

Winchester HC – Our Covid Officer (C.O.) is Kate Ellis, and can be contacted by email – covidchief@winchesterhc.co.uk or call 07598 779126, or you can contact one of the covid support team, Adam Major (Mens), Helen Jelley (Ladies), & Mel Clegg - Juniors



ENGLAND
HOCKEY



Player status

Player Actions

Covid Officer Actions

What IF	Feel unwell	Player asked to self isolate by NHS track & Trace, school, or work	House Member asked to self isolate by NHS track & Trace, school, work	House member has covid symptoms, books a test / is positive	Player detect Covid symptoms & or book a test	Receive a positive Test result
Player Action	Please don't attend any hockey Check for covid-19 symptoms * If symptomatic, book test and advise Covid Officer, & update of result	Self isolate for 14 days (or 14 days without symptoms) – even if a subsequent test is negative. Advise C.O. date of commence – don't attend	Check to ensure symptom free – if OK – OK to play & no further action; otherwise or if in doubt, self isolate for 14 days & advise C.O. date of commence – don't attend	Whole household self isolate, book a test. If all negative, return to play after 48 hours; if 1 person positive – all self isolate for 14 days from date of test. Advise C.O. date of commence – & don't attend	Self isolate & book a test. Advise C.O. date of commence – don't attend. If result positive, continue to self isolate for minimum 14 days minimum, & until you feel well before attending again.	Self isolate for minimum 14 days from date of result, & until you feel well. Advise C.O. date of commence – don't attend.
Covid Officer Action	CO record name, date advised & team only if advised symptomatic, going for a test	CO record name, date advised & team attendances	When advised player symptomatic / unwell, CO record name, date advised & team attendances if advised	CO record name, date advised & team attendances if advised positive. Consider and advise people identified as close contact	CO record name, date advised & team attendances if advised. If advised positive – advise team players, EH, and opposition CO.	CO record name, date advised & team attendances if advised. If advised positive – advise team players, EH, and opposition CO.

Date:- Information correct as at 12th October 2020. Govt guidelines & rules if and when issued take precedence

FLOW CHART FOR MANAGING CONFIRMED OR SUSPECTED COVID CASES - I



ENGLAND HOCKEY



Player develops Covid-19 symptoms*

Player to contact club COVID Officer to inform them when symptoms started
Player to book test* and start self-isolation (only if test comes back negative can they stop self-isolation)

If Test result positive

Ensure that symptomatic player does NOT attend any hockey activity.
Inform other players of suspected case and ask them to monitor their own health for symptoms.
Follow up with player after test result. If negative, player can return to normal activity.

NHS T&T will advise contacts of positive test; individual to self-isolate. If players are not contacted by T&T they DO NOT need to self-isolate and can continue normal activities

Player gets positive result

Player to contact club COVID Officer with date of test.
Player to self-isolate and follow advice from NHS Test & Trace - player will be asked to share information with T&T on those who they have been in close contact with and where they have been recently.

NHS T&T may contact COVID officer and ask for details of others that attended any sessions that may have resulted in contact with the infected individual.
Contact COVID officer from any opposing teams you have played against in the last week to let them know

Player household positive or show symptoms

Player to self-isolate until member of household/support bubble gets their test result.

Positive or No Test Result. Self-isolate in accordance with NHS guidelines. Inform club COVID officer that they are self-isolating due to a positive case in their household and DO NOT return to training until self-isolation period is complete and they are symptom free

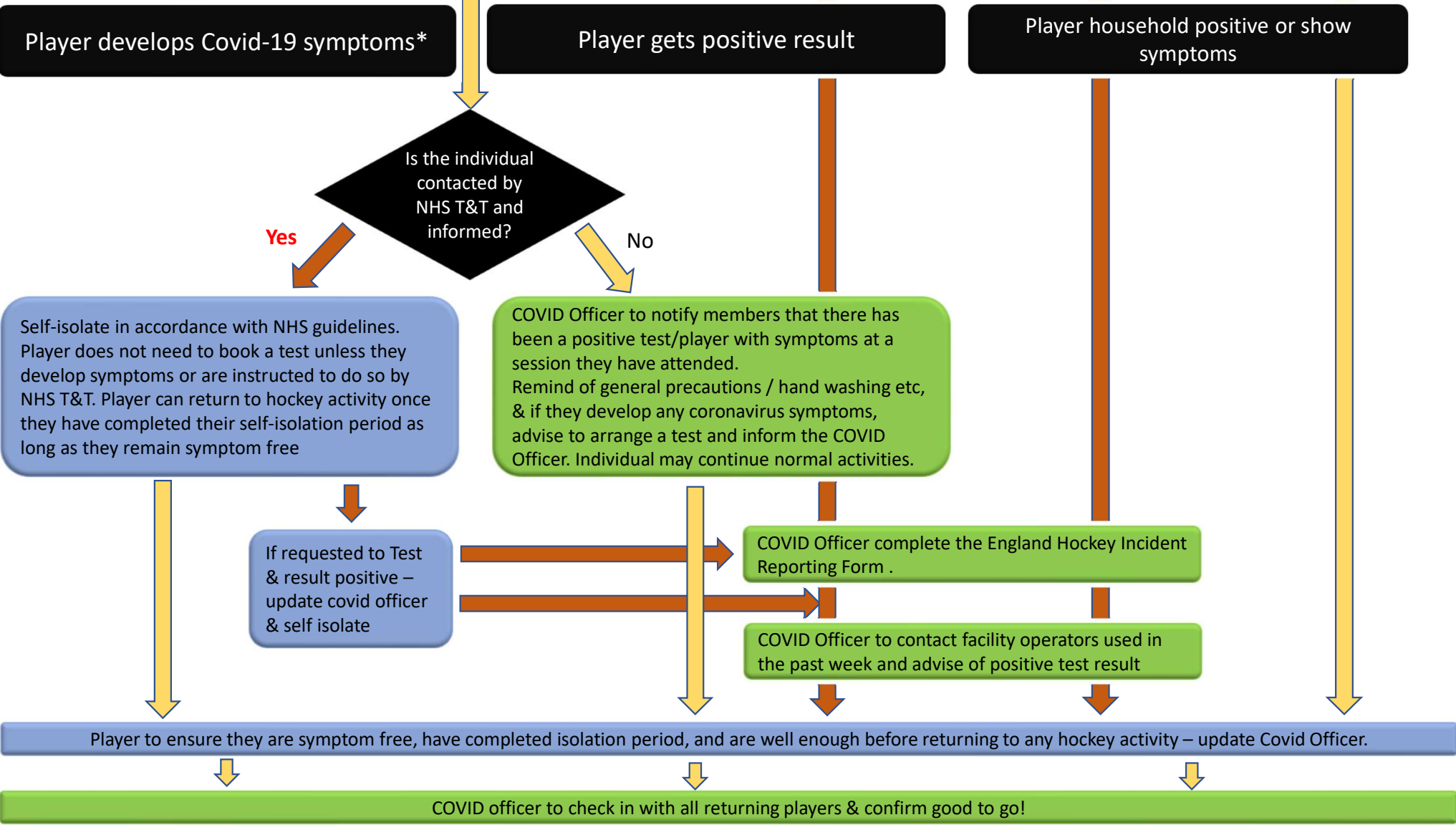
Negative Test Result Player can stop self-isolating if the test comes back negative as long as they DO NOT have any symptoms nor does anyone else in their household



ENGLAND HOCKEY



FLOW CHART FOR MANAGING CONFIRMED OR SUSPECTED COVID CASES - II





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Definition of contact: Within 2m or less of a symptomatic or positive person for more than 15 minutes continuously (e.g. car sharing/ waiting together pre or post match at venue / teas / spectators). It is unlikely that players will reach the 15 minute threshold during a game or training session, but this may need to be considered on an individual basis.

*Symptoms: ONLY get a test if you have at least one of the following symptoms: high temperature, a new, continuous cough or a loss or change to your sense of taste or smell.

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

NB: Covid Officers will maintain discretion when sharing details of the individual and not specify names of those infected or suspected.

We recommend you download the NHS Covid-19 tracing App – but remember to disable it or turn your Bluetooth off when actually playing and or its left in a kit bag.

When travelling to matches or sessions & car share – always wear a mask, travel / share with the same people, and keep well ventilated – use sanitizer before and after



Self Isolation Facts:- <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

When to self isolate & what to do: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

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