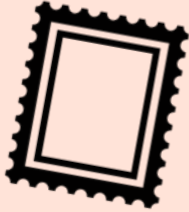




# ANNUAL REPORT 2021





# **TOWARDS A WORLD OF HEALTHIER EATING**

Healthy School Meals &  
Food Education for All Children

# A Letter from the President

**Dear TABLE FOR TWO USA  
Partners and Supporters,**

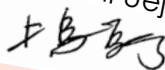
We appreciate your continued support for TABLE FOR TWO USA in 2021. Thanks to your generous support, we brought many smiles to children around the world by providing nutritious school meals and food education opportunities.

In 2021 we provided our food education program "Wa-Shokuiku - Learn. Cook. Eat Japanese!" with in-person, hybrid, online live and online on-demand to students of all ages including from preschool to high school and university levels. With these flexible class models, we reached a wide audience to a total of 3,000 students through 171 virtual/in-person Wa-Shokuiku classes and on-demand programs.

As a new initiative, we started to advocate the importance of food

education. Our team presented our Wa-Shokuiku program's experience and impacts at The Food and Nutrition Conference and Exposition, the world's largest meeting of food and nutrition experts. We also created a film to introduce Japanese school lunches and food education as one of the best practices.

Lastly, the 7th Annual #OnigiriAction campaign was a huge success! We provided almost 1.4 million school meals, thanks to your participation and our generous partner organizations. There were 273,876 total photo posts 1,397,795 school meals were delivered to children in need. I look forward to continuing fun and impactful collaborations with you all. Arigato!

Sincerely,  
Mayumi Uejima-Carr  




## TABLE FOR TWO USA ANNUAL REPORT 2021

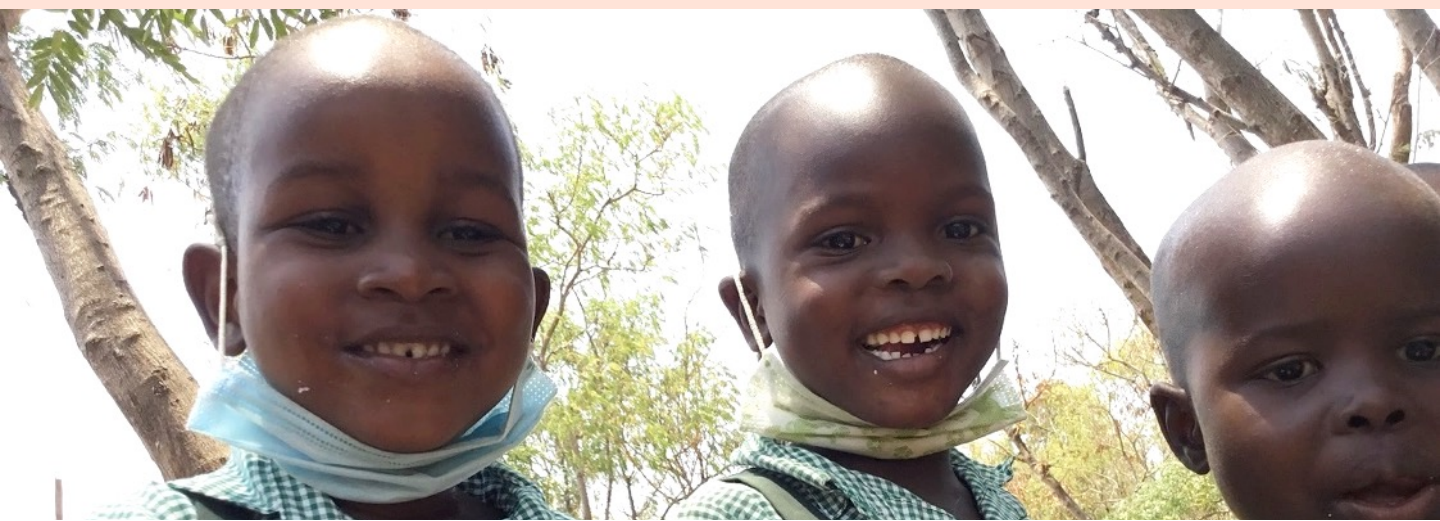
### CONTENTS

Our Mission .....	3
2020 At A Glance .....	7
Our Programs .....	11
1) Meal Sharing Program .....	14
2) ONIGIRI ACTION .....	17
3) Wa-Shokuiku .....	21

4) #EdamameChamp .....	29
Our Story .....	33
SDGs and Sustainability .....	35
Financial .....	37
Our Supporters .....	39
About Us .....	41



# OUR MISSION



**Aiming To End Global Hunger**

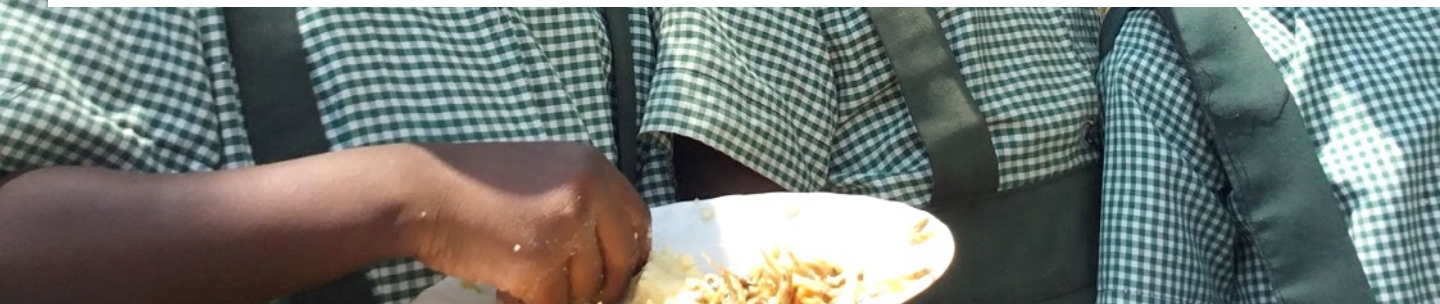
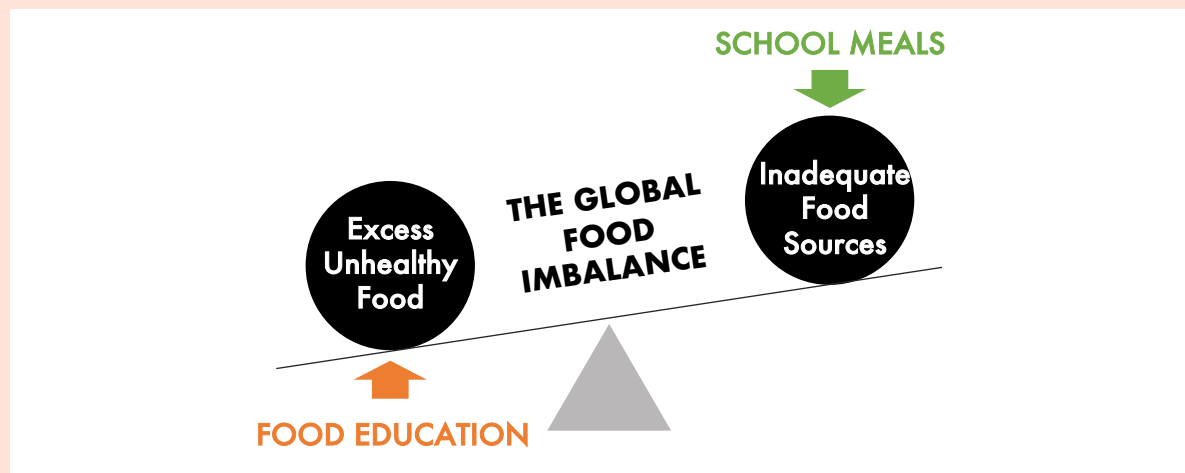




TABLE FOR TWO USA seeks to tackle both sides of **GLOBAL FOOD IMBALANCE** by providing **SCHOOL MEALS** and **FOOD EDUCATION** to those in need.



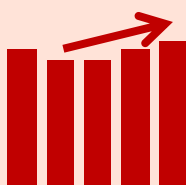
**& Help Reduce Health Issues**

**related to unhealthy eating**

# Hunger



While about **821 million** go hungry,



**Increasing**

Globally more than 821 million people faced hunger in 2018; an increase over 3 consecutive years since 2015.



**42**  
**million**

In 2020, 42 million people struggled with hunger in the United States.

**1 in 6**  
**Children**

1 in 6 children may not know where their next meal is coming from.



# Obesity



**2 billion** suffer from **obesity**  
and other health issues related to **unhealthy eating**



Adult population with a BMI of 25 or higher increased from 0.47 billion in 1975 to 1.95 billion in 2016.



**1 in 5**  
**Children**

The prevalence of obesity was 20% in children aged 6-19 in 2017- 2018

**42%**  
**Adults**

The prevalence of obesity was 42.4% in adults over 20 years old in 2017- 2018

# 2021 AT A GLANCE





# Achievements in 2021

Wa-Shokuiku

**2,967**  
people

participated in our  
Wa-Shokuiku  
program.

ONIGIRI ACTION

About  
**273K**  
photos

were posted during  
the campaign  
(International\*).

School. Meals

**1.4M**  
school meals

were delivered to  
children in need  
(International\*).

Wa-Shokuiku

**171**  
classes/events

were provided all  
over the US.

ONIGIRI ACTION

Photos from  
**41**  
States

were posted for the  
Onigiri Action.

Sustainable  
School Gardens

**874K**  
School meals

were delivered to children  
through the sustainable  
school garden project.

Wa-Shokuiku

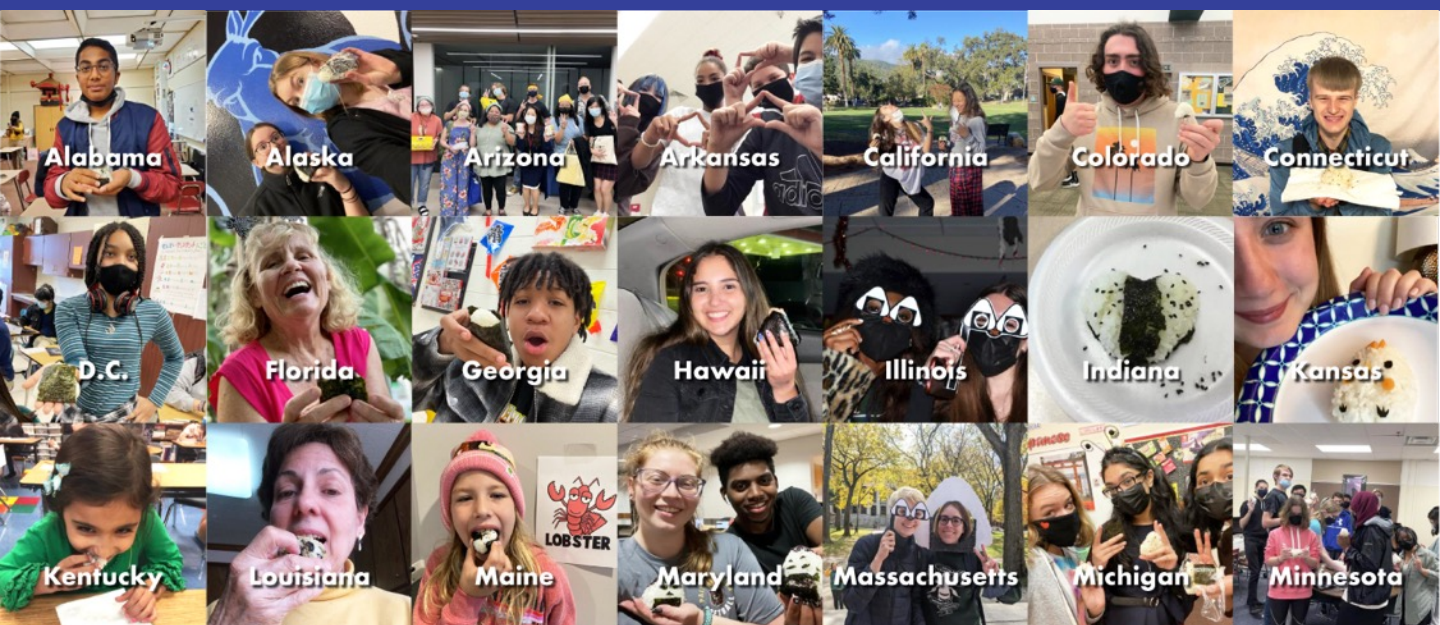
**Continued  
and  
Increased  
Online  
Classes**

Wa-Shokuiku on-  
demand for university  
students was launched.



\* The number of meals is total of number of meals provided through TFT International and TFT USA

# Onigiri Action throughout the US



**UNITE THE STATES WITH ONIGIRI!**



For 2021 Onigiri Action, we launched a new campaign called "Unite the States with Onigiri," in which we asked people to submit photos of their state onigiri. As a result, this year's campaign received onigiri photos from 41 states!



# New Normal

## Increased Needs for Initiatives to Promote Healthy Eating and Prevent Obesity in Childhood.



### The Impact of Obesity

People with obesity and associated diseases tend to become sicker and are more likely to die when COVID-19 strikes.



### The Importance of Healthy Eating

The importance of good nutrition is even more critical because a well-balanced diet of nutritious foods helps support a strong immune system.

## Our Actions

to provide opportunities to **re-connect** while promoting **healthy eating** and preventing **obesity**

1

Flexible  
class model

(Online, in-person, hybrid)



We accommodated our class implementation method.

2

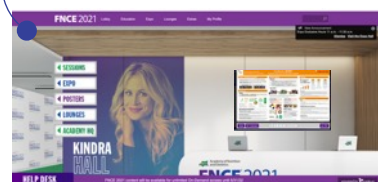
Nationwide  
school  
participation



Nationwide grades from Elementary to University participated.

3

Food  
education  
advocacy



We presented online the "Wa-Shokuiku impact" at Food and Nutrition Conference Expo.

# OUR PROGRAMS



# Programs & Campaigns

## School Meals

Year Around

### 1. Meal-Sharing Program



TFT partners with corporations, schools, restaurants and consumer product companies by designating a healthy "TFT Meal." For every "TFT Meal" sold, \$0.25 is donated to provide one healthy school meal in local schools in the U.S. and East Africa.

Autumn Campaign

### 2. ONIGIRI ACTION



TFT fans and supporters submit photos of their Onigiri related photos to the campaign website or their own social media with #OnigiriAction every fall. Sponsor companies donate 5 school meals per photo submitted.

## Food Education

Year Around

### 3. Wa-Shokuiku

Learn. Cook. Eat Japanese!



Wa-Shokuiku – Learn. Cook. Eat Japanese! – is a unique food education program targeting American students. Children will learn about Japanese food and food ways through in-person / online activities to strengthen their bodies and minds.

Spring Campaign

### 4. #EdamameChamp



#EdamameChamp is our newly launched campaign to promote healthy eating through Japanese cuisine with soy foods and to raise funds for teaching healthy eating to more children.





# 1: Meal Sharing Program

Internationally we partnered with corporations and organization to provide healthier options in cafeterias, restaurants, and vending machines. Twenty-five cents from the proceeds are donated to provide school meals in areas of need.

## Highlighted Partnerships



### Genji Sushi Bar in Whole Foods Markets across the U.S.

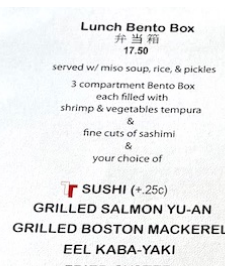
Genji Sushi Bar, which organizes sushi bars in over 160 Whole Foods Market locations across the US, created a custom "TFT Roll" with brown rice, quinoa, avocado, and cucumber and "TFT Happy Bento".



### National Food Band:

Calbee North America provided healthy snacks to events and schools. For every bag, Calbee donated 25 cents, enough to feed 80,000 children.

**Vending Machine Program:** Companies, organizations, and schools work with their vending machine contractors to provide healthier snack options. A portion of the proceeds from the healthy TFT Vending Machine is donated to supporting our programs.



**Bento:** Our partner Harmonious Kitchen and BentOn Café introduced healthy Bento.

**Restaurants:** When you dine at partner restaurants, and order a TFT menu item, 25 cents is donated.



## 2: ONIGIRI ACTION

Onigiri Action is our fall annual social good campaign. Since its launch in 2015, the Onigiri Action campaign has fed millions of children in need around the world.

# How ONIGIRI ACTION Works

Every time someone takes a photo of a Japanese rice ball and posts with #OnigiriAction during the campaign,

## Five School Meals are Donated to Children in Need

by Our Sponsoring Organizations.



Enjoy Onigiri!  
And take photos!



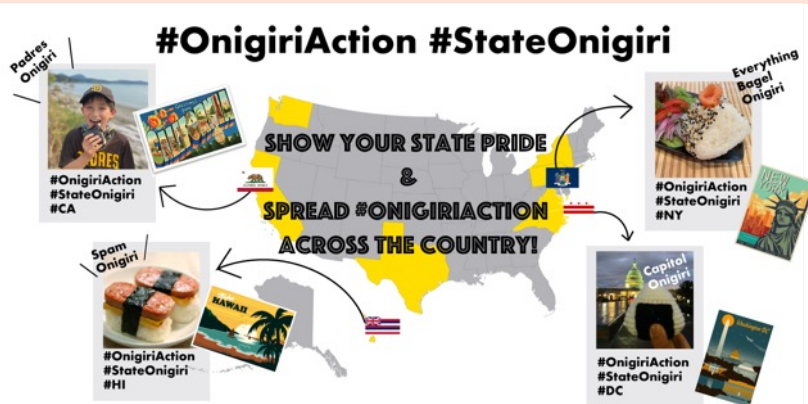
Post your photos on our website  
or on your SNS with  
#OnigiriAction

THANK YOU!



School meals are  
delivered to children in need  
through TABLE FOR TWO

## New Feature in 2021



## Unite the States with Onigiri!

This year we wanted to spread Onigiri Action across the country with posts from every state to increase participation and have fun with creative onigiri to bring even more school meals to children in need. We encouraged participants to post "State Onigiri" photos with #OnigiriAction + #StateOnigiri!



# ONIGIRI ACTION 2021 Worldwide Campaign Results



## Onigiri Action 2021 Campaign Results



Total Posts

**273,876** photos



To children in need around the world



School Meals  
to be delivered

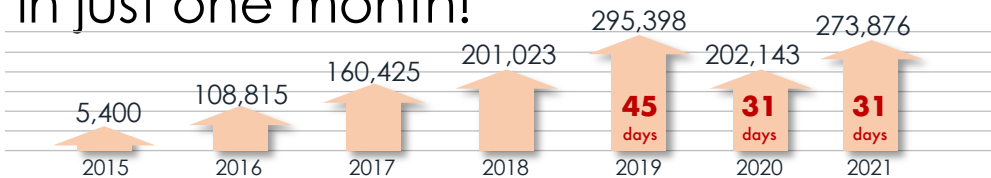
**1,397,795** meals



## Key Points

## Point

273,876 photos posted worldwide  
in just one month!



\*Number of ONIGIRI photos posted during the campaign

## Point

## Participants from all over the US



## More than

# 100 schools

from elementary schools  
to universities in the US

## Point

## Sponsoring organizations from various fields

## USA Partners



## JAPAN Partners





# Highlighted Partnerships



## SCHOOLS

We worked with schools around the United States from elementary to college level to hold Onigiri Action events, where students could make a difference while learning about Japanese food culture.



Palmer Alaska High school

Wonderland Elementary School  
Etoile Academy



Fern Creek High School



Arizona State University



Bishop John T. Walker  
School for Boys



Harvard Reischauer Institute

MIT





# Highlighted Partnerships

## JAPAN-RELATED ORGANIZATIONS

We worked with Japan-related organizations to hold Onigiri Action events and asked them to share our annual social good campaign.

US Japan Council

Japan Foundation LA S  
Onigiri Association



## CORPORATIONS

Companies generously supported our events financially, and with product donations. Companies sent volunteers to join us in our efforts to make a difference.





## Health Issues



**27% → 4%**

(% of students who have physical development problem)

## Dropout Rates



**34% → 1%**



*Children who eat properly in the school meals program increase concentration, enabling us to have longer classes. Students' grades have improved by about 20% compared to the ones before the school meals started. I feel happy when they do their best when studying.*

- Vincent (Teacher, Rwanda)







### 3: Wa-Shokuiku

Wa-Shokuiku - Learn. Cook. Eat Japanese! is a unique Food Education Program in which American students learn about healthy eating through Japanese food, known as one of the world's healthiest diet.



# Unique Wa-Shokuiku Program



## Learn

Students learn about each topic



## Cook

make a few recipes to prepare a bento box



## Eat

and enjoy eating!



## Our Goal

Our goal is that students will be equipped with practical knowledge and skills regarding

# Healthy Eating Habits

to

# Strengthen their Bodies and Minds

to prevent issues related to unhealthy eating.

**Wa-Shokuiku** combines two Japanese words

和食

**WA SHOKU**  
= Japanese food

## Why Food Education?

**1 in 5** Children

We promote healthy eating by providing **“Wa-Shokuiku” Japanese-inspired food education**, targeting students in the US, where about **1 in 5 children are considered obese**.

**40**

-80  
Hrs

recommended

**7 hrs**

## Lacking Nutrition Education

Students only receive an average of 7 hours or less per year. This is well below the recommend 40-80 hours to promote behavior change.

Students learn Japanese cooking, nutrition, and manners.

## Japanese Recipes

- Rice (Onigiri rice balls)
- Seafood & Seaweed (Tuna roll)
- Vegetables (Vegetable CHA-HAN)
- Soy Products (INARI-Sushi)
- B-class Cuisine (Ramen, Okonomiyaki)
- Japanese School Lunch (Nikujaga)
- Sweets (Dorayaki, Anmitsu)



“Japanese food” & “food education.”

+

**SHOKU IKU**  
= food education

食育

## Why Japanese-Inspired Food Education?

### Balanced Diet & Longevity

Japanese food, which has been registered as a UNESCO Intangible Cultural Heritage, is known as one of the healthiest diets in the world and is of great interest to people.

### Shokuiku Experience

Japan is the only country in the world to implement the "Basic Law of Shokuiku" and have food education as a mandatory curriculum to cultivate a healthy mind and body.

### Rich Food Culture

In Japan, food education has multiple goals, not only to eliminate obesity, but focusing on gratitude for food, inheritance of a rich food culture, and addressing food-related problems in the world.

We promote respect towards food, hygiene, food-related issues, and much more.

## Japanese Food Culture & Concepts

- **5 colors** (balanced meal)
- **Harahachibu** (eat to 80% full)
- **Itadakimasu** (appreciation for food)
- **Mottainai** (importance of not wasting)



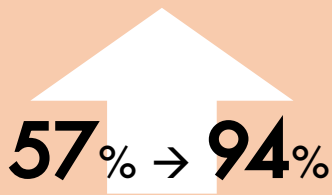


# Impact of Food Education Program

# of Wa-Shokuiku class/event provided in 2021

**171** classes/events  
**2,967** students

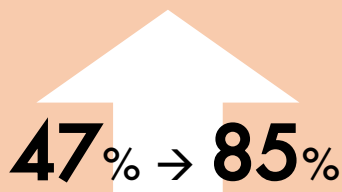
Our post class surveys show



**57% → 94%**

## Identify a Balanced Meal

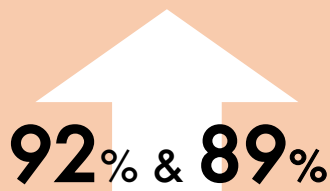
The percentage of students who could correctly identify a balanced meal nearly doubled from 57% to 94%.



**47% → 85%**

## Confidence in Cooking

The number of students who reported confidence in their Japanese cooking ability nearly doubled up to 85%.



**92% & 89%**

## Understanding Itadakimasu & Mottainai

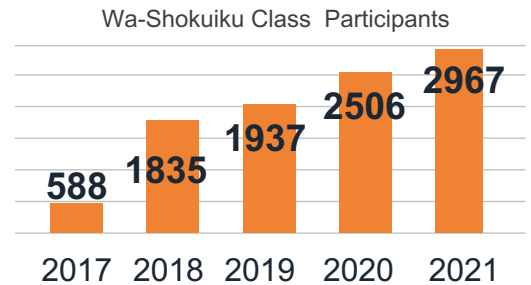
92% of the students understand the meaning behind the concepts of appreciation towards food "itadakimasu" "gochisosamadeshita."  
89% of the students understood the mottainai concept.

# Key Points



1

The program has been reaching about 10,000 students since its launch!



2

Super Flexible Model  
(in-person, hybrid, online live, online on-demand)



3

Classes through partnerships



Life Skills

**Japanese Cooking for Fun and Health- Learn Cook Eat Japanese! (4 Week Course)**  
Multi-Day Course

Through this 4 week course, students will learn the principles of Japanese cuisine and food culture, and how to prepare delicious healthy foods to strengthen bodies and minds! (Making Sushi roll to Japanese sweets)

Wa-Shokuiku -Learn, Cook, Eat Japanese!

★★★★★ 175 total reviews for this teacher

★★★★★ 5 reviews for this class

Completed by 17 learners

See Class Schedule

Save

Share



Photo: (Left) Outschool (Right) Ouchigohan with Japan Societies

# New Features in 2021

## Food Education Advocacy

### Food & Nutrition Conference & Expo: Poster Session

Presented at the world's largest meeting of food and nutrition experts organized by Academy of Nutrition and Dietetics.

### School lunch film

Created a film which outlines the structure and organization of the Japanese school lunch program in collaboration with University of Saskatchewan in Canada and Yamagata University.



## New Lessons

### Spring Chirashi sushi

Introducing Japanese food culture related to spring and benefits of eating food in season.



### Tea Matcha cake

Introducing tea culture and its health benefits.

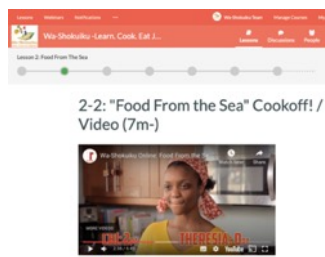
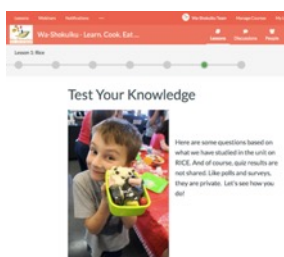




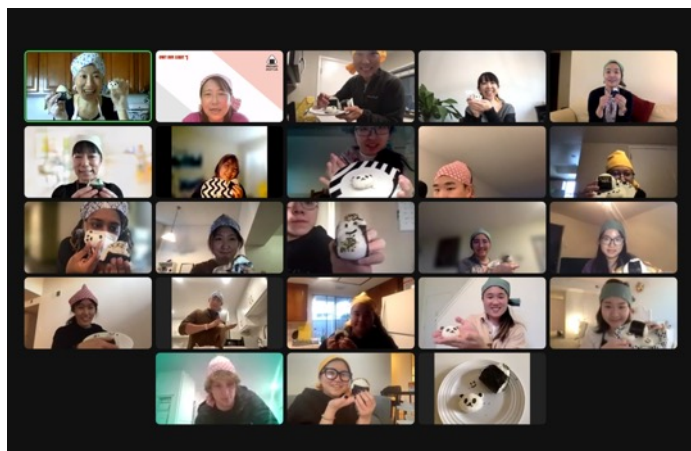
## Online On-Demand Program for University students

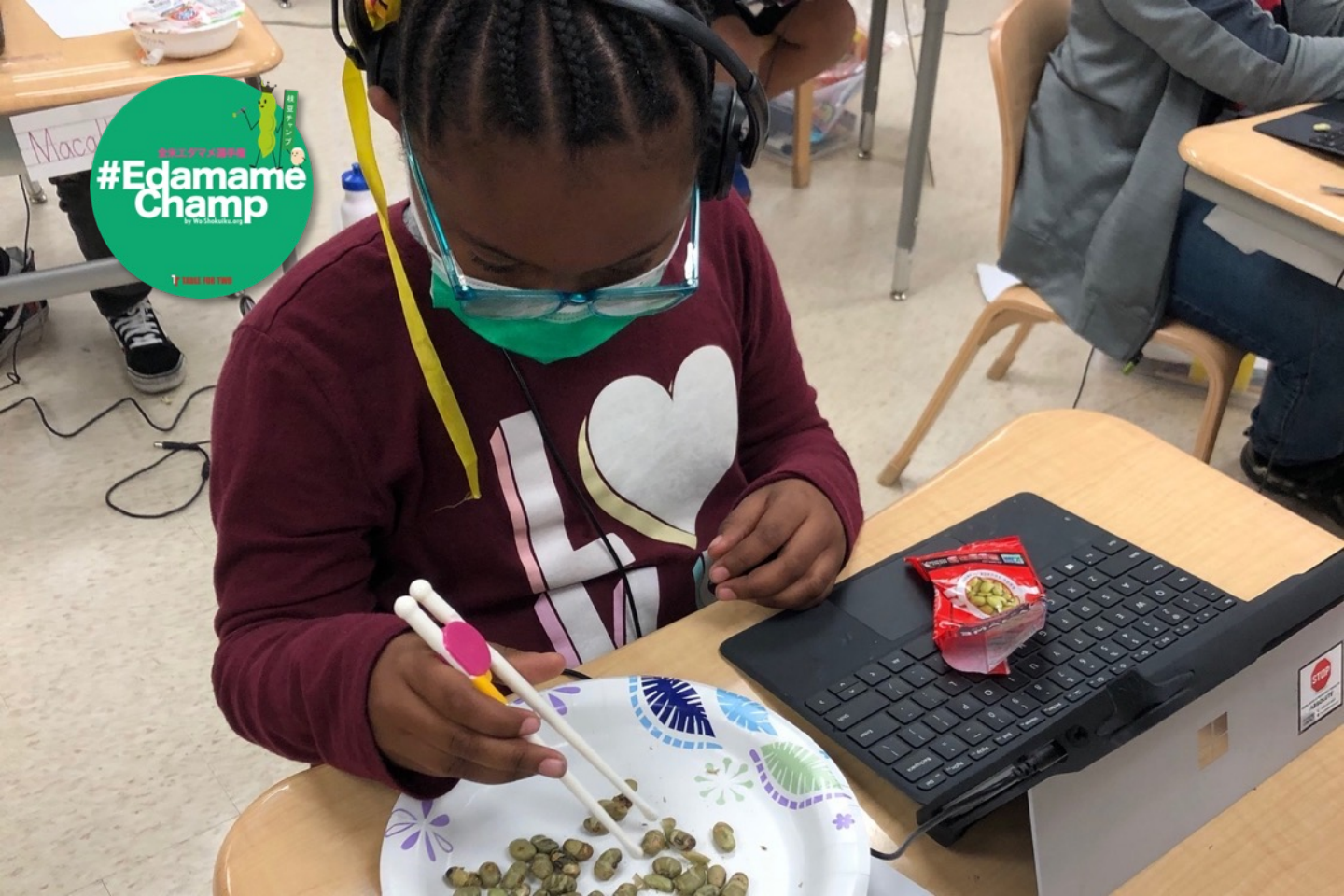


We started a pilot program by partnering with Japanese language programs at several colleges. The on-demand program consists of four 10-unit lessons (Rice, B-kyu gurume, Soy and Bento). Students learn at their own pace. Each lesson contains fun educational videos, which were well received and engaging.



Along with the on-demand program, online live workshops were provided.





## 4: #EdamameChamp



#EdamameChamp is a campaign to promote healthy eating through Japanese cuisine with soy foods and to raise funds for providing food education opportunities to children.

# How #EdamameChamp Works

## TWO WAYS TO PARTICIPATE

1

### Join Virtual Events

to challenge your chopsticks skills using edamame and learn all about soy and cooking!



1 PARTICIPANT

2

### Join Soy Photo Challenge

Participants find “soy” related food and post on Instagram or Facebook with the hashtag #EdamameChamp.



1 PHOTO POST

Donations from our partner organizations provide:

## FOOD EDUCATION FOR 1 CHILD

CAUSE

Your **event participation** or **SNS photo post** can help to bring **food education classes to children!**



\*Based on the number of participants and number of photos posted, our partner organizations donate to bring food education opportunities to children we serve.





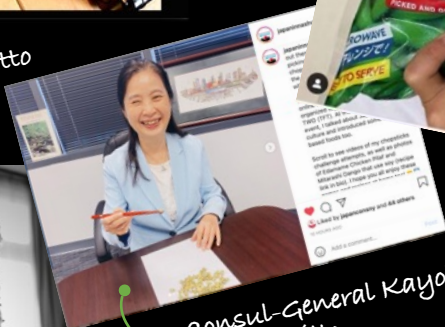
UCLA

@EasyPeasyJordan



Kid Champion 2021!

Mr. Onuma,  
Green Pearl Natto



Consul-General Kayoko Fukushima  
in Nashville

Kick off with  
Sylvia Wakana



Final Championship



We partnered up with numerous organizations and held 35 #EdamameChamp events in a month and half from Apr 1<sup>st</sup> to Jun 15<sup>th</sup> 2021.

**Our Partners:** JICC, Embassy of Japan, The Consulate-General of Japan in Nashville, US Army Family association, DC Public Schools, ITOCHU International, UCLA, MIT, Japan-America Society of Washington DC/Georgia/Boston/Minnesota, The Japan Foundation LA, US JETAA, National Japan Bowl, Novi Library, Belle Isle Conservancy, etc.

Have fun with **challenges**,  
 learn about soy and  
 support our mission of  
 teaching **healthy eating** to more children  
 for a **healthier world!**



**1 participant or  
 1 photo posted = Food education  
 for 1 child**

Our partner organizations donate  
 based on the number of  
 #EdamameChamp event participants and  
 #EdamameChamp photos posted.



# OUR STORY







 Katie W. on Feb 3



Solomon had a wonderful time taking the class, He really enjoyed learning about the traditional Japanese foods and nutrition before the cooking lesson and loved cooking for the family and sharing what he made!

## “Bento” class attendee’s parent

“It was a great experience for my daughter. She got so enthusiastic about it that she made some more the day after with her sister! I am hoping this will encourage them to eat healthy and be able to pack their own lunch box in the future! Thank you Wa-Shokuiku team :-)”

## 5<sup>th</sup> grade teacher

“Thanks so much for another wonderful workshop. I just had a parent reach out to say that she had a really great time! Of course my students kept saying how much they enjoyed it!! Although one student shared that she had a wonderful time but confessed her cooking skills were lacking. You brought so much joy to my students today and for that I appreciate you!! ... I hope we can do this again next year!”



 Wendy M. on Jun 25, 2021



Wonderful class. My daughter is really happy with the results.

## Afterschool attendee’s Parent

“I just wanted to say thank you for the wonderful opportunity to have our daughter learn Japanese cooking with you. She was so excited each week to bring home her meals and creations, and share them with the family. Even her willingness to try new foods has gone up since she began. The bento box she brought home on her final day was also such a lovely gift and very generous of you. Thanks again!”

# Towards a Sustainable World



Garden  
with solar-powered  
irrigation pumps

Solar Panel

solar-powered  
pumps

Drinking  
Water

At the schools we support in Malawi, Zambia and Tanzania, innovative sustainable school gardens with irrigation pumps powered by solar energy have been built. Schools along with community members can grow vegetables and maize and sell the crops to purchase enough maize for school meals. Plus, children and community members can learn about agriculture practices, food, nutrition education and environmental conservation.







# SUSTAINABLE DEVELOPMENT GOALS

17 GOALS TO TRANSFORM OUR WORLD



School meals provide a chance to acquire knowledge to get out of poverty



We try to end hunger by providing school meals to children in need



We teach how to eat healthy and provide balanced school meals



Providing school lunches increases the school attendance rate



Donating to schools in need reduces inequality



Refuse-derived fuel is used to prepare school meals to protect the forest



Internationally, we partner with about 1,000 organizations

We are achieving  
**7** of  
**17** goals  
of  
**SDGs**  
through our  
activities

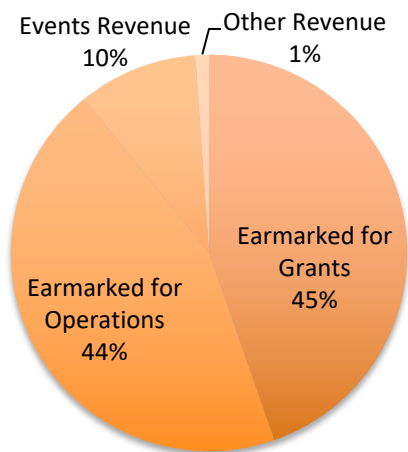


# FINANCIALS



# Financial Information

## INCOME



Earmarked for Grants  
\$160,000

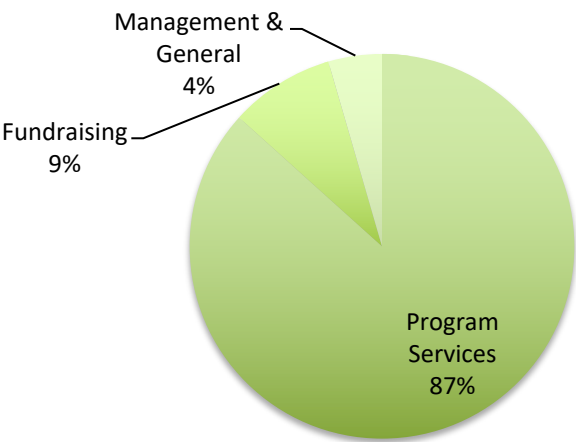
Earmarked for Operations  
\$159,353

Events Revenue  
\$34,859

Other Revenue  
\$3,973

**Total \$358,185**

## EXPENSES



Program Services  
\$280,415

Fundraising  
\$28,574

Management & General  
\$14,571

**Total \$323,560**

\*This is preliminary data and final data will be published after the financial review is completed.

# OUR PARTNERS



# THANK YOU SO MUCH FOR YOUR SUPPORT

Companies generously supported our events financially, as well as by donating products, ingredients and volunteers to help make our events successful in our efforts to make a difference.



# Sponsoring Organizations



## Implementing Partner Organizations



Embassy of Japan, Japan Foundation Los Angeles, The Ministry of Agriculture, Forestry and Fisheries of JAPAN (MAFF), The Japan External Trade Organization (JETRO) Los Angeles, JPP, Japan-America Society of Washington DC/Houston/Boston/Georgia, National Geographic, NYC Department of Education, DC Public Schools, Sanrio-Tanaka Farms, Children's Museum of Manhattan, Japanese Friendship Garden, Japanese Exchange and Teaching Program, HAA, JAA, Consulate General of Japan in New York, Mitsui, U.S.-Japan Council, NY JA Lions Club, and NY de Volunteer, University of Texas at San Antonio, Baroody Camps, Baltimore Sister Cities, Harvard Reischauer Institute, Japan America Society of Colorado, US JETAA, National Japan Bowl, JOI, Novi Library, Belle Isle Conservancy

## Supporters

Misaki Harada, Hakubai, Taco Grill, Walt Whitman High School, Paros Verdes Peninsula High School, Thomas Jefferson High School for Science and Technology, Globalize DC, Nancy Castro

# ABOUT US

TABLE FOR TWO was initiated by and is an official affiliate of the World Economic Forum's Young Global Leaders. As a non-profit organization which started in Japan and has expanded globally, TABLE FOR TWO USA has started the unique programs, Onigiri Action and Wa-Shokuiku -Learn. Cook. Eat Japanese!- featuring Japanese food culture to tackle the critical health issues.



# Timeline

**2021**

## **ONIGIRI ACTION STATE ONIGIRI CAMPAIGN STARTED**

TABLE FOR TWO USA encouraged all the states to participate and a total of 41 states joined Onigiri Action.

**2020**

## **#EDAMAMECHAMP LAUNCHED**

TABLE FOR TWO launches the #EdamameChamp campaign, an annual social good campaign to help more children learn to eat healthy.

**2019**

## **RECEIVED TWO PRESTIGIOUS AWARDS**

FROM THE JAPANESE GOVERNMENT

The ONIGIRI ACTION campaign received the Deputy-Chief's Award at the third Japan SDGs awards ceremony held at the Prime Minister's Office. TFT also received the 71st "Health and Culture Award". Honoring the award, TFT was invited to an audience with their Majesties Emperor and Empress.

**2017**

## **WA-SHOKUIKU PROGRAM LAUNCHED**

In schools across the United States, we launched our Wa-Shokuiku – Learn. Cook. Eat Japanese! program to bring Japanese-inspired nutrition and cooking education to American students.

**2015**

## **ONIGIRI ACTION LAUNCHED**

TABLE FOR TWO launches the worldwide "Onigiri Action" campaign, an annual social good campaign to feed children in need by taking a photo.

**2013**

## **SCHOOL MEALS PROVIDED IN USA**

TABLE FOR TWO USA began partnering with local schools to provide healthy school options to American students.

**2010**

## **TABLE FOR TWO USA STARTED**

TABLE FOR TWO USA was launched in New York. A launch event was held at Columbia University featuring Professor Jeffrey Sachs.

**2008**

## **MEAL SHARING PROGRAM LAUNCHED**

The first TABLE FOR TWO Meal Sharing program was launched in Japan.

**2007**

## **TABLE FOR TWO STARTED**

A group of young global leaders met at "Forum of Young Global Leaders" established by the World Economic Forum to begin developing the concept for TABLE FOR TWO.



# Our Team

## Executive advisor

### **Professor Jeffery Sacks**

Director of the Earth Institute;  
Quetelet Professor of Sustainable  
Development at Columbia  
University; Special Advisor to UN

### **Ambassador Motoatsu Sakurai**

Former President of Japan Society New  
York; Former President of Mitsubishi  
International Corporation; Former  
Ambassador and Consul General of  
Japan in New York

## Board of Directors

### **Satoru Murase**

Partner, Mayer Brown LLP

### **Masahisa Kogure**

Executive Director, TF International

### **Atsushi Kuromatsu**

President, Mitery Associates

### **Hideharu Kojima**

Managing Director, KPMG

### **Fumitsugu Tosu**

Programme Officer, UN World Food Programme

### **Daniel Goldstein**

Business Development, Yamamotoyama

## TABLE FOR TWO International: Founders

### **James Kondo**

President, Asia Pacific Initiative Foundation;  
Chairman, International House of Japan; Co-  
Chair of World Economic Forum

### **Motohisa Furukawa**

Member of the House of Representatives

### **Nobuo Domae**

Former Group Executive Vice President  
at Fast Retailing Co., Ltd.

### **Keiichiro Asao**

Former Member of the House of  
Representatives

### **Syokei Suda**

President of Enigmo Inc.

### **Kohey Takashima**

President of Oisix ra daichi Inc.

### **Kumi Fujisawa**

Co-Founder of SophiaBank

### **Chikara Funabashi**

Chairman of WiLL Seed Co. Lt

### **Kota Matsuda**

Founder of Tully's Japan

# Our Team

## Core Members

**Mayumi Uejima-Carr**  
**Debra Samuels**  
**Nazumi Takeda**  
**Sanae Uchinaka**  
**Miwako Felix**  
**Amy Fuentes**  
**Torie Silverstone**

President of TABLE FOR TWO USA  
Curriculum Development  
Program Officer  
Communications Planner  
Partner Development & Program Coordination  
Communications  
Communications

## Advisors

**Merry White**  
**Masa Kogure**  
**Katsura Omori**  
**Koji Otani**  
**Chef Andy Matsuda**  
**Chef Nobu Yamazaki**

Academic Consultant  
Executive Director, TABLE FOR TWO International  
Professor at Yamagata University in Japan  
Teacher at Thomas Jefferson High School  
Sushi Chef Institute Owner  
Sushi Taro Chef

## Instructors & Class Assistants

**Yumiko Tarr, Yumi Komatsudaira, Hiroko Deegan, Chisato Kinoshita, Seiko Nishida, Noriko Imura, Kana Koide, Setsu Matsuda, Kayoko Sakon**





# THANK YOU SO MUCH FOR YOUR SUPPORT

TABLE FOR TWO USA 2021 ANNUAL REPORT

<https://usa.tablefor2.org/>