

Private Practice Directory

Psychological Association of Prince Edward Island

Updated November, 2022

Kathren Allison, Psychologist

PEIPRB Registration #: 064

Telephone: (902) 314-1113

Email: kathy.allison@rogers.com

Office address: 1 Rochford St., Charlottetown, PE C1A 9L2

Currently accepting referrals: Yes

Typical referral wait time: 6 months

Language in which service provided: English

Formal assessment services provided: Psycho-educational assessments for children and adults; ADHD; Adult ADHD; cognitive/intelligence; learning disability; learning assessments

Relevant areas of practice: Learning disabilities; ADHD/attention problems;

Services provided to: individuals

Age groups served: children; adults

I am a registered psychologist who has been working full time in my own comprehensive private practice (assessment and treatment of anxiety, depression, PTSD, learning disabilities, ADHD, etc.) for over 10 years. I am now focusing exclusively on assessments for learning disabilities and attention problems/ADHD, for both children and adults.

This entry last updated: 30 April, 2018

Dr. Christine Beck, Psychologist

PEIPRB Registration #: 042

Telephone: (902) 367-4446

Email: drchristinebeck@gmail.com

Office Address: 51 University Avenue, Suite 204, Charlottetown, PE C1A 4K8

Currently accepting referrals: Yes

Typical referral wait time: 6 months

Language in which service provided: English

Formal assessment services provided: behavioural / emotional; cognitive / intelligence; learning disability; neuropsychological

Relevant areas of practice: psychotherapy

Services provided to: individuals; groups

Age groups served: adolescents; adults; older adults

Thank you for your interest in my private practice. I am a doctoral level Psychologist with training in adult and geriatric neuropsychology, adolescent and adult community mental health, educational assessment, health and rehabilitation psychology and psychotherapy with a variety of referral concerns.

Please call my office to see if my services are appropriate for your needs.

Sincerely, Dr Christine Beck

This entry last updated: 23 April, 2016

Dr. Freda Burdett, Psychologist

PEIPRB Registration #: 081

Telephone: (506) 461-9959

Email: drfredaburdett@gmail.com

Office address: 224 Queen Street, Charlottetown, PE, C1A4B6

Currently accepting referrals: Yes

Typical referral wait time: New practice

Languages in which service provided: English

Formal assessment services provided: n/a

Relevant areas of practice: Abuse; Addictions; Anxiety; Attachment issues (adult); Assertiveness; Depression; Grief / loss / bereavement; Habit change; Health issues; Loneliness; Obsessive-Compulsive Disorder; Personal growth / wellness; Personality Disorders; Phobias / fears / panic; Post Traumatic Stress Disorder (PTSD) / trauma; Psychotherapy; Relationship issues; Self-esteem; Separation / Divorce; Sexual issues; Social skills; Stress management; Workplace issues

Services provided to: individuals

Age-groups served: Adolescents and Adults

Dr. Burdett has a PhD in Clinical Psychology. Her primary area of focus has been on trauma assessment and treatment. She works with first responders, military members, and the general public; treating a wide range of clinical disorders, such as PTSD, anxiety, and depression (including post-partum depression). She has been trained in CBT, DBT, ACT, CPT, EMDR, and Prolonged Exposure. She welcomes you to contact her with any questions about her practice and availability.

This entry last updated: 02 August 2019

Sarah Carr, Psychologist

PEIPRB Registration #: 068

Telephone: (902) 367-4722

Email: carrpsychological@gmail.com

Office address: 53 Grafton street, Charlottetown PEI, C1A 1K8

Currently accepting referrals: No

Typical referral wait time: 8 – 10 weeks

Provides services through telehealth: Yes

Language in which service provided: English

Formal assessment services provided: n/a

Relevant areas of practice: abuse; ADHD/attentional problems; anger management; anxiety; assertiveness; behavioural problems; blended/step family issues; conflict resolution; depression; family therapy; grief/loss/bereavement; obsessive-compulsive disorder; parenting; personal growth/wellness; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; relationship issues; self-esteem; separation/divorce; stress management; workplace issues

Services provided to: individuals; couples; families; groups

Age groups served: pre-school children; school-aged children; adolescents; adults; older adults

This entry last updated: May 3rd 2021.

Rebecca Deacon, Psychologist

PEIPRB Registration #: 051

Telephone: (902) 940-6157

Email: rjhooley@hotmail.com

Office Address: Suite 2C, 126 Richmond St, Charlottetown, PE C1A 1H9

Currently accepting assessment referrals: Yes

Currently accepting therapy referrals: No

Typical referral wait time: 3 - 6 months

Provides services through telehealth: Yes

Language(s) in which service provided: English

Formal assessment services provided: ADHD, behavioural/emotional; cognitive/intelligence; learning disability

Relevant areas of practice: ADHD/attentional problems; anger management; anxiety; behavioural problems; conflict resolution; depression; disabilities; family therapy; gifted/talented children; obsessive-compulsive disorder; parenting; phobias/fears/panic; psychotherapy; self-esteem; separation/divorce; social skills

Services provided to: individuals; families

Age groups served: pre-school children; school-aged children; adolescents

Rebecca Deacon's primary area of practice is in School Psychology and she has extensive experience in Psycho-Educational Assessment of School Aged Children, including the diagnosis and treatment of learning, behavioral, and social-emotional problems. Having worked within the school system for many years, Ms. Deacon is knowledgeable regarding evidence-based intervention, academic and behavioral program planning, and collaborating with families, schools, and other professionals. In addition to extensive assessment experience, Ms. Deacon has also treated a wide range of Anxiety Disorders in children and youth using a primarily Cognitive-Behavioral Approach, while also integrating other evidence-based strategies. Ms. Deacon also works with individuals and families to support the development of emotional and behavioral regulation, particularly as it relates to behavioral disorders such as ADHD.

This entry last updated: 27 March, 2020

Dr. Jason Doiron, Psychologist

PEIPRB Registration #: 038

Telephone: (902) 394-1249

Email: psychologist@pei.sympatico.ca

Office Address: 160 Belvedere Ave., Charlottetown, PE

Website: <https://peipsychologist.wordpress.com/>

Currently accepting referrals: Yes

Typical referral wait time: 2 months

Language(s) in which service provided: English

Formal assessment services provided: ADHD; Adult ADHD;

behavioural/emotional; cognitive/ intelligence; learning disability

Relevant areas of practice: addictions; ADHD / attentional problems; anger management; anxiety; assertiveness; behavioural problems; conflict resolution; couple therapy; depression; grief/loss/bereavement; habit

change; loneliness; obsessive-compulsive disorder; parenting; personal growth / wellness; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; relationship issues; self-esteem; separation/divorce; sports psychology

Services provided to: individuals; couples; groups

Age-groups served: school-aged children; adolescents; adults

Following my undergraduate years at the University of Prince Edward Island I was trained as a clinical psychologist at the University of New Brunswick, where I obtained my PhD in 2005. My part-time private practice (I am a full time professor at UPEI) is best described as relatively general in nature. Much of my clinical work presently involves the assessment of cognitive ability and academic skills, along with the diagnosis of learning disabilities and other conditions related to learning (e.g., ADHD) in children and adults. I also have a smaller caseload of individuals who work with me in a psychotherapy / counselling context. My therapeutic work with clients is usually shorter-term with the goal of achieving some improvement or growth within approximately 8-12 sessions of work together. I tend to view clinical issues (such as anxiety or depression) through the lens of cognitive behavioural theory while integrating ideas from other evidence-based approaches as well.

This entry last updated: 14 December, 2015

Dr. Lee-Anne Greer, Psychologist

PEIPRB Registration #: 33

Telephone: (902) 620-9144

Office Address: 126 Richmond Street, Suite 2C, Charlottetown

Currently accepting referrals: No

Typical referral wait time:

Language in which service provided: English

Formal assessment services provided: n/a

Relevant areas of practice: psychotherapy

Services provided to: individuals

Age-groups served: adults; older adults

This entry last updated: 17 November, 2020

Barbara Jones, Psychologist

PEIPRB Registration #: 061

Telephone: (902) 393-3829

Email: windhorseps@gmail.com

Office address: 174 Pickles Lane, Alexandra, PE Box 24076,
Stratford, PE C2B 2V5

Currently accepting referrals: Yes

Typical referral wait time: 5 – 6 months

Language in which service provided: English

Formal assessment services provided: behavioural / emotional

Relevant areas of practice: anger management; anxiety; attachment issues; assertiveness; depression; grief/loss/bereavement; habit change; health issues; loneliness; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; personality disorders; rehabilitation; relationship issues; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; stress management; workplace issues; mindfulness interventions

Services provided to: individuals; groups

Age-groups served: adults

Trained as a contemplative psychotherapist, mindfulness practices are embedded in all my work. My primary focus is PTSD I've worked extensively with first responders including veterans, police and fire fighters. I am working full-time at Serene View Ranch Psychological Services (www.sereneviewranch.com) where I offer individual therapy using mindfulness and CBT, psycho-educational and support groups as well as providing assessment services related to PTSD capacity and return-to-work.

This entry last updated: 15 December, 2018

Ruth Lacey, Psychologist

PEIPRB Registration #: 007

Telephone: (902) 675-4282

Email: rlacey688@gmail.com

Office mailing address: P.O. Box 512, Charlottetown, PE C1A 7L1

Currently accepting referrals: Yes

Typical referral wait time: 1 - 4 weeks

Languages in which service provided: English, Italian, Spanish

Formal assessment services provided: n/a

Relevant areas of practice: abuse; addictions; adoption issues; ADHD / attentional problems; anger management; anxiety; attachment issues;

assertiveness; autism spectrum disorder; behavioural problems; depression; family therapy; family violence; gifted/talented children; grief/loss/bereavement; health issues; loneliness; obsessive-compulsive disorder; pain management; parenting; Post Traumatic Stress Disorder (PTSD)/trauma; relationship issues; self-esteem; stress management; troubled children and youth; workplace issues

Services provided to: individuals; couples; families; groups

Age-groups served: pre-school children; school-aged children; adolescents; adults; older adults

I believe that education is important: people do the best they can and when they know better, they do better. I believe that people are inherently good. I believe that people need to be accountable, recognizing that they have choices and that they make their own decisions. I believe that every person who works on doing better benefits society. I have faith that with my experience and the client's desire to change, between us, solutions and better ways of doing things will emerge.

This entry last updated: 2 January, 2016

Caroline LeBlanc, Psychologist

PEIPRB Registration #: 020

Telephone: (902) 393-3829

Email: caroline11leblanc@gmail.com

Office address: 174 Pickles Lane, Alexandra, PE

Currently accepting referrals: No

Typical referral wait time: Not accepting referrals

Language in which service provided: French and English

Formal assessment services provided: Work disability assessments

Relevant areas of practice: abuse; anxiety; depression; health issues; loneliness; obsessive-compulsive disorder; personal growth / wellness; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD) / trauma; psychotherapy; rehabilitation; relationship issues; CISD; equine assisted psychotherapy

Services provided to: individuals; groups

Age-groups served: adults; older adults

Caroline has been specializing in the area of trauma assessment and therapy for over 20 years. Her emphasis has been on helping first responders, military personnel and veterans deal with trauma and PTSD. Her approach to psychotherapy is based on the

Cognitive Behavioural Model, Mindfulness, Equine Assisted Psychotherapy, and Sensorimotor Psychotherapy. Eight years ago, she became certified in Equine Assisted Psychotherapy. She also is trained in EMDR, an evidence-based approach for the treatment of trauma. Caroline operates a multidisciplinary mental health clinic that provides a full range of psychological assessments and treatment for children, adolescents and adults. The centre, Serene View Ranch, is located just outside of Charlottetown and overlooks Pownal Bay. Please visit the website at www.serenviewranch.com

This entry last updated: 27 December, 2019

Dr. George Mallia, Psychologist

PEIPRB Registration #: 040

Telephone: (902) 367-4446

Email: drgeorgemallia@gmail.com

Office Address: 51 University Avenue, Suite 204, Charlottetown, PE C1A 4K8

Currently accepting referrals: Yes

Typical referral wait time: 1 year

Language(s) in which service provided: English

Formal assessment services provided: ADHD; Adult ADHD;

behavioural/emotional; cognitive/ intelligence; custody / access; learning disability; neuropsychological; parental capacity

Relevant areas of practice: abuse; addictions; adoption issues; ADHD /

attentional problems; anger management; anxiety; attachment issues;

assertiveness; autism spectrum disorder; behavioural problems;

blended/step family issues; body image; conflict resolution; depression;

disabilities; eating disorders; family therapy; gifted/talented children;

grief/loss/bereavement; health issues; loneliness; obesity; obsessive-

compulsive disorder; pain management; parenting; personality disorders;

phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma;

psychotherapy; rehabilitation; relationship issues; self-esteem;

separation/divorce; sexual issues; sleep disorders; social skills; sports

psychology; stress management; workplace issues

Services provided to: individuals; families

Age-groups served: school-aged children; adolescents; adults

This entry last updated: 3 December, 2014

Dr. Brent Macdonald, Psychologist

PEIPRB Registration #: 072

Telephone: (403) 229-3455

Email: brent@complexlearners.com

Office Address: 320, 1167 Kensington Cres. NW (Calgary); local office on PEI upon request

Currently accepting referrals: Yes

Typical referral wait time: Varies; assessment clinics run in 2-week cycles through the year

Provides services through telehealth: Yes

Language(s) in which service provided: English

Formal assessment service provided:

ADHD; Adult ADHD; Behavioural / Emotional; Career / Vocational; Cognitive / intelligence; Learning disability

Relevant areas of practice: ADHD / attentional problems; Anxiety; Autism spectrum disorder; Behavioural problems; Depression; Disabilities; Gifted / talented children; Parenting

Services provided to: Individuals and Families

Age-groups served: School-aged children, Adolescents, and Adults

While currently a resident of Calgary, Dr. Macdonald is a native Islander who maintains active registration and practice as a psychologist in his home province of PEI. Dr. Macdonald provides psychoeducational assessments through ongoing 2-week clinics on PEI, offered as needed. Once initiated, comprehensive psychoeducational assessments can be completed in a timely manner, allowing for fast and effective planning for students of a wide range of ages. Assessments focus on attention, learning, and social/emotional & behavioral issues, with a focus on providing practical and effective recommendations and strategies.

Since clinics run through the year, there is also the opportunity to follow-up and review the effectiveness of interventions, allowing Dr. Macdonald to maintain ongoing contact and support for his clients. Collaboration with schools, where possible, is also a service that can be incorporated into the assessment process.

Learn more at complexlearners.com or contact Dr. Macdonald directly at brent@complexlearners.com.

This entry last updated: 27 March, 2020

Dr. Colleen Mac Dougall; Psychologist

PEIPRB Registration #: 098

Telephone: 819-588-7525

Email: soulcare@moderndigital.net,

Website: www.soulofpeace.org; www.beyondfear.org

Office Address: 55 Weymouth St., Charlottetown, PEI C1A 1E5

Currently accepting referrals: Yes

Typical referral wait time: 2 days

Provides services through telehealth: Yes

Language(s) in which service provided: English

Formal assessment services provided: Behavioural / Emotional, Career / Vocational, Insurance

Relevant areas of practice: Abuse, Addictions, Attachment, Assertiveness, Blended/stepfamily issues, Body image, Conflict resolution, Couple therapy, Depression, Eating disorders, Family therapy, Family violence, Grief / loss / bereavement, Loneliness, Obesity, Personal growth / wellness, Personality Disorders, Relationship issues, Self-esteem, Separation / Divorce, Stress management, Workplace issues

Services provided to: Individuals, Couples, Families, Groups

Age-groups served: Adolescents, Adults, Older adults

ORIENTATION: Companioning you in the realization of your aspirations and life purpose as you either choose different paths in your life or shifts are demanded because of illness, loss of capacity, deep soul wounds from war trauma, or other confrontations with painful work and life events. Use a positive lens to see into psychological disturbance.

AREAS OF PRACTICE: Life transitions; positive and deep soul healing for veterans that permeate deeper realms of spiritual healing; relational healing for veterans and their partners; maturity in personal and career shifts grounded in ancient wisdom and expansion of knowledge; redefining "work"; relationship therapy to deepen trust where betrayal or loss of connection has broken bonds.

SENIOR KNOWLEDGE AND SKILL: Deep insight into where you find yourself at this time in your life; compassion and care as you uncover what you may have been holding in fear or shame; depth therapist integrating psychospiritual skills to support and encourage you to process and move through what changes you are facing or choosing.

Testimonial: "An iron fist in a velvet glove."

This entry updated: 07 November, 2022

Dr. Wm. Neil McLure, Psychologist

PEIPRB Registration #: 009

Telephone: (902) 432-3910

Fax: (902) 432-3007

Email: mclure@pei.sympatico.ca

Office address: 292 Water St., Summerside

Currently accepting referrals: Yes, assessments only

Typical referral wait time: 3-6 months

Language in which service provided: English

Formal assessment services provided: Neuropsychology assessments, ADHD; Adult ADHD; behavioural/emotional; cognitive/ intelligence; insurance; learning disability; legal; pain assessment

Relevant areas of practice: acquired brain injury; ADHD / attentional problems; anxiety; autism spectrum disorder; behavioural problems; depression; disabilities; health issues; obsessive-compulsive disorder; pain management; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; social skills; sports psychology; traumatic brain injury

Services provided to: individuals; families

Age-groups served: school-aged children; adolescents; adults; older adults

This entry last updated: 21 April 2022

Dr. Terry Mitchell, Psychologist

PEIPRB Registration #: 023

Telephone: (902) 394-0034

Email: mitchellcounselling.consulting@gmail.com

Office address: 75 Villa Ave., Charlottetown, PEI, C0A 2B2

Currently accepting referrals: Yes

Typical referral wait time: 1 week

Provides services through telehealth: Yes

Languages in which service provided: English

Formal assessment services provided: n/a

Relevant areas of practice: anxiety; body image; colonial trauma, depression; eating disorders; grief/loss/bereavement; obsessive-compulsive disorder; pain management; parenting; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma;

relationship issues; sleep disorders; and stress management.

Services provided to: individuals

During this time of self-isolation and social distancing I am providing counselling services by telephone and video conferencing with pro-bono services for registered health professionals and front line workers. I am a psychology professor with many years of experience working with survivors of child sexual abuse and other forms of trauma. My counselling practice is based on a client-centred, feminist, psychodynamic approach using Mindfulness Practices, Cognitive Behaviour Therapy (CBT) and Dialectical Behavioural Therapy (DBT).

This entry last updated: April 23, 2020

Parise Nadeau, Psychologist

PEIPRB Registration #: 35

Telephone: (902) 438-1109

Email: parisenadeau@gmail.com

Office address: Summerside

Currently accepting referrals: No

Typical referral wait time: 3 - 6 weeks

Languages in which service provided: French; English

Formal assessment services provided: ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; learning disability

Relevant areas of practice: ADHD/attentional problems; anger management; anxiety; assertiveness; autism spectrum disorder; behavioural problems; body image; depression; gifted/talented children; grief/loss/bereavement; habit change; loneliness; obesity; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; phobias/fears/panic; psychotherapy; self-esteem; social skills; stress management

Services provided to: individuals; families

Age-groups served: pre-school children; school-aged children; adolescents; adults

My main area of practice is with children, youth and families; providing support with parenting and behaviour management, as well direct individual therapy with children, youth and adults. I also offer mental health, behavioural and psycho-educational assessments. Bilingual service.

This entry last updated: May 3rd 2021

Ken Pierce, Psychologist

PEIPRB Registration #: 006

Telephone: 1-877-569-3710

Email: contact@kenpiercephychologist.com

Website: www.kenpiercephychologist.com

Office address: 549 North River Rd., Vision Care Building, 2nd floor,
Charlottetown, PE C1E 1J6

Currently accepting referrals: Yes

Typical referral wait time: 5 - 7 days

Provides services through telehealth: Yes

Language in which service provided: English

Formal assessment services provided: behavioural/emotional;
career/vocational; custody/access; pain assessment; parental capacity

Relevant areas of practice: abuse; addictions; adoption issues;
ADHD/attentional problems; anger management; anxiety; attachment
issues; assertiveness; autism spectrum disorder; behavioural problems;
blended/step family issues; body image; conflict resolution; couple therapy;
depression; disabilities; eating disorders; family therapy; family violence;
financial loss; gifted/talented children; grief/loss/bereavement; habit
change; health issues; infatuations; loneliness; obesity; obsessive-
compulsive disorder; pain management; parenting; personal
growth/wellness; personality disorders; phobias/fears/panic; Post Traumatic
Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; relationship
issues; resentments; self-esteem; separation/divorce; sexual issues; sleep
disorders; social skills; spiritual; sports psychology; stress management;
workplace issues

Services provided to: individuals; couples; families; groups

Age-groups served: pre-school children; school-aged children; adolescents;
adults; older adults

I am a registered psychologist with over 30 years experience in a variety of roles including drug crisis, early childhood education, post secondary education, corporate training, community development and private practice.

There are many new science based tools available to assist others to evolve in the areas where they are challenged. The wisest professional helpers say similar things

including: therapy is 'focussed accelerated learning'; since thinking determines feelings talking mostly about feelings can distract from the learning process; everyone is a survivor of their past so no longer a victim of it; and while people do have losses when they uncover the gains they become more present and get on with their life.

I have the privilege of working with clients aged 2 to 82 years. I have assisted individuals and groups to move on from: assault, abuse, addictions, ADHD, allergies, auto collisions, auto immune diseases, bullying, bankruptcy, bipolar disorder, cancer, Crohn's, death, depression, divorce, harassment, incest, injuries, job loss, learning disabilities, PTSD, workplace strikes and other traumatic events. I have a special interest in working with couples and those struggling with bullying, depression and self esteem.

This entry last updated: 27 March, 2020

Peter Joseph Pierre, Psychologist

PEIPRB Registration #: 044

Telephone: (902) 436-6799

Email: pjpierre@live.com

Office address: Suite 5, Granville Professional Centre, 500 Granville, Summerside, PE, C1N 5Y1

Currently accepting referrals: Yes

Typical referral wait time: less than 1 week

Language in which service provided: English

Formal assessment services provided: ADHD, adult ADHD, behavioural/emotional, career/vocational, cognitive/intelligence, learning disability

Relevant areas of practice: abuse; addictions; ADHD/attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; body image; conflict resolution; depression; disabilities; grief/loss/bereavement; habit change; health issues; loneliness; obsessive compulsive disorder; pain management; parenting; personal growth/wellness; phobias/fears/panic; post- traumatic stress disorder (PTSD)/trauma; psychotherapy; rehabilitation; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; stress management; workplace issues.

Services provided to: individuals; couples; families

Age-groups served: school-aged children; adolescents; adults

I practice cognitive behavioural therapy and emotion focused therapy.

This entry last updated: 21 May, 2015

Dr. Nancy Spitzack, Psychologist

PEIPRB Registration # 050

Telephone Number: 902-314-8817

Email: nkayspitz@gmail.com

Office Address: 126 Richmond St., Suite 2C, Charlottetown, PE C1A 1H9

Currently Accepting Referrals? Yes

Language in which service is provided: English

Relevant areas of practice: Psychotherapy

Services provided to: Individuals

Age groups served: Adults, Older Adults

This entry updated November 4, 2022