

Mindsets for Co-design

A mindset is a way of being and thinking rather than a tool or method.

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Elevating the voice and contribution of lived experience

Too often we speak about people, instead of with them. Telling our story often isn't enough. Sometimes we want a seat at the table - we must make more seats available.

Valuing many perspectives

Understanding diverse views helps uncover the systemic causes of issues and overlooked resources within people, families, neighbourhoods, organisations and systems.

Curiosity

Deferring judgement to learn. Asking quality questions and resisting resting in our professional knowledge.

Learning through doing

Learning through doing is a preference for trying things out, over talking about them in meetings. It can move us out of '*planning paralysis*' and at the other end - avoid premature implementation.

Being in the grey

We need to grow our willingness to be uncomfortable, unclear and confused while learning and opportunities emerge.

Hospitality

Our capacity to care about and for others, be present and pre-empt other's needs affect the quality of our relationships. There is no Co-design without relationships.

