

# THE BOWER BREAKFAST

<b>Oat Milk Porridge</b> (df/v+)	<b>14</b>	<b>Eggs Benedict</b>	
Seasonal fruits, rice puffs, cinnamon & maple syrup		Sesame roll, leaves, two poached eggs, hollandaise sauce, chives & lemon	
<b>Coconut Bircher</b> (df/v+)	<b>15.5</b>	- fresh lobster w/ scrambled eggs (limited availability)	<b>25</b>
Seasonal fruits, toasted almonds, organic coconut yoghurt & agave syrup		- bresaola	<b>22</b>
<b>Freshly Cut Fruit Platter</b> (v+)	<b>20</b>	- grilled haloumi	<b>20</b>
Seasonal fruits with coconut yoghurt		<b>Avo On Sourdough</b> (df/v)	<b>17.5</b>
<b>Haloumi Bruschetta</b> (v)	<b>18</b>	Poached egg, leaves, heirloom tomatoes, sweet potato hummus & lemon on soy & linseed sourdough	
Pesto, leaves, balsamic reduction, two poached eggs & heirloom tomatoes on soy & linseed sourdough		<b>Homemade Breakfast Gnocchi</b> (df/v)	<b>17.5</b>
<b>Brekky Burger</b>	<b>20</b>	Heirloom tomatoes, fresh basil & fried egg	
Double egg, double bacon, cheese, lettuce, avocado & Kewpie mayo w/side of mini hash browns		<b>Add Bacon</b>	<b>3</b>
<b>Mushroom Toast</b> (v)	<b>19</b>	<b>Toasted Banana Bread</b> w/ butter (v)	<b>8.5</b>
Sautéed mushrooms, poached egg, leaves, radish, parmigiano & crispy shallots on soy & linseed sourdough		<b>Fruit Toast</b> w/ butter & jam (v)	<b>8.5</b>
		<b>Poached Free Range Eggs &amp; Toast</b> (df/v)	<b>14</b>
		roasted tomato, soy & linseed sourdough	
		<b>Make me scrambled</b>	<b>17</b>
		<b>Bacon &amp; Cheese Croissant</b>	<b>11</b>

## SIDES & MORE

scrambled eggs	6	poached egg	3	bresaola	7
grilled haloumi	7	bacon	5	mini hash brown	6
avocado	6	mushrooms	7	smoked salmon	7
				roasted tomatoes	4

**Sourdough by Sonoma 7.5** w/ Jam, Peanut Butter, Vegemite or Honey **Gluten Free Bread 8**

homemade savoury muffins	6	assorted muffins	5	Danish	6.5
almond or rhubarb pistachio croissant	8	chocolate croissant	6.5		

d/f = dairy free / g/f = gluten free / v = vegetarian / v+ = vegan

We are proud to source our produce from local suppliers • notify staff of any allergies



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