



Clean up guide

One of the easiest and most effective ways to reduce the amount of trash in the ocean is to arrange a clean up. We believe that even small efforts have a big impact on the future. Here is some inspiration to get started with a self-arranged clean up.

1. Choose a location

Find a place in need of cleaning near where you live. It could be a coastline, a lake, a canal or a stream. In fact, any plot of nature will do since most of the trash found on land will eventually end up in the ocean.



2. Share your plans

You can go on your own, invite your friends and family or try to gather even more people by creating a public Facebook event. If you decide to make a public event you are welcome to add Nordic Ocean Watch Denmark as co-host on Facebook. Then we will share your event on our social media channels. More hands equal less trash in the ocean and, furthermore, it is a nice way to meet new people who share your passion for protecting the ocean!

#Tavahø



3. Get out there

When the event is organised and the date is set, it is just about getting out there. You can collect what is washed up on the beach by hand, or, if you have the opportunity, you do other things, such as; stand-up paddling or scuba diving to reach trash on the bottom. Remember to bring bags to collect the trash in.



4. Recycle the trash

Plastic is the most common trash to be found on Danish beaches. Therefore, there is a big chance that you will find plastic bottles, lids, bags and so on. Plastic becomes more sustainable if it is recycled several times. Our suggestion is to sort the trash and deposit it at a recycling station. If in doubt, we suggest that you follow the guidelines from the municipality in which you live, as Denmark does not have a universal guidelines yet.

5. Share your actions

One important aspect of any movement is to inspire others to join the fight. By sharing your clean ups on the Facebook group **Ocean Watchers Denmark**, all your fellow Ocean Ambassadors can get inspired by your actions.

You can also use the hashtags #tavaha #oceanwatcherNOW or tag us @nordicoceanwatchdenmark to reach and inspire likeminded ocean-lovers.

