

THE BOWER



BREAKFAST

PLEASE ORDER AT THE COUNTER

Fruit platter granola, fruits & organic orange blossom yoghurt (v)	16	Haloumi Bruschetta home made pesto, sliced tomato, grilled haloumi, poached eggs & sourdough	18
Okonomiyaki savoury Japanese pancake, cabbage, potatoes & Japanese mayo (d/f) - add smoked salmon 7 - add bacon 4	12.5	Snow Pea Salad avocado, a poached egg & rye sourdough (d/f)	17
Takumi Breakfast Burger double bacon, cheese, double fried egg, avocado, crispy lettuce, kimchi mayo & sweet potato fries	19.5	Avocado on Sourdough roasted tomato, beetroot puree, nuts & handcut sourdough (v, d/f) - add an egg 3	17
Poached Free Range Eggs & Sourdough - add avo 6 - add bacon 4 - add avo & bacon 9	13.5	Coconut Bircher berry compote, toasted almonds & organic yoghurt (v)	16.5
		Banana Bread or Walnut, Date & Fruit Bread organic yoghurt & fresh fruit	9.5

WHY NOT ADD...

bacon (4)	mushrooms (5)	grilled haloumi (7)	extra egg (3)
sweet potato fries (7)	avocado (6)	roasted tomato (4)	smoked salmon (7)

TOASTS & SAVOURY MUFFINS

AVAILABLE
ALL DAY

Yakuza Club Sandwich 16.5

w/ shredded chicken, bacon, Lettuce, tomato, cheese, kimchi mayo & fries

Gluten Free Bread 8.5 / **Local Sourdough** 7 with Jam or Vegemite or Honey

A selection of Muffins See display at Counter

BREAKFAST COCKTAILS & BUBBLES

Spotted Sparkling Hunter Valley, NSW	glass 9	bottle 40	Seaside Spritz	14
Campari & Orange		12	Bloody Mary	14

We are proud to source our produce from local suppliers • notify staff of any allergies

COFFEE GUIDE

PLEASE ORDER AT THE COUNTER



ALL REGULAR COFFEES

4

EXTRA SHOT

0.5



LONG BLACK

2 shots of Single Origin Coffee
Brewed over hot water



SHORT BLACK

1 shot of Single Origin Coffee
0 parts of anything else



FLAT WHITE

1 shot of Espresso
steamed milk



CAPPUCCINO

1 shot of Espresso
1/3 hot milk
1/3 steamed milk froth
topped with chocolate powder



LATTE

1 shot of Espresso
2/3 steamed milk
topped with milk froth



PICCOLO

1 shot of Espresso
steamed milk froth



MOCHA

1 shot of Espresso
1/3 steamed milk
1/3 chocolate
topped with milk froth



LOOSE LEAF TEA

EBT / EGT /
GREEN / PEPPERMINT /
LEMON GRASS GINGER

5

MORE COFFEE?

Spicy Chai Latte 5 | Hot Choc (Mug) 5 | Babyccino 2.5
Fresh brewed loose leaf Chai 6 | Iced Latte / Long Black 4.5
Ice Coffee / Mocha / Chocolate (ice cream) 6



DECAF - Single Origin

Almond Milk, Coconut Milk, Bonsoy

1

1

BATCH BREW - MUG

5

COLD BREW - MUG

5

ICE TEA - HOME MADE

5

**Fresh Drinking
Coconut**

8

Fresh Green Juice:
cucumber, apple,
spinach, kale

8.5

Fresh Red Juice:
carrot, beetroot,
ginger, celery

8.5

Fresh Watermelon Juice:

apple, watermelon

8.5

Fresh Orange Juice

7.5

Apple Juice

5

Pineapple Juice

5

Coke / Diet Coke

4.5

Fanta / Sprite

4.5

JUICES & MORE

Ginger Beer

5.5

Herbal Lemonade

5.5

Pink Lemonade

4.5

Lemon, Lime & Bitters

5

Antipodes NZ

- Sparkling or Still 8.5 11.5



thebowermanly



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