Find out why more and more organisations are using the science of positive psychology to boost employee morale, foster team innovation and future-proof their business.

Learn how to ask different strategic questions, identify and utilise your employees’ strengths and incorporate routines that contribute to a positive and agile workplace culture.

“Professor Lea Waters delivered an engaging, informative and inspiring session for 1000+ staff ... Her presentation was very well received by staff with 95.5% rating her presentation skills as ‘excellent’ and a great deal of positive feedback on the quality of the content and delivery”

~ Tim Abrahams, MCPHR, Director | ATO People, Australian Taxation Office

TOPICS INCLUDE:

- Employee strengths
- Employee engagement
- Energy and vitality in the office
- Positive workplace practices

FORMAT OPTIONS:

Webinar: 75 minute virtual keynote (includes 15 minutes of Q&A).

OR

Virtual Workshop: 3 hour interactive workshop, with self-reflection and team building activities included.

WHAT MAKES THIS PRESENTATION UNIQUE:

Lea offers her audience a unique blend of science and practice. As a leading positive psychology researcher for more than 25 years and past President of the International Positive Psychology Association, Lea is deeply active in the science. Her warm, personal style and practical way of thinking means she is able translate the science to make it real and actionable for her audience which is why she is a sought after global speaker.

For more information visit www.leawaters.com or contact us directly by emailing admin@leawaters.com
Professor Lea Waters AM, PhD, is an Organisational Psychologist, consultant, author and speaker. Professor Waters is the Founding Director of the Centre for Wellbeing Science at the University of Melbourne, where she has held an academic position for two and half decades, publishing 110+ scientific articles. Lea holds an affiliate position with the Center for Positive Organizations, University of Michigan and is on the Science Board of the Greater Good Science Center at The University of California, Berkeley.

Lea has consulted to a wide range of organisations across many sectors including finance, business, retail, Federal Government, local Government, charity, health care, tourism, transport, sport and education. Clients include Black Rock Investment Managers, Merrill Lynch, Lander and Rogers Lawyers, Australian Taxation Office, Make-A-Wish Foundation, Tourism Fiji, Myer, Target, Metrorail, the Australian Human Resources Institute, Melbourne Transport Infrastructure Authority, Cobalt Design, Athletics Victoria, Maroondah City Council, Manningham City Council, the Australian Psychological Society and more.

Lea has written for The Wall Street Journal, TIME.com, The Atlantic, The Guardian and has been interviewed for articles in The Washington Post, The New York Times, The Toronto Globe, The Sydney Morning Herald, The Age, Vogue, ELLE Magazine and more. Her TEDx talk, Warning: Being positive is not for the faint hearted!, explores how we can use social media to have a positive impact on others’ wellbeing and has been viewed more than 130,000 times.

Lea’s acclaimed book The Strength Switch, was the top release on Amazon in the parenting category, listed among the Top Reads for 2017 by Berkeley University’s Greater Good Science Center and one of the Top Five Books for Parents and Children in the UK’s Top Five site. It has been published in 10 languages including Chinese, Japanese, Korean, Taiwanese, Hungarian, Arabic, Spanish, French and Russian.

In 2015, Professor Waters was listed as one of Australia’s Top 100 Women of Influence by the Financial Review and Westpac bank. In 2017 she was listed in the Who’s Who of Australian Woman. In 2020, Lea was honoured by the Governor General of Australia and named a Member of the Order of Australia (AM), one of the highest civilian honours in Australia, for her leadership in psychology, education and the mental health sector in Australia.

Lea is a past President of the International Positive Psychology Association (IPPA) (2017-2019) and is currently on the Executive Board for IPPA, was the Scientific Chair (2015) and Congress Chair (2019) for the World Congress on Positive Psychology and is the Ambassador for the Positive Education Schools Association.

“Dr Lea Waters recently presented a digital masterclass for us, and her content was really well received. Lea is knowledgeable and able to distill her years of research and findings into actionable and palatable learnings, which excited our audience and buoyed them for whatever challenges lay ahead. Her style is warm and succinct and she was a joy to work with – I highly recommend her!”

~ Emma Isaacs, Founder and Global CEO, Business Chicks

For more information visit www.leawaters.com
or contact us directly by emailing admin@leawaters.com