Ideas for Implementing ONIGIRI ACTION Events

- Be creative and plan your own event! -

Case #1 (age range: elementary to high school)

ONIGIRI ACTION Activity integrated into existing lesson on Japanese food

- Approximate Time: 45-50 minutes (extended for younger students)
- Brief intro to Japanese food culture and customs. Points of interest include: long versus short grain rice; the history of the rice ball as a food of convenience (like sandwiches); global issues of food security, food waste, and hunger.
- Students make, take and post photos of onigiri.
- Tip! Japanese rice sticks to plastic gloves. Pieces of regular plastic wrap, pre-cut and prepared on the students’ desks work better.

Case #2 (age range: kids to adults)

Creative Onigiri Mini Cooking Class

- 90-minute cooking class
- Sell tickets to interested participants in advance for $20 (including donation) per person.
- Participants make creative onigiri art using seaweed, furikake, vegetables, etc.
- Creative onigiri are ideal for encouraging people to pose and post photos. You can make character onigiri (Totoro, Hello Kitty, etc.), animal-shaped onigiri (panda, penguin, etc.), or anything you like!

Case #3 (age range: high school, could be adapted to other levels)

Onigiri Fundraising

- Since the students were not allowed to make onigiri at schools, volunteer parents made onigiri and students took photos with the onigiri and ate during the class.
- The teacher collected donation from the students and donated to TABLE FOR TWO to further provide school meals to children in need.
- Also its Japan club members raised funds by selling onigiri to the students and teachers.

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TABLE FOR TWO OFFICIAL SITE https://usa.tablefor2.org/onigiri-action