contact Executive Director Steve Ishii at (415) 931-2294 or sishii@kimochi-inc.org.
寄付の仕方いろいろ

気持会が日本の伝統的なシニアケアを継続できるように、そして次世代にも継承できるよう、皆様のご支援をお願いしています。全てのシニアが気持ホームの各種プログラムとサービスを利用できるよう皆様のご協力が必要です。気持会は501(C)(3)の非課税を受けられる非営利団体です。気持会への寄付は免税となります。（Tax ID# 23-7117402）様々な方法で気持会に寄付することが可能です。

遺産の計画寄付
（寄贈、遺言、信託、株式、不動産）
計画寄付プログラムによって、ご自身の収入増加、不動産税を含む税金額の減少、相続人の安定した将来を可能にします。

乗用車
（運転可能かどうか問わず）
中古車、トラック、トレーラー、ボート、ジェットスキーやバイクを寄付してください。気持会が必要な書類手続きを代行し、ご都合の良い時に乗用車を取りに伺います。

現物寄付
新鮮な果物、野菜、花、紙製品、贈答品、ヘルスケア機器と消耗品を気持プログラムに寄付できます。必要な物かどうかお問い合わせください。

職場でのギフトプログラム
職場で年間キャンペーンギフトとして気持会のために寄付を集める、あるいは会社のギフトマッチプログラムに参加して寄付できます。

UNITED WAY OF THE BAY AREA
United Wayのドナーチョイスプログラムでは、United Wayへの寄付を指定したグループに割り当てることができます。United Wayのキャンペーン寄付申込書で気持会をご指定ください。

E-WASTE リサイクリング
使わなくなった電化製品はありませんか？（テレビ、コンピューター、アプライアンス、ファックス、など）要らなくなった電化製品を寄付することで気持会をサポートできます！

E-WASTE 4goodでは、無料であればたの要らなくなった（使用可の電化製品又は壊れている電化製品）をピックアップします。環境に安全で簡単に便利な古い電化製品のリサイクル方です。
ウェブサイトにwww.eWaste4good.comにアクセスしてリサイクル可能な商品のリストをご覧ください。その後ピックアップをご相談ください。

Kimochi, Inc.を寄付先として選ぶのをお忘れなく。
詳細は、アドミニストレーティブオフィスにお電話頂くか、Eメールにてお問合せ下さい。

企業での寄付機会
大変貴重なPRのチャンスになります。気持会のイベントで企業アピールができます。
・気持会の企業パートナーとして、ファンドレイジングイベント金額的に支援する。
・職員の寄付活動をサポートし、集まった金額と同額を企業も寄付する。
・現物での寄付
・企業ミーティングで講演会を提供

アマゾン・スマイルでショッピングを！
アマゾンは2013年、キャッシュバック・プログラムに似た新しいサービスを開始しました。これを、該当商品の売り上げ金額の0.5%が気持会のプログラムやサービスに寄付されるサービスです。Amazon.comで購入できる商品は、smile.amazon.comでも同じ価格で購入できます。小さな心遣いでも積もればコミュニティーに大きな影響を与えることができます。気持会を支援するのはとても簡単です。
まず、smile.amazon.comのウェブサイトを開き、「Or pick your own charitable organization」の下にある検索ボックスに「Kimochi, Inc.」と入力します。その後は、アマゾンで普段購入するように買い物をしてください。

気持会への寄付に関するお問い合わせは、
事務局長スティーブ・イシイ（415）931-2294、
sishii@kimochi-inc.orgまでご連絡ください。
Kimochi Home is currently accepting applicants for residential stays in their San Francisco facility.

From November 1 through January 31, new residents may qualify for reduced fees for the first 2 months of residency. For more information, please call Kimochi Home at (415) 922-9972.

気持ホームでは、現在サンフランシスコ気持ホームの新規入居者の申し込みを受け付けております。2020年11月1日から2021年1月31日まで新規に入居頂いた方に、入居開始から2か月間、割引料金での対象となる場合があります。詳細は、気持ホーム(415)922-9972迄ご連絡下さい。
Donations

Kimochi, Inc. thanks the following donors (monetary and in-kind) for their generous contributions between April 1, 2020 – October 16, 2020 to Kimochi, Inc. Names in bold identify those who have been honored in memory of and in honor of with a donation gift to Kimochi, Inc. This list includes general agency donations and donations designated to support a specific program. It does not include sponsors and contributions for fundraiser events. We apologize for any names we may have missed or misspelled.

Donations in Memory of

Hideko Ando
Chihoko Ando
Timothy Ando

Mark Berman
Fortune Attipoe
Richard Barker
Brian & Tita Bel
Marie Chiu
Alan & Harriet Elisiono
Theresa Franco
Byron Gill
Steve Ishii
K & S Co. Inc.
Julie Kadoi
Susan Karp
Seth & Mina Kervin
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Brian & Karen Perlman
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Jesse Stoner
Robert Stoner
Sakura Suzuki
Jessica Vapnek
John & Miki Yamasaki

Mariko Blackburn
Amy Teragawa

Mayme Chinn
Mae Gwen Chan

Mee How Chu
Tanako Hagiwara

Alfred Cricillo
Joseph Y. Kurata

Tapan Datta
Thien & Eng Ng

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Amy Teragawa

Kishiro Fujimitsu
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Tosho Mitsuda

Terrie Furuta
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Yasko Gamo
Bill & Yuriro Romer

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Thomas & Jeanne Hazard

Koaru Hidekawa
Betty Toguchi

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Steve Ishii

Kiyo Hirose
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Uta Hirota
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George Honma
Susanne Honma

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Will & Myrna Tsukamato

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Janet Ninomiya

Chiyoko Horiuchi
Makoto Horiuchi

Alan Hoshi
Haruye Betty Hoshi

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Ben Ishisaki
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Satoru & Setsuko Kagehiro
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Duane & Susan Kanaya

Keiji Kanegawa
Henry Kanegawa

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Keith & Cecilia Terasaki
Family Foundation

Kimochi Show N’S’Shine Car Show
Steven N. & Lisa Tsuruoka

Masako Kimoto
Ted T. & Sharon M. Yoshimura

Cal Kitazumi
Bob & Fumi Fukumitsu
Reiko Golobic
Judy Higa
Kevin & Jean Howard
Patricia Ishino
Patricia Kyono
Marcia Kyono
Somao Ochi
Gail Okazaki
Gene & Laura Soohoo
Gilbert Takahashi
Ned & Lois Taniguichi
Wayne & Lisa Webb

Bessie Wong Kodis
Cynthia Mow Jang

Yukino Kozaki
Scott & Sandy Nakamura

Nobuko Kumai
William & Louise Nakamura

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John & Geraldine Handa

Isaac Kwock
Susan Kwock

Mitsuko Lee
Yoshiko Lohuis

Kazuko Madsen
Mark Madsen and
Ineke Madsen

Alan Matsuda
Viviana Matsuda

George Matsumoto
Michiko Matsumoto

Fred Y. Matsumoto
Teri Matsumoto

Minoru & Miye Matsumoto
Yutaka & Yoshiko Matsumoto

Fred and Betty Matsuura
Wes Matsuura

Motoko Matsuyama
Gary Teragawa

Shizuko Miho
Scott & Sandy Nakamura

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Frances Krepchin
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Tosh Minamoto
Richard & Esther Ishisaki

John Miyoko
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John Mizono
Robert & Marisa Mizono

Eddie Moriguchi
Amy Teragawa
Steve & Etsie Nakajo
Toshio Mitsuda

George Morimoto
Frank & Susie Morimoto
Donations in Honor of

Yumi Berman
Masuko Gaines
Kazuko Kommer
Brian & Karen Perlman
Nancy Tani

Ronald Chun
Janice Wong

Hiromi Eijima
So Young Lee
Aimee Rodriguez
Nancy Tani

Rod Henmi
Betty Toguchi

Yoshimi Higuchi
Aimee Rodriguez

Kimochi Home
Shino Imao

Grace Honma
Susanne Honma

Mikiko Huang
Masato Kawahatsu

Grace S. Hulleza
Nanami Naito

Steve Ishii
Mary Ishisaki

Linda Ishii
Sara Ann Matsuzaki

Mary Ishisaki
David Ishida

Kimochi Social Services
Sango & Mariko Harumi

Kimochi Staff
David and Fumiko DiDomizio
Tim & Jamie Hamano
Steve Ishii
Lowell Kimura
Steve & Etsie Nakajo

Stella Kiyota
Jeanne Lowe

Hyunhee Lee
Alexander Chung
Hong Cha Kim

Donations in Memory of (continued)

Chisato Morohoshi
Judith Nomura
Maya Morohoshi

Helen Morozumi
Jeff & Mabel Bialik

Tats Nagase
John & Geraldine Handa
Mary Hiromoto

Michikazu & Mitsuko Nakai
David Nakai

Hiroshi Nakai
Donald & Sandra Takakura
Emiko Y. Tom
John & Geraldine Handa
Curtis Nakano
Janet Kashiwada

Henry S. Nakao
Russell Kishida

Tom Nara
Kazuo “Joe” & Rosalyn Nanya
Steve & Etsie Nakajo
Warren Doo

Sumi L. Niizawa
Shogo & Noreen Yamamoto

Takara & Kaoru Noda
Tom & Marilyn Swartz

Anna Nomura
Harry T. Nomura

Wallace Nunotani
Lawrence & Karen Nunotani Kern

May Ochi
Somao Ochi

Gordon K. Oishi
Marcella Yano

Kunio Okui
Patti Okui

Tomi Oshiro
Marilyn Oshiro
Ong and Kimura, Inc

James Howard Pye, Jr.
Anonymous

Dora Sato
Dennis & Susie Sato

Yuki Seiki
Emiko Tokunaga & St. Jeors Families
Brent Nakamura & Family
Lindsay Hiromoto
Sachi Hiromoto
Kevin, Gail, Brittney, & Courtney Hori
Tom & Gaylene Hoshiyama
Satoru & Carolyn Hosoda
Glenna Kuriso
Benh Nakajo
Sally Nakamura
Jeanne & Sus Narita
Kenji & Greta Reyda
Chabo & Sandy Seiki
Jonathan Seiki
Sim & Tsuyako Seiki
Vernon Takasuka
Virginia Tokunaga
Tricia Wong

Hiroko Shida
Dennis & Susie Sato

Thomas Shinagawa
Robin Shinagawa

Judith Staples
Mark Castaneda

Misako Sumida
John & Geraldine Handa

Marshall Sumida
John & Geraldine Handa

Akiko Sutton
John & Geraldine Handa

Michiko Taguchi
Kikue Kiyasu

Mareo Takahashi
Hiroshi & Reiko Takahashi

Amy Takaki
Helen M. Matoi

Jack Tanabe
Sumi Tanabe

Those affected by COVID-19
Kenneth & Yoshiko Ho

Joe Tondo
John & Geraldine Handa

Larry Tooyooka
Setsuko Tooyooka

Kiku Tsuchitani
Chiyoko Tsuchitani

Ryuji & Kiku Tsuchitani
Chiyoko Tsuchitani

Mitsuo Tsumori
Himeo Tsumori

Tokiko Ushijima
Steve & Etsie Nakajo

Hatsy Yasukochi
Phil and Eunice Ashizawa
Terrence L. Chan
Warren Doo
Pat Fong
John & Geraldine Handa
Masahiko & Kazuye Ikuma
Mary Ishisaki
May L. Jang
Andrew & Ginger Jew
Kikue Kiyasu
Steve & Etsie Nakajo
Kazuo “Joe” & Rosalyn Nanya
John & Diane Noguchi
Stacey Y. & Michael A. Nolan
Janet T. Oyama
Randy & Linda Shigio

John Yasumoto
Ruth Yamamoto

Mitzi Yorichi
Juli Kodani

Mitzi Yorich
Juli Kodani, D. Yorichi,
J. Yorichi

Nora Yoshimura
Lillian Wong
Donations
Kimochi, Inc. thanks the following donors (monetary and in-kind) for their generous contributions between April 1, 2020 – October 16, 2020 to Kimochi, Inc. This list includes general agency donations and donations designated to support a specific program. It does not include sponsors and contributions for fundraiser events. We apologize for any names we may have missed or misspelled.

Cecilia Ajemian
Keiko Akashi
Mitsuru Akashi
Robert & Judith Albietz
Miki Armstrong
Haruyo Balistreri
Chisato Sasaki Berger
Christina K. Bjornan
Sueko Budig
John L. Burton
Michelle Chan
Patricia Chan
Vonnie Chan
Michael Jay Chang
Paul & Cynthia Chin
Franklin Ching
Ana Chong
Lana Choy
Winnie Chu
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Cisco Systems, Inc.
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Jun Furuno
Brian Pokorny & Francesca Go Chantal Guillon
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Miwako Horisawa
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Chidori Hoy
Helena Setsuko Huoh
Stephanie Ichikawa
Naomi Ichikawa
Ida’s Rest Home
Kazue K. Ihara
Alice S. Iiyama
Roy H. Ikeda
John Morey & Donna Ikeda
Ariel Imamoto
Cathy N. Inamasu
Steve Ishii
Valerie Ishii
Edson Fong & Pauline Ishisaki
Patti Iwasa
JCCNC
Terence Jew
Patricia Shiono and Matthew Kamiya
Joyce Kaneshiro
Harvey & Gay Kaplan
Janet Kashiwada
Yoshiko Kashiwagi
Teruko Kauhi
Kenneth Kawabata
Tom T. Kawakami
Yoneo & Yoriko Kawakita
Elsie Kawamoto
Kyoko Keenon
Kibatsu

Donations in Honor of (continued)
Donations (continued)

Jerrold Haruo Takahashi & Terri Ann Kim
Kristine Kimura
Kimpton Buchanan Hotel
Pauline Kitagawa
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Greg Chew & Ellen Kiyomizu
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Miyuki Masada
Joan & Hitoshi Matsukuma
Karen Matsukuma
Jim Matsumoto
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Dianne Fukami & Gerry Nakano
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Yaeko Naritomi
Nippon-Ya
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Russell Obana
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Prima Offril
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Chihiro Otake
Duke Otoshi
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John & Keiko Quan
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Noriko Sato
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Hiroshi & Susie Shimizu
Yone Shintaku
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Kazue Smith
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Andrew Stranahan
Alan Sugaya
Larry Sugimoto
Sakura Suzuki
Hank & Naomi Szeto
Karl Takabayashi
Ricky & Candace Takahashi
Toshiko Takahashi
Rosalind Takeda
Brian Takemoto
Rodney M. Takemoto
Sam & Celeste Tamura
Mark Tanaka
Amy Tanouye
Kenzo & Yaeko Tashiro
Michiko Tashiro
Kensuke Tashiro
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Kelsey Teramoto
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Mike & Liana Uno
Gary & Camella Joo Uyeda
Ken & Darlene Uyeda
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Nicholas & Grace Wada
Shinako N. & Yorinobu Wada
Jane Watanabe
Lesley & Gloria Wilmer
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Weyland Wong
Fletcher Wong
Yasunari & Michiko Yamada
Ron Yamada
Wayne & Anna Yamaguchi
Michael J. Yamaguchi
May Yamamoto
Wendi Yamanaka
Larry & Vickie Yamaoka
Michiko Yamato
Tomiko Yamauchi
Lance Yanagihara
Thomas & Annabelle Yasuda
Joan Yee
Kazuko Yoshida
June Yoshida
Robert & Susan Yoshioka
Regan & Carol Young
Michi Yukawa
Etsuko Yumoto
Gary Chou & Jane Yura
Volunteers are a much needed and relied upon resource within Kimochi’s programs & services and fundraisers. It is with the assistance of volunteers that Kimochi is successful in providing a continuum of care for seniors. From as little as one hour per month to a few hours a day, your volunteer support makes a huge difference.

**Nutrition Services**  
(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 2:00PM.)

**Food Preparation:** Assist in preparation of meals.

**Weekday Lunch Program:** On-site assistance in serving meals, bussing and resetting of dining room.

**Home Delivered Meals:** Delivery of meals to home-bound seniors.

**Kimochi Home San Francisco and Kimochi San Mateo**  
(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 5:00PM.) Kimochi Home San Francisco needs to be Monday-Friday; weekends for Kimochi San Mateo.

**Escorting:** Escort and assist seniors with daily walks, outings or appointments.

**Receptionists:** Answer phones, greet and assist visitors.

**Activities:** Assist seniors in group activities from bingo, exercise, arts & crafts, calligraphy, etc.

**Projects:** Case by case basis from handyman (fix and repair) jobs, to gardening (planting, weeding, pruning), to office assistance (clerical, etc).

**Social Services**  
(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 5:00PM.)

**Friendly Visitors:** Visit and provide companionship to seniors who are isolated at home or nursing home on a regular basis.

**Kimochi Lounge**  
(Volunteers are needed Tuesday-Saturday year round, between the hours of 11:00AM to 3:00PM. Two hour shift. Bilingual Japanese helpful.)


**Fundraisers**  
(Schedule based on date of event, year round opportunities.)

There are a variety of fundraisers that all can assist in helping us raise funds to support our programs and services to seniors and their families.

**Contact us for more info on how to get started!**  
Email: kimochikai@kimochi-inc.org or call: (415) 931-2294.
Kimochi thanks all our supporters during COVID-19!
Kimochi Volunteers Make A Big Difference
気持ボランティア

Why do you volunteer at Kimochi?

"It’s good to be doing something positive for society in my free time. It’s become part of my weekly routine and everyone at Kimochi is very kind and appreciative! As a Japanese American, it’s nice to be helping this community as well, and that makes it convenient for me too!"

気持会でボランティアをするのはなぜですか？

「時間のあるときに、社会のために何か前向きなことをすることは良い事だと思います。今では気持会でのボランティア活動は、私の一週間を過ごす上で、生活の一部となりました。そして、気持会の皆さんは、とてもボランティア達に親切にしてくれ、感謝してくれます。日系アメリカ人として、このコミュニティを支援する事が出来、大変嬉しく思っています。」

Why do you volunteer at Kimochi?

"I first volunteered at the Kimochi lunch program in the Summer of 2006 for my volunteer service requirement at St. Ignatius. I came back to Kimochi in 2019 after playing in the Kimochi golf tournament. I see that by volunteering, something good will always come out of it. It isn’t necessarily something good for you, but it can be something good for someone else, someone you’ve helped, and any good deed like this will eventually benefit you as a person, in life, or in spirit."

気持会でボランティアをするのはなぜですか？

「2006年の夏、まだ私が高校生の頃、St. Ignatius の必須科目でボランティアサービスを行うため、気持会ランチプログラムでボランティア活動を始めたのがきっかけでした。その後2019年に気持会ゴルフトーナメントに参加した後、気持会のボランティア活動を再開しました。ボランティア活動は、何か良い事を生み出す場だと思います。それは必ずしもあなたにとって良い事ではないかもしれません。しかし、他の誰かやあなたが助けた誰かにとって良い事である可能性があり、このような善行は、最終的には人としてそして人生において、また精神的にも恩恵をもたらすと思うのです。」

Kimochi Loves Our Volunteers!

The continuing support of our program volunteers is vital to Kimochi’s efforts to provide care for our seniors. We are grateful for their dedication. Listed are Kimochi program volunteers from April 1, 2020 – October 16, 2020. We apologize for any names we may have missed or misspelled.

Isabel Arnold
Rachel Arnott
Shohei Burns
Justin Butac
Maria Cabangis
Michael Chen
Yasuyuki Ejima
Katie Furukawa
Stephanie Gee
Kimiko Goeller
Jeremy Gordon
Jana Hopkins
Akiyo Horiguchi
Nicole Inaba
Tai Iwamasa
Nicole LeBlanc
Jack Linehan
Blythe Nishi
Darcy Nishi
Yuki Nishimura
John Okahata
Susannah Raub
Nami Saito
Matthew Seiki
Lillian Sheely
Pat Da Silva-Fong
Anna Sommer
Natalie Soohoo
Zack Subin
Kenji Taguma
Anish Thakkar
Matthew Tominaga
Mitchell Tong
San Vu
Kathleen Yarnold
Sandra Zhao
Allen Zhou

Akiyo Horiguchi
Matthew Tominaga

Matthew Tominaga
Mitchell Tong
San Vu
Kathleen Yarnold
Sandra Zhao
Allen Zhou

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Kimochi Annual Raffle

Kimochi would like to thank our supporters and congratulate all of the Raffle winners.

Thank you for your support of Kimochi and for participating in our Raffle which helped us raise the funds needed to support our Programs and Services.

The winners are...

Grand Prize Winner – Ami Wada
Two round trip tickets to Hawaii

Second Prize Winner – Ken Sato
Two round trip tickets to anywhere in the Continental US

Third Prize Winner – Daniela Guerrero
Two round trip tickets to Los Angeles with tickets to Disneyland

Congratulations to our winners!
Silver Bells is one of Kimochi’s longest-running, most popular fundraising events – a big community-gathering place and a holiday shopper’s dream. This year, the annual event was held virtually over twelve days starting Sunday, November 1st through Thursday, November 12th.

On the site, shoppers found handcrafted items from 50+ plus artisans. Items included ceramics, jewelry, scarves, bags, tee shirts, greeting cards to cookies and brittle, wine and sake. Through the generosity of participating artisans, a portion of the proceeds will benefit Kimochi programs and services.

We would like to thank all our participating vendors and all our shoppers who supported our seniors through this especially difficult year.

シルバーベルは、気持会が開催しているイベントの中で、最も長く続いていて、ご好評いただいているファンドレージングイベントです。コミュニティの大きな集まりであり、又ホリデーショッパーの夢のような場です。今年は、この恒例イベントを、11月1日日曜日から11月12日木曜日までの12日間に渡りオンラインにて開催されました。

こちらのサイトでは、オンラインショッパーは、50店舗以上の職人達が腕によりをかけた品々を購入する事が出来、陶器、宝飾品、スカーフ、バック、Tシャツ、グリーティングカードなどから、クッキー、プリトル、日本酒やワインなどを含む食品等多岐にわたり販売されました。イベントに参加した職人、ベンダーの寛大な好意により、収益金の一部は、気持会のプログラムとサービスへ寄付されました。

コロナ禍のパンデミックにより困難な年で、私たちの支援を必要とする高齢者のサポートをしてくださった全ての参加ベンダーと買い物客の皆様に感謝の意を表します。
Kimochi, Inc. Staff Directory

KIMOCHI ADMINISTRATION
1715 Buchanan Street, San Francisco, CA 94115
tel (415) 931-2294  fax (415) 931-2299

Steve Ishii, Executive Director
Diane Noguchi, Assistant to Executive Director
Shawne O’Connell, Director of Programs
Rod Valdepenas, Controller
Dorothy Gin, Payroll Manager
Akiko Donohoe, Administrative Assistant
Aki Akiyama, Receptionist
Riyo Kunisawa, Receptionist

C.A.R.E. (Children, Adults, Respecting Elderly)
1715 Buchanan Street, San Francisco, CA 94115
tel (415) 931-2294  fax (415) 931-2299

Grant Eshima, C.A.R.E. Program Specialist

COMMUNITY SERVICE
1715 Buchanan Street, San Francisco, CA 94115
tel (415) 931-2294 fax (415) 931-2299

Grace Hulleza, Program Specialist

SOCIAL SERVICES
1715 Buchanan Street, San Francisco, CA 94115
tel (415) 931-2275  fax (415) 931-2299

Yumi Berman, Social Services Coordinator
Yoshimi Higuchi, Case Manager
Hyunhee Lee, Case Manager
Hiromi Ejima, Nihonmachi Terrace Case Worker
Cindy Yee, Nihonmachi Terrace Case Worker

KIMOCHI SENIOR CENTER
1840 Sutter Street # 101, San Francisco, CA 94115
tel (415) 931-2287  fax (415) 931-2299

Kai Fukumitsu, Senior Center Coordinator
Ogee Fairy Erana, Senior Center Assistant
Natalia Covacha, Nutritionist
Greg Haraguchi, Head Cook
Yoshiki Inagawa, Assistant Cook
Walter Schulze, Home Delivery Driver
Dave Sugaya, Home Delivery Driver
Gustavo Cardoza, Dishwasher
Xiao Fan Mo, Dishwasher
Ryan Kobayashi, Transportation Coordinator
Carlos Osorio, Paratransit Driver
Craig Ikuma, Paratransit Driver

KIMOCHI HOME
1531 Sutter Street, San Francisco, CA 94109
tel (415) 922-9972  fax (415) 922-6821

Linda Ishii, Administrator
Debbie Hsieh, Adult Social Day Care Coordinator
Sandy Ishii, Adult Social Day Care Assistant
Misaki Sugai, Assistant Coordinator
Aileen Rivera, Resident Assistant
Boormaa Bayarmagnai, Resident Assistant
Hiromi Cardoza, Resident Assistant
Mercedes Hernandez, Resident Assistant
Michiko Turks, Resident Assistant
Sara Matsuzaki, Resident Assistant
Shine Nisan, Resident Assistant
Tsodeol Altantuya, Resident Assistant
Yumie Ono, Resident Assistant
Guadalupe Gutierrez, Janitor

KIMOCHI SAN MATEO
453 N. San Mateo Drive, San Mateo, CA 94401
tel (650) 388-7130  fax (650) 340-0256

Linda Ishii, Administrator
Terue Shinohara, Support and Wellness Manager
Bhawana Shah, Care Manager
Masashi Harada, Head Cook
Tomoko Ogawa, Assistant Cook
Justin Baptista, Kitchen Assistant
Alicia Fontanilla, Resident Assistant
Anacorita Smith, Resident Assistant
Clara Vibar, Resident Assistant
Elizabeth Nakata, Resident Assistant
Erlinda Dequina, Resident Assistant
Leslie Halaapiapi, Resident Assistant
Madhu Chhetri, Resident Assistant
Myrna Bagus, Resident Assistant
Myrna Torio, Resident Assistant
Seforsa Tavuki, Resident Assistant

KIMOCHI LOUNGE
1531 Sutter Street, San Francisco, CA 94109
tel (415) 922-9972  fax (415) 922-6821

Not staffed at this time. Please call Kimochi Administration.
Since 1971, Kimochi, Inc. has developed and promoted an intergenerational philosophy of care for Bay Area seniors and families. Our current continuum of care includes the following programs and services:

Please call Kimochi sites as some programs and services may have been altered due to COVID-19.

Kimochi, Inc.
1715 Buchanan, San Francisco, CA 94115 • Administration: (415) 931-2294 • Social Services: (415) 931-2275 • Fax: (415) 931-2299

Administration
The Administrative building is owned and operated by the agency and houses the administrative staff and the volunteer program.

Social Services Program
Our staff is multilingual in English, Japanese, and Korean and provides language translation, information and referral, counseling, family caregiver support, case management and homecare registry assistance.

The program annually assists 600 seniors and families providing 5,000 hours of services.

Club Nikkei
This membership based program is designed to outreach and provide healthy, independent seniors with a range of social activities and excursions to enjoy. Staff provides members with an activity calendar and transportation options.

Home Safety Service
Staff schedules and conducts home safety assessments for San Francisco homeowners to help them identify potential and existing safety issues that could compromise their ability to live safely and comfortably at home.

Kimochi San Mateo
453 N. San Mateo Drive, San Mateo, CA 94401 Tel:(650) 346-7130 Fax: (650) 340-0256

Residential Care (License #415600974)
Kimochi San Mateo is licensed by the State of California to provide 24 hour supervised non-medical care to ambulatory and non-ambulatory seniors. We have the capacity to house 14 seniors in either single or shared rooms. Each room has a private bathroom. Please call for more information on how to apply for a stay with us.

Home Delivered Meals Program
Japanese and Asian style hot lunches are prepared and delivered Monday through Friday for seniors living at home. Meals are for those who are homebound and unable to prepare meals on their own. This is a donation based program and deliveries are scheduled based on need and geographic proximity to the Kimochi San Mateo site.

Family Caregiver Support Program
Family members and friends are often providing caregiving support to their spouses, parents and to seniors in the community. This program offers information, outreach and supportive services to strengthen a caregiver’s capacity to help keep seniors at home. We schedule presentations, home visits, support groups, and provide information and referrals to help address the unique needs of each family who contacts us.

Please visit our website at www.kimochi-inc.org for more information about our various programs and services. If you would like to be on our mailing list, please contact Kimochi at (415) 931-2294 or kimochikai@kimochi-inc.org.
Kimochi Senior Center
1840 Sutter Street, #101, San Francisco, CA 94115 • Tel: (415) 931-2287 • Fax: (415) 931-2299
(Japanese Cultural and Community Center of Northern California – JCCCNC)

Weekday Lunch Program
A nutritious well-balanced Japanese style hot lunch is provided five days a week. Any senior 60 years of age or older is welcome. A five week menu is produced by staff, and our nutritionist ensures each meal is healthy, nutritionally well-balanced and adequately proportioned for seniors. An average of 300 meals is served daily. During the pandemic, over 500 meals are currently served daily.

The program annually serves 1,200 seniors 75,000 lunches.

Home Delivery Program
Seniors who are physically unable to travel to the senior center due to a disability or illness, can receive our Japanese style hot lunches at home. Each recipient is required to complete an eligibility assessment on a quarterly basis.

The program annually serves 130 homebound and frail seniors 29,000 lunches.

Senior Center
In addition to enjoying lunch at the nutrition program, seniors are encouraged to participate in activities at The Center. Staff and volunteers plan and offer a variety of activities on a monthly basis. We have morning exercise classes, a ceramics class, group singing classes, odori, bingo, arts and crafts, day trips, and overnight trips.

The program annually serves 300 seniors and offers 700 hours of exciting activities.

Transportation
Safe and reliable door-to-door transportation services are provided to help seniors maintain a connection with their community and friends. Transportation can also be requested for medical trips and grocery shopping.

The program annually assists 150 seniors with 10,000 rides.

Kimochi Home
1531 Sutter Street, San Francisco, CA 94109 • Tel: (415) 922-9972 • Fax: (415) 922-6821

Adult Day Program (License # 380504138)
This program is licensed by the State of California to provide seniors in need of supervision and support with a schedule of social and recreational activities in a safe and secure setting.

The program annually assists 40 seniors who receive 21,000 hours of services and activities.

Residential and Short Term Respite Care (License # 380504099)
This program is licensed by the State of California to provide 24 hour non-medical care to ambulatory seniors. We have the capacity to house 19 seniors in either single or shared rooms.

This site is annually visited by 5,000 seniors, families, and visitors from throughout California and other countries.
Updates to receiving our Newsletter

For those of you who would like to receive our next newsletter electronically, please email us at kimochikai@kimochi-inc.org and we will be happy to accommodate your request.

Those of you who would like to continue receiving a printed newsletter, no action required. We will continue sending you the newsletter through the mail.

Online Presence

“Friend” or “Follow” us to get the latest information on our events, programs and online classes through Facebook, Instagram and Twitter.

Visit us online at www.kimochi-inc.org

Stay connected with Kimochi, Inc.

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