design at → design for → design with → design by

designer, doctor, engineer or professional as the expert, top down decisions
design thinking, anything ‘centred’ e.g human-centered (HCD), user centred (UCD)

what decision-makers and designers think and want
what designers and decision-makers want to know and achieve

co-design, participatory design
co-production, community-led design, citizen movements, design justice, research justice, self-determination

about what matters to people with lived experience and decision-makers (co-decided)
about what people, families and communities want for themselves