

CONCUSSIONS AND PTSD

BASE™

Bodywork And Somatic Education™, A Relational touch training for trauma practitioners



Dave Berger, MFT, PT, LCMHC, SEP
Founder of BASE™, SE Senior Faculty,
Peter Levine Legacy Faculty

Brentwood Recreation Complex
2505 South Brentwood
Brentwood, MO

March 20-22, 2020
9:30-5:30

Registration opening soon

Minor Traumatic Brain Injuries, or concussions, are significantly more common than is realized and often missed on diagnosis. There is also significant similarity in symptoms with those of PTSD but this, too, is often overlooked. They can lead to disorientation, cognitive problems, social issues, emotional lability, sensory motor problems, headaches, forgetfulness and “not feeling like myself” afterwards. While more is gradually being understood about the mechanisms causing a concussion, trauma knowledgeable practitioners are in a unique position to treat people who have suffered them and dramatically change the symptoms by alleviating the autonomic dysregulation and structural shock caused by the injury to the brain.

There are actually multiple injuries with a concussion—at least 3 impact injuries (external and internal) autonomic shock (PTSD), physical injury and brain structure shock. And, part of the shock includes shock trauma. There is also potential relational trauma and impact on social/relational/emotional functioning. Concussive and PTSD symptoms can co-mingle with and potentiate each other.

This workshop will focus on understanding what a concussion is and its overlap with PTSD in terms of symptoms, mechanism of injury and treatment interventions. The effects of integrating these aspects are significant and life changing for clients/patients. The multiple shock traumas to the structures of the brain are changeable and correctable as is the autonomic dysregulation from PTSD and can be alleviated.

For more information:

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Registration Fee: \$630

rebecca.ehrke@gmail.com

Discounts: \$590 if paid in full by February 1, 2020

For more information: www.daveberger.net

18 ceu's including

ce's: psychologists, social workers, mft's, counselors from
Cassidy; Bodyworkers by NCBTMB

Dave Berger is senior faculty with Somatic Experiencing Trauma Institute teaching all levels of the SE training internationally. He has worked in many capacities with PTSD and brain injury. He started his PT career as a clinical and research fellow on a brain injury unit at a major rehabilitation center. He has worked with numerous clients/patients for over 38 years as a PT, SEP and somatic psychotherapist integrating his skills to help people recover from minor traumatic brain injury and PTSD.

For more details about ce's, cancellation policy, registration and the schedule visit www.daveberger.net