

TOUGH CONVERSATIONS PREPARATION

Think about some of the tough conversations you have had in the past.
What made these conversations so difficult to have?

What tools / techniques have you used to help you with tough conversations in the past?
What tools have been of use from previous workshops?

What are some current tough conversations you need to have?

What is stopping you doing this? (e.g. perceptions, mindset, previous conversation history)

What can you do to better plan and deal with these tough conversations?

Commit to at least one action to work towards sorting out one of these issues.