

NEXT LEVEL Students

Scope and Sequence - Concise Version Middle & High School Curriculum

Module 1 “Your Best Self”	Module 2 “Your Family”	Module 3 “Your School”	Module 4 “Your Future”
1. Self-worth 2. Positive-thinking 3. Accountability 4. Goal-setting 5. Time-management 6. Humility 7. Responsibility	8. Perception 9. Acceptance 10. Character 11. Compassion 12. Self-confidence 13. Virtue 14. Appreciation	15. Responsibility 16. Empowering 17. Generosity 18. Citizenship 19. Goal-setting 20. Influencer 21. Execution	22. Self-awareness 23. Clarity 24. Optimism 25. Accountability 26. Process 27. Patience 28. Perseverance

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Scope and Sequence – *Comprehensive Version* Middle & High School Curriculum

Module 1: Students will identify and develop their purpose in life. The emphasis of this module is to increase the student’s personal level of accountability and make more responsible decisions. This aligns with CASEL’s Five Core Competencies which, evidence has shown, provides a foundation for social relationships and student achievement.

“Your Best Self”

Theme	Objectives	Core Competency
Lesson 1 Self-Worth	Recognize your value and appreciate the benefits you add to the community due to your uniqueness.	Self-Worth
Lesson 2 Positive-Thinking	Acknowledge how situations may not change, but the perception of the situation can alter the desired outcome.	Self-Management
Lesson 3 Accountability	Identify strategies that can be implemented as parameters towards reaching a goal or the benefit of the community.	Social Awareness
Lesson 4 Goal Setting	To identify an academic, social, or behavioral starting point along with a destination to reach.	Decision Making
Lesson 5 Time Management	Recognize the need to clarify and prioritize your goals. Establishing more time to plan.	Self-Management
Lesson 6 Humility	Identify methods to know the importance of yourself and others without judgement or shame.	Self-Awareness
Lesson 7 Responsibility	Recognize the state or fact of being accountable or to blame for someone or something.	Social Awareness

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Module 2: Students learn how to be self-aware of their role and the overall dynamics of how their family operates. They will also learn how to effectively develop their relationship skills. This aligns with CASEL’s Five Core Competencies which, evidence has shown, provides a foundation for social relationships and student achievement.

“Your Family”

Theme	Objectives	Core Competency
Lesson 8 Perception	To identify a method of understanding or interpreting something to make it meaningful.	Self-Awareness
Lesson 9 Acceptance	Identify how to receive or take something that is offered, even if it is unpleasant or difficult.	Social Awareness
Lesson 10 Character	Describe how positive character traits are displayed in everyday life.	Self-Management
Lesson 11 Compassion	Demonstrate the characteristics of being a good citizen, reduce health risks, and resolve conflict.	Relationship Skills
Lesson 12 Self-Confidence	Identify strategies to develop a positive attitude by discovering unique abilities and characteristics.	Self-Awareness
Lesson 13 Virtue	Recognize the ability to discriminate between positive and negative influences.	Self-Awareness
Lesson 14 Appreciation	To identify and enjoy the positive characteristics of someone or something after getting a complete understanding.	Relationship Skills

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Module 3: Students will develop a heightened focus on themselves and their school. Students level of social awareness will improve as they begin to understand the importance of each classroom environment and lesson. They will also learn how to truly excel in the classroom academically. This aligns with CASEL’s Five Core Competencies which, evidence has shown, provides a foundation for social relationships and student achievement.

“Your School”

Theme	Objectives	Core Competency
Lesson 15 Responsibility	Identify methods to independently organize and complete tasks even if new skills are needed.	Social Awareness
Lesson 16 Empowering	Recognizing the ability to control one’s life while becoming confident and stronger in the process.	Social Awareness
Lesson 17 Generosity	Describe how to give unselfishly to others with no regards of compensation.	Relationship Skills
Lesson 18 Citizenship	Identify strategies to work towards the betterment of the school and local community.	Relationship Skills
Lesson 19 Goal-Setting	To identify an academic, social, or behavioral starting point along with a destination to reach.	Decision Making
Lesson 20 Influencer	Identify and describe one’s unique skills or abilities that can make an impact on someone or something.	Relationship Skills
Lesson 21 Execution	Identify goal(s), implement strategies, and implement the action(s) needed to achieve them.	Decision Making

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Module 4: Students will identify how their current interests and strengths will navigate them on their pathway to a fulfilling future. They will have improved self-management skills as they learn to see the value in planning towards their future life goals. This aligns with CASEL’s Five Core Competencies which, evidence has shown, provides a foundation for social relationships and student achievement.

“Your Family”

Theme	Objectives	Core Competency
Lesson 22 Self-Awareness	Identify the ability to recognize one’s own thoughts, values, emotions, and their effect on others.	Self-Awareness
Lesson 23 Clarity	Describe how you help clear misunderstandings with people facing situations or conflicts.	Decision Making
Lesson 24 Optimism	Identify strategies to develop the tendency to expect the most favorable outcome	Self-Management
Lesson 25 Accountability	Identify strategies that can be implemented as parameters towards reaching a goal or the benefit of the community.	Social Awareness
Lesson 26 Process	Describe the series of actions or changes that lead to a particular result.	Self-Management
Lesson 27 Patience	Identify strategies that enhance the ability to suppress restlessness when confronted with delay.	Self-Management
Lesson 28 Perseverance	Identify obstacles students must overcome in order to achieve social, academic, or behavioral goals.	Self-Management