Three Mile Island AMC Camp

TRADITIONS and GUIDELINES for CAMPERS

PRIVACY IS RESPECTED. Be considerate about noise at all times. Maintain quiet after 10:00 PM and before 7:30 AM. Before 7:30 AM, please do not go near cabins, either by water or by land. Never walk in front of cabins. Electronic devices are used only in cabins.

<table>
<thead>
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<th>BUGLE CALLS</th>
<th>Reveille</th>
<th>7:30 AM</th>
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<tbody>
<tr>
<td></td>
<td>First Call</td>
<td>7:45 AM</td>
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<tr>
<td></td>
<td>Meal Call</td>
<td>8:00 AM</td>
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MEALS are served only at the above times. Trail lunches should be ordered 24 hours in advance. No trail lunches are available on Saturday. Guests do not enter the kitchen. Please wait for the meal call to sit down, and don’t sit on chairs with a wet bathing suit.

HOUSEKEEPING in your cabins is up to you. Community areas should be left better than you found them. Campers staying more than one week may exchange linens on Sunday morning. A sun shower is provided at each cabin. Use only biodegradable soaps and shampoo, and rinse suds on shore, never in the lake. Each cabin has a pitcher for carrying hot water or drinking water from the Main House.

CHILDREN’S ACTIVITIES AND SAFETY ARE THE RESPONSIBILITY OF THEIR PARENTS. Children should never swim unsupervised, even when a lifeguard is on duty. Non-swimming children must wear life jackets on the Main Dock. Parents are asked to maintain supervision of their children in areas shared by all campers. The Main Room is for reading, games, and quiet conversation for both adults and children. Louder activities belong in the Rec Hall. The Retreat is for adults only.

WHEN YOU DEPART
- Return cups to the kitchen and return used linens inside the pillowcase. Leave zippered pillow cover. Sweep cabin and refill your water bucket.
- If you used a cot, remove linens, fold the cot with pillow and blankets inside and put on the porch by 7:30 AM.
- Empty cabin wastebasket into the trash cans and recycling behind Main House. Leave wastebasket in the cabin.
- Campers departing on the 8:45 AM launch place baggage on their docks before breakfast. All other campers put baggage on their docks after breakfast. In case of rain, leave baggage on the cabin porch.

SAFETY

FIRE is always a danger. Check with managers before using fireplaces or rock rings. Smoking — including e-cigarettes — is only on cabin porches, and never on the paths or in the woods. **Campers must keep the fire buckets and sand buckets on cabin porches filled at all times**; please refill your bucket with clean water before departing to reduce mosquitoes.

BOATING requires your caution and a life preserver. Always sign out sailboats and inform the Dock Person of any extended sailboat, canoe or kayak trip before you leave.

EMERGENCIES
In the event of an emergency, call the camp cell phone immediately: **603-279-7626 (Emergencies only)** then go get help. The Main House, dock or croo cabin area are the best locations to find assistance.

| First aid kits | Main house breezeway by the water fountain, and inside Launch House |
| Defibrillators | Launch House and Main House (for children and adults) |
| Thunderstorms  | The Main House is lightning-protected |

**FIRE EMERGENCY:**
- Yell, call the camp cell phone at 603-279-7626 and go get help.
- Fire alert: Three blasts on red air horn at Launch House
- Fire extinguishers: Main House, Kitchen, Launch House, Retreat, Croo Cabins, Change House, and all Gasoline-powered boats
- Fire pump: Under big wood box on canoe rack side of Launch House
- Wood or brush fire: Use water, blanket, dirt or fire extinguisher
- Kerosene or Gasoline fire: Use dirt or fire extinguisher. Water spreads the fire!