



2020 ZARROW MENTAL HEALTH SYMPOSIUM



FROM HISTORICAL TRAUMA

CALL FOR PRESENTATIONS

OCTOBER 1- 2, 2020 ✕ ZARROWSYMPIOSIUM.ORG
COX BUSINESS CENTER ✕ TULSA, OK

ZARROW SYMPOSIUM 2020:

HEALING

FROM HISTORICAL TRAUMA

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CONFERENCE OVERVIEW

As Tulsa prepares to commemorate the 100-year anniversary of the 1921 Race Massacre, Mental Health Association Oklahoma will bring together state, regional and national experts to focus on Healing from Historical Trauma during the 26th Annual Zarrow Mental Health Symposium.

The trauma associated with events such as the Race Massacre, the Trail of Tears, slavery, the Holocaust, and the bombing of the Alfred P. Murrah Federal Building in Oklahoma City has left a lasting imprint on our nation, region, state and communities.

How we address the trauma associated with these tragedies, as well as the generational trauma that can stem from poverty, hatred, discrimination and stigma, begins with examining and acknowledging our own implicit biases and how we can promote healing. In doing so, we must be willing to have difficult and sensitive conversations that transcend beyond blame, inequities and shame. We must, instead, focus on humanity, community, justice and building a resilient future, together.

Attendees represent a broad cross-section of the community, including nonprofits, healthcare professionals, education, research, government, law enforcement, faith communities, tribal nations and mental health professionals, including social workers, psychologists, licensed professional counselors, licensed marital and family therapists, licensed alcohol and drug counselors, case managers and peer recovery support specialists as well as individuals living with a mental illness, their family members, and mental health advocates.

CONFERENCE HOST AND INFORMATION

Mental Health Association Oklahoma

With offices in Tulsa and Oklahoma City, Mental Health Association Oklahoma is a statewide, nonprofit organization dedicated to promoting mental health, preventing mental disorders, and achieving victory over mental illness through advocacy, education, research, service and housing. The Association has a reputation for bringing community partners together to tackle difficult issues, including improving services for people with mental illness, providing housing and recovery supports, ending homelessness, and criminal justice reform as it relates to those impacted by mental illness. One of our long-standing events, the Zarrow Mental Health Symposium, brings together 800+ participants from across the region to explore the latest in mental health care and treatment. This year's conference focuses on how we can address both historical generational trauma.

Conference Location

The 2020 Zarrow Mental Health Symposium will be hosted at the Cox Business Center in Tulsa, Oklahoma. The venue is easily accessible from Tulsa International Airport and in close proximity to lodging, restaurants, and Tulsa's downtown entertainment districts.

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PRESENTATIONS

Mental Health Association Oklahoma seeks presentation proposals from presenters around the globe interested in sharing information about programs, research findings, policies, and practices that are using creative and innovative approaches to mental health. Presentations utilizing technology, innovative collaborations, new program models, and emerging knowledge and methodologies are welcome.

Breakout sessions should be 60- or 90-minutes in length with an emphasis on evidence-based, best practice and/or emerging knowledge. Sessions may feature a single presenter, multiple presenters (3 maximum), or a moderated-panel discussion. Time allowed is inclusive of Q&A.

AREAS OF INTEREST

Mental Health Association Oklahoma is seeking a variety of clinical and programmatic presentation proposals that address historical trauma and strategies, practices and treatments that aid in the healing process and that foster personal and community resilience. This can include emerging knowledge and best practices related to the treatment of mental health and addiction as well as recovery supports, policy and community initiatives supporting individuals across the lifespan and inclusive of at-risk and marginalized populations. Presentations that are relevant to events such as the 1921 Tulsa Race Massacre, the Trail of Tears, and the bombing of the Alfred P. Murrah Federal Building in Oklahoma City, are of particular interest, as are presentations that address generational trauma and systemic barriers to inclusion.

The following list of topics serves as a starting point, but please feel free to make submissions on any topic relevant to the conference theme of Healing from Historical Trauma:

Adverse Childhood Experiences (ACES)	First Responders/Crisis Intervention Team (CIT)	Poverty
Addiction	Fostering Protective Factors	Racism
Advocacy/Policy	Grief Recovery	Recovery Housing and Supports
Anxiety and Mood Disorders	Harm Reduction	Research-Informed Treatment
Attachment	Health Disparities/Access to Treatment	Resiliency
Community Based Supports	Healthcare Integration	Re-traumatization
Compassion Fatigue	Inherited/Intergenerational Trauma	Sensorimotor Psychotherapy
Creative Arts/Expressive Arts Therapy	Immigration	Suicide Prevention / Post-vention
Criminal Justice Reform	Impact of Trauma on the Body	School and Community-based
Cultural Competency	Implicit Bias	Services
Culturally Specific Healing Practices	Institutional/Systemic Trauma	Spirituality
Diversity, Equity and Inclusion	Internalized Oppression	Trauma Informed Care
Domestic Violence/Sexual Trauma	LGBT+ Support/Treatment	Traumatic Stress
Ethics	Mindfulness-based Interventions/Supports	Treatment Interventions

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PROPOSAL APPLICATION REQUIREMENTS

You must submit your workshop proposal online at www.zarrowsymposium.org/present.

For questions, please contact JoBeth Hamon at 405-898-8704 or jhamon@mhaok.org.

As part of the Request for Proposals application, prospective presenters will be asked to submit the following:

1. Presentation Description (2 pages maximum), which must include the following:
 1. Presentation Title (Concise, interesting, memorable - 6 words or less)
 2. No less than three learning objectives (Upon completion of this workshop, participants will be able to...)
 3. Presentation Summary: Brief summary of your conference presentation that can be used on the conference website and in marketing materials (700 characters, approximately 100 words)
 4. Sources/references of content (presenters are expected to include evidence-base and best-practice guidelines as appropriate)
 5. A brief summary of what makes you (and your co-presenters) uniquely qualified to present on your selected topic (1750 characters - approximately 250 words)
2. Presentation narrative inclusive of topic to be presented, key points that will be addressed, and alignment with the conference theme/area of interest. (3,000 characters, approx. 500 words)
3. Name, including academic/professional credentials for each presenter, as it should be listed in conference-related materials (example - James W. Smith, PhD, LPC)
4. A brief biography for each presenter for use in conference materials with an emphasis on relevance to presentation/conference theme (700 characters, approximately 100 words)
5. A resume or vita for each presenter.
6. Please describe your past presentation experience (ex. conferences you've previously presented at).

Application must be submitted via the online portal found at www.zarrowsymposium.org, no later than Monday, March 16, 2020 to be eligible for consideration.

Presenter Terms and Conditions

In submitting a proposal, I understand that I am agreeing to the following on behalf of all individuals participating in this presentation:

- Presenter(s) must be available to participate in the conference at the time scheduled by the conference committee.
- All travel-related costs, including meals not included with the conference, lodging and airfare, are the responsibility of presenter(s).
- Agreement to participate in the conference grants permission for the presentation to be recorded (audio and/or video), photographed, and used in social media and other conference related summaries and promotion.

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Presenter Terms and Conditions (continued)

- All presenters will be required to complete a conflict of interest/disclosure statement. Corporate support, if any, must be disclosed.
- Presenter(s) will not promote a specific product and/or service for personal gain during the presentation and will not charge participants for handouts or materials.
- Presenters are expected to submit a copy of their presentation and/or a related workshop summary and support materials, which will be shared with conference attendees. Materials may also be made available in PDF format via the Zarrow Symposium website.
- All handouts must be received in the requested format by August 31, 2020.
- Presentations are expected to last the time specified for your session, inclusive of time for questions.
- Breakout session presenters will receive a one-day complimentary conference registration corresponding to the day of the presentation. The value of complimentary registration can be applied to the full cost of the conference for presenters wishing to attend the full conference. Maximum number of presenters will vary depending on assigned session length and type. Complimentary registrations are non-transferable.
- Lead presenter is responsible for coordinating all presentation related details and logistics with co-presenters including completion of online conference registration and disclosure statements. All presenters are required to register for the conference on the day they are presenting.

Disclaimer

Mental Health Association Oklahoma reserves the right to exclude incomplete submissions from consideration. Workshops may be combined at the discretion of the Conference Planning Committee. Workshop related verbiage may be edited for inclusion in conference related materials.

You will be notified of the Conference Planning Committee's decision by May 29, 2020.

Call for presentation submissions will be reviewed and scored using the following criteria:

- Relevance to conference theme
- Potential interest to audience
- Evidence-based / Best practice guidelines
- Presenter's experience, credentials, and presentation history
- Completeness and quality of required materials
- Incorporation of audience participation

SUBMISSION DEADLINE - Monday, March 16, 2020

WWW.ZARROWSYMPIUM.ORG/PRESENT