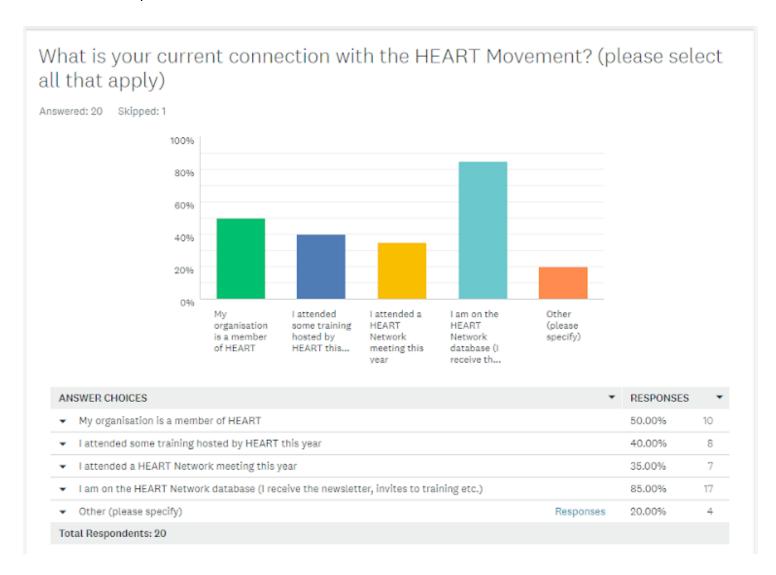
#### **HEART Movement Annual Survey Results**

Total Responses: 21



#### Written responses to 'other' for question 1:

"I'm on the Advisory Group"

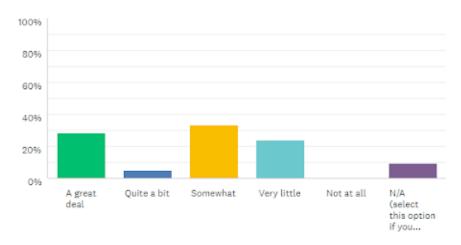
"I delivered some training hosted by HEART this year"

"Our organisation partners with HEART on projects"

"I attended a training last year, it was excellent with Peter - MESS"

## How involved would you say your organization is currently with the HEART Movement?

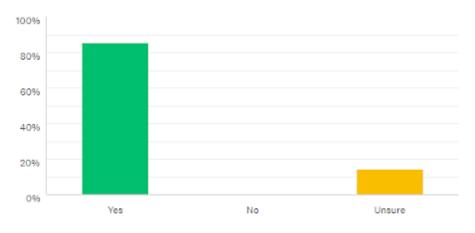




ANSWER CHOICES	•	RESPONSES	•
▼ A great deal		28.57%	6
▼ Quite a bit		4.76%	1
▼ Somewhat		33.33%	7
▼ Very little		23.81%	5
▼ Not at all		0.00%	0
<ul> <li>N/A (select this option if you aren't part of an organisation)</li> </ul>		9.52%	2
TOTAL			21

Do you think HEART has increased awareness around building healthy relationships and preventing family violence in the local Tamaki communities?

Answered: 21 Skipped: 0



ANSWER CHOICES	▼ RESPONSES	~
▼ Yes	85.71%	18
▼ No	0.00%	0
▼ Unsure	14.29%	3
TOTAL		21

Comments (14)

#### Comments for question 3:

"BBQs have been a successful way of allowing neighbours to meet each other."

"Because of the sheer amount of presence HEART has in the community!"

"The exposure of Heart events and people being more active in the events in the community"

"Before HEART there wasn't a clear focus on healthy relationships, HEART has created this focus. For family violence, it seems that knowledge and expertise has grown significantly since HEART began."

"Because we I see how the heart workers and change agents connect with others and create that awareness"

"I have seen Heart provide amazing workshops"

"Their workshops are open to professionals and the community and provide accurate, relevant information that is easy to grasp and use in our professional and personal lives in the bid to improve relationships"

"Great and relevant workshops and training"

"Their presence at all of our Community Events has been awesome and the number of training sessions they have indicate their commitment to a variety of issues."

"The actual measured impact and change thru educational programs"

"Unable to gauge the effectiveness of programming as we do not engage widely across these projects. Limited to the impact that takes place within the work we participate in."

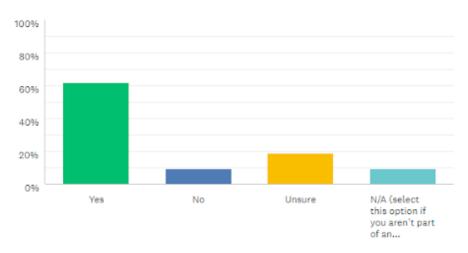
"By repeating the same message it reinforces a theme of safety in the community, and a place for resourcing families."

"Listening to what Heart has achieved last year was inspiring"

"Numbers of people attending events is increasing. People seem more open to having difficult conversations"

Do you think HEART has helped increase awareness and expertise around building healthy relationships and preventing family violence within your organisation?

Answered: 21 Skipped: 0



ANSWER CHOICES	RESPONSES	~
▼ Yes	61.90%	13
▼ No	9.52%	2
▼ Unsure	19.05%	4
<ul> <li>N/A (select this option if you aren't part of an organisation)</li> </ul>	9.52%	2
TOTAL		21

Comments (10)

#### Comments for question 4:

"Yes I think all members of my organisation have had some involvement with HEART which could only be beneficial."

"As much as we'll already aware, it helps to bring that consciousness to the forefront of our minds"

"The workshops, posters and community engagement has increased awareness around healthy relationships."

"Have learnt more about community approaches"

"We have had Nandita come talk to us about what they do and how they can help."

"Could be doing more with conn butt coaches champions"

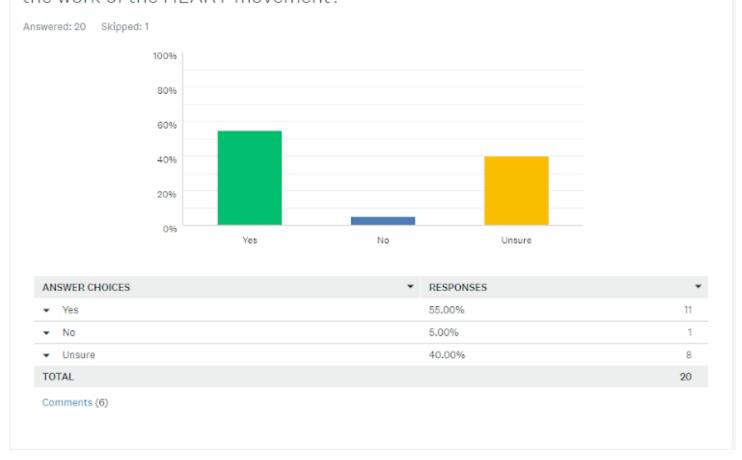
"The project in which we worked together steadily lost engagement over the last 12months. Many of the regular attendees want to eat and not engage in conversation around healthy relationships."

"Colleagues in my organisation have also accessed the Heart training and resources"

"Our facility isn't set up yet, hopefully it will be by 2019"

"Often have conversations with the team about this and some identify heart as being a change catalyst in their own lives"

Do you think more people in the Tamaki communities are accessing services for support with addressing family violence and/or building healthy relationships as a result of the awareness of these issues that is being built by the work of the HEART movement?



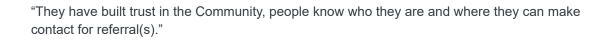
#### Comments for question 5:

"Yes to building healthy relationships. I feel that it's creating conversations and therefore sparks people to consciously consider and change behaviour."

"People are more inclined to refer them selves to our social services team. Or Heart will refer people to our social service team for help."

"Their workshops are open to professionals and the community and provide accurate, relevant information that is easy to grasp and use in our professional and personal lives"

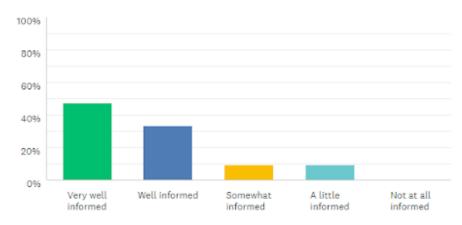
"Work in a different area but seen great stories of amazing work being done"



"Hard to gauge."

# How informed and up to date do you feel with the HEART Movement and its activities?

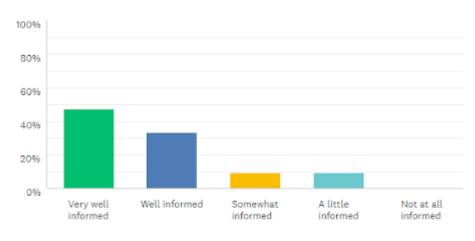
Answered: 21 Skipped: 0



ANSWER CHOICES	▼ RESPONSES	•
<ul> <li>Very well informed</li> </ul>	47.62%	10
▼ Well informed	33.33%	7
▼ Somewhat informed	9.52%	2
▼ A little informed	9.52%	2
▼ Not at all informed	0.00%	0
TOTAL		21

### How informed and up to date do you feel with the HEART Movement and its activities?





ANSWER CHOICES ▼	RESPONSES	•
<ul> <li>Very well informed</li> </ul>	47.62%	10
▼ Well informed	33.33%	7
▼ Somewhat informed	9.52%	2
▼ A little informed	9.52%	2
▼ Not at all informed	0.00%	0
TOTAL		21

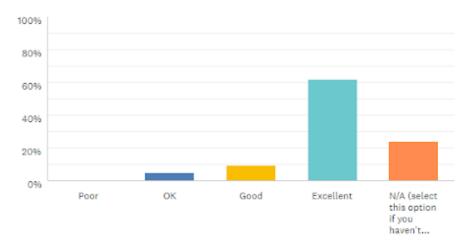
Responses to "Yes, and I think it needs some improvements - here are my suggestions..."

"Prizes feedback recipes actives events community contacts"

"More images of the work they do. Introduce who staff members are. Use video content"

### Please rate your experience of training hosted by HEART below

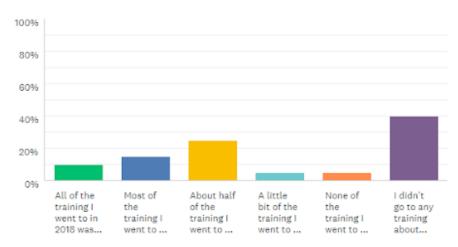
Answered: 21 Skipped: 0



ANSWER CHOICES	*	RESPONSES	•
▼ Poor		0.00%	0
▼ OK		4.76%	1
▼ Good		9.52%	2
▼ Excellent		61.90%	13
<ul> <li>N/A (select this option if you haven't attended HEART training this year)</li> </ul>		23.81%	5
TOTAL			21

Thinking about all of the training related to family violence and healthy relationships that you went to in 2018, how much of the training that you attended was run by HEART?





ANSWER CHOICES	•	RESPONSES	~
▼ All of the training I went to in 2018 was run by HEART		10.00%	2
▼ Most of the training I went to in 2018 was run by HEART		15.00%	3
▼ About half of the training I went to in 2018 was run by HEART		25.00%	5
▼ A little bit of the training I went to in 2018 was run by HEART		5.00%	1
▼ None of the training I went to in 2018 was run by HEART		5.00%	1
▼ I didn't go to any training about issues related to family violence or healthy relationships in 2018		40.00%	8
TOTAL			20

Any other suggestions you have for: a) Future training you would like HEART to run; and/or b) How we can improve the way we spread the word about HEART in 2019?

"More on FV drugs & alcohol and family dynamics/relationships"

"Try to get more articles and coverage in newspapers, media, radio, and TV."

"I haven't seen HEART on social media?"

"I believe Heart is a great networker with community whanau and businesses, NGO, government orgs. Keep up the good work. They definately hear the hearts of our people."

"Training around dealing with children's experiences of family violence"

"I feel that i am getting a lot of information and personal development through what heart does in the community with what training i have had with heart and look forward to what heart has in the future everything i have done with heart is making our community stronger spreading the word in the future a lot has to do with us and how are able to get the word out there about all the stuff they do for the community"

"I think it is time for some media coverage to share the story of HEART and show what locals are doing to make change. It would be great to start running trainings on race/ racism and gender/ patriarchy - not sure if the community is ready for this yet."

"Nothing I can think of. I also feel that I am approach the coordinator and share my thoughts at any time, so no pressure to share here."

"No Heart provide great trainings and workshops for the community. Keep up the good work."

"Nandita does a fantastic job! Really appreciate the communications and the different training. Looking forward to attending a training in the future"

"I think HEART do a great job already. Keep up the great work you do, continue to be seen and heard and keep the lines of communication open and honest."

"Adult teaching facilitation motervational interviewing practice groups and group peer support maketspace group people learning together involved in projects teaching each other digital skills hands on"

"Totally value Heart - and Heart training - Pete Thorburn is so great. I really appreciate this free training that we have access to - otherwise I probably woulnd't get any training at all from work as to pay for it makes it hard to be allowed to go for training."

"I would like to suggest that if possible training workshops/sessions are repeated on other dates. Its really hard to miss them because of other appointments. This would be the same for family focused workshops, educational sessions for families etc. A focus on rotating through some important topics for families."

"Heart is doing a great job!"