

THE BOWER



BREAKFAST

Oat Milk Porridge (d/f, v+) Blueberries, sliced banana, rice puffs & maple syrup	14
Coconut Bircher (d/f, v) Seasonal fruits, toasted almonds, organic yoghurt & honey	15.5
Haloumi Bruschetta (v) Pesto, balsamic reduction, poached eggs and rocket & heirloom tomato salad on rye	17.5
Brekky Burger (Yes it's big!) Double eggs, double bacon, cheese, tomato, avocado & mayo w/ side of mini hash browns	19.5
Salmon Scrambled Red miso butter, chives, wild rocket, charred lemon & rye	19.5
Mushroom Toast Sake braised mushrooms, poached egg, chives, bacon shards, parmesan & rye	19

PLEASE ORDER AT THE COUNTER

Four Egg Omelette (g/f, v) Diced tomato, shallots & smashed avocado - add bacon - add smoked salmon	18 5 7
Avo On Sourdough (d/f, v) Poached egg, heirloom tomatoes roasted shallots & charred citrus	17.5
Homemade Breakfast Gnocchi (d/f, v) Heirloom tomatoes, fresh basil & fried egg - add bacon	16 5
Toasted Banana Bread w/ butter (v)	8.5
Fruit Toast w/ butter & jam (v)	8.5
Poached Free Range Eggs (d/f, v) Wild rocket & roasted tomato on Sourdough.	14
Make me scrambled	17
Bacon & Cheese Croissant	11

TOASTS & SIDES

scrambled eggs	6	poached egg	3
grilled haloumi	7	bacon	5
mini hash browns	6	roasted tomatoes	4
avocado	6	sake mushrooms - shitake, oyster & swiss brown	8
smoked salmon	7		

Local Sourdough 7.5 with Jam or Vegemite or Honey Gluten Free Bread 8

homemade savoury muffins	6	assorted muffins	5	Danish	6.5
almond or rhubarb pistachio croissant	8	chocolate croissant	6.5		

d/f = dairy free / g/f = gluten free / v = vegetarian / v+ = vegan

We are proud to source our produce from local suppliers • notify staff of any allergies