

# (It's Not What You Think It Is!) Saturday, August 26, 2023, 10am-3pm FREE, self-guided, featuring 16+ area urban farms

Share and make memories as you discover our region's urban agricultural community and food system partners. Hear the stories of local growers and the groups that help bolster our local food community. Learn the history of their spaces and the inspiration for their work. Fill your senses with the medley of midsummer's bounty. Attend talks and tours. Visit markets. There's something for everyone.

- Reserve your free spot touring an indoor mushroom farm
- Create sidewalk art and enjoy a lemonade at the pay-as-you-can community café and urban garden
- Learn about Farmer Pirates compost operation – and why they're called Farmer Pirates
- Enjoy a talk on farm labor justice, soil health or the healing effects of gardening
- Shop produce grown by farmers from seven African countries and the U.S.
- Visit a garden with a rabbit hutch, a chicken coop, and two beehives. Oh, and lots of vegetables!

## SCHEDULED TALKS & TOURS

# 10:00 AM

TALK BIG BIG TABLE Abundance and Creativity: Challenging the Paradigms of Food Security

TOUR FLAT 12 MUSHROOMS Meet Indoor Mushroom Farming RESERVATION ONLY. For reservations, visit Urban carm Day.com.

# 11:00 AM

TALK DEEPLYROOTED COMMUNITY GARDEN Bountiful Beds

TALK

GRASSROOTS GARDENS OF WNY We need this now more than ever: Learning How Therapeutic Gardening Can Heal Communities

MASSACHUSETTS AVENUE PROJECT Tour of MAP's Farmhouse

WORKSHOPS

URBAN FRUITS AND VEGGIES Workshop: UB Food Lab -Nourishing change: Communitydriven Strategies for Equitable Urban Agriculture on East Buffalo

### 12:00 NOON

TALK BOLYARD GARDEN Forest Gardening

#### 1:00 PM

FARMER PIRATES COMPOST From Food Scraps to Compost to Beautiful Soil

GROUNDWORK MARKET GARDEN Intro to Urban Food Production

HARRIS GARDEN How Do you Make Your Fresh Food Last Longer at Home

#### 3:00 PM

TALK 5 LOAVES FARM The Real Cost of Food

#### **FARMS**

Gardens are open 10 am-3 pm unless otherwise noted. Some sites will be selling produce, noted with

## Big Big Table & Lugar Hermoso de Pedro Community Garden

272 Hudson St., Corner of Hudson & West, Buffalo TALK: 10am: Abundance and Creativity: Challenging the Paradigms of Food Security

Bolyard Garden 223 Broad Street, Tonawanda TALK: 12pm.: Forest Gardening

# DeeplyRooted Community Garden

98 Luksin Drive, Tonawanda TALK: 11am: Bountiful Beds

Farmer Pirates Compost o Gittere St, Buffalo TALK: 1pm: Food Scraps to Compost to Beautiful Soil

FeedMore WNY (10am-1pm) 91 Holt Street, Buffalo

5 Loaves Farm 1172 West Ave, Buffalo TALK: 3pm: The Real Cost of Food

Flat 12 Mushrooms 37 Chandler St. TOUR: 10am Start Indo 14th room Farming BY RESERVATION ONLY



# Grassroots Gardens Broadway Community Garden (10am-2 pm)

389 Broadway, Buffalo

TALK: 11am: We need this now more than ever: Learning How Therapeutic Gardening Can Heal Communities

### Groundwork Market Garden

1698 Genesee Street, Buffalo

TALK: 1pm: Intro to Urban Food Production

Harris Garden 108 Landon Street, Buffalo TALK: 1pm: How Do you Make Your Fresh Food Last Longer at Home

Isle View Produce Urban Farm 234 Wadsworth Ave, Tonawanda



#### Massachusetts Avenue Project 387 Massachusetts Avenue, Buffalo TOUR: 11:00 a.m. Tour of MAP's Farmhouse



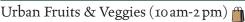
Pelion Outdoor Classroom 212 Best St, Buffalo



Providence Farm Collective Farmers Market (10 am-2 pm) M&T Bank lot, 130 Grant St., Buffalo



Rader Garden 1547 Love Rd, Grand Island



117 Zenner St, Buffalo

WORKSHOP: 11am-3pm (multiple sessions last 30-45 minutes) UB Food Lab – Nourishing change: Community-driven Strategies for Equitable Urban Agriculture on East Buffalo

WestSide Tilth Farm

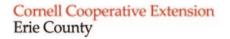


246 Normal Avenue, Buffalo Pizza made to order in brick ovens.







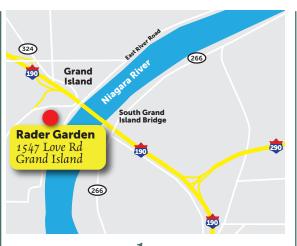






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Tonawanda



City of Tonawanda

