



# FREE! DAILY PHONE CALL

To learn more about life-saving Sunshine calls... **Dial 2-1-1 Today!**



**“Hello Sarah, Sunshine calling!”**

## SENIOR GUIDE TO COMMUNITY SERVICES- MARTIN COUNTY

<b>MEDICAL EMERGENCY</b>	<b>9-1-1</b>	<b>CRISIS INTERVENTION</b>	<b>2-1-1</b>
<b>ABUSE- ADULT &amp; DOMESTIC</b>		<b>DEATH/DYING/GRIEF</b>	
Abuse Hotline- Florida	(800) 962-2873	Bureau of Vital Statistics (FL Dept of Health)	(904) 359-6900
Aid to Victims of Domestic Abuse-AVDA	(800) 355-8547	Martin County Health Department	(772) 221-4000
Long-Term Care Ombudsman	(888) 831-0404	Treasure Health-Hospice Service & more	(866) 999-4550
Martha's House	(863) 763-0202	<b>DISABILITY SERVICES</b>	
SafeSpace	(772) 288-7023	Agency for Persons with Disabilities	(772) 468-4080
<b>ADULT DAY CARE</b>		Coalition for Independent Living Options	(772) 485-2488
Alzheimer's Community Care (North Stuart)	(772) 692-6981	Deaf & Hard of Hearing Services	(772) 334-2233
Council on Aging of MC at the Kane Center	(772) 223-7843	Division of Blind Services	(866) 225-0794
<b>ALZHEIMER'S DISEASE</b>		FL Alliance for Assistive Services & Tech.	(888) 788-9216
Alzheimer's Association 24-hour helpline	(800) 272-3900	Florida Relay Service	(800) 676-3777
Alzheimer's Community Care	(772) 223-6351	Florida DOE Vocational Rehabilitation (Stuart)	(772) 221-4095
Alzheimer's & Parkinson's Assoc. of TC	(772) 335-1910	Lighthouse for the Blind of the Palm Beaches	(888) 399-1129
Council on Aging of MC at the Kane Center	(772) 223-7800	<b>DISABLED PARKING PERMITS</b> (772) 288-5600	
<b>CAREGIVER ASSISTANCE &amp; SUPPORT</b>		<b>EDUCATION- ADULT</b>	
Alzheimer's Community Care (North Stuart)	(772) 692-6981	Center For Reading And Literacy- MC Library	(772) 219-4960
Council on Aging of MC at the Kane Center	(772) 223-7800	Florida Literacy Coalition	(800) 237-5113
<b>CASE MANAGEMENT</b>		Indian River State College (Chastain Campus)	(772) 283-6550
Alzheimer's Community Care (North Stuart)	(772) 223-6351	Stuart Community Adult Education Center	(772) 219-1296
Council on Aging of MC at the Kane Center	(772) 223-7800	Vocational Adult Community Education MC	(772) 219-1200
<b>COMPANION/HOME HEALTH/HOME HELP</b>		<b>EMPLOYMENT- ELDER</b>	
Council on Aging of MC at the Kane Center	(772) 223-7800	AARP Foundation SCSEP (dial ext. 553)	(772) 408-1260
Visiting Nurse Association of Florida	(800) 318-0399	<b>FINANCIAL ASSISTANCE</b>	
<b>CONGREGATE MEAL SITES:</b>		Martin Co. Health and Human Services	(772) 288-5629
Log Cabin Senior Center (Jensen Beach)	(772) 223-7825	<b>FOOD PANTRIES/MEAL SITES</b> 2-1-1	
M.Zion Mission Baptist Church-Indiantown	(772) 223-7825	<b>FOOD- HOME DELIVERED MEALS</b>	
Salerno Southern Methodist Church	(772) 223-7825	Council on Aging of MC at the Kane Center	(772) 223-7826
Stuart Recreation Center	(772) 223-7825	<b>FORECLOSURE CONCERNS</b> 2-1-1	
<b>CREDIT COUNSELING/MONEY</b>		<b>FRAUD/CONSUMER COMPLAINT</b>	
Consolidated Credit Counseling Services	(800) 210-3481	Better Business Bureau	(772) 223-1492
Debthelper.com	(800) 920-2262	Condo Ombudsman	(954) 202-3234
Debt Management Credit Counseling Corp.	(866) 618-3328	Consumer Helpline	(877) 693-5236
Money Management International	(800) 251-2227	Seniors vs. Crime	(800) 203-3099



This guide was funded through the generous support of Cleveland Clinic Martin Health which has served Florida's Treasure Coast region for 80 years. It joined the Cleveland Clinic health system in January 2019. Cleveland Clinic Martin Health offers a continuum of care including preventive, primary and acute hospital care, as well as cancer and cardiac care, wellness and rehabilitation services. Visit [www.MartinHealth.org](http://www.MartinHealth.org)



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## HEALTH CONCERNS

American Cancer Society	(561) 616-9370
American Diabetes Association	(800) 342-2383
American Heart Association	(800) 242-8721
American Lung Association of SE Florida	(800) 330-5864
Epilepsy Foundation of Florida	(877) 553-7453
Lupus Foundation of America FL Chapter	(855) 905-8787
Martin County Health Department	(772) 221-4030
National Parkinson Foundation Chapter	(800) 473-4636
National Stroke Association	(888) 361-6753

## HOSPITALS

Cleveland Clinic Martin South	(772) 223-2300
Cleveland Clinic Martin North	(772) 287-5200
Port St. Lucie Hospital	(772) 335-0400
Lawnwood Regional Medical Center	(772) 461-4000
West Palm Beach Veterans Medical Center	(800) 972-8262

## HURRICANE/DISASTER/\*SPECIAL NEEDS SHELTER

**Martin County Emergency Management (772) 287-1652**

\*Get your application filed early-well in advance of hurricane!

## INSURANCE

Agency for Health Care Administration	(800) 226-5082
DCF Access Florida (Medicaid)	(866) 762-2237
FL Dept of Financial Services (Homeowners)	(800) 342-2762
Health Insurance Marketplace	www.HealthCare.gov
Medicare Information	(800) 633-4227
SHINE (ARC) help with Medicare concerns	(866) 684-5885

## LEGAL SERVICES

19 <sup>th</sup> Judicial Circuit- Main Number	(772) 807-4370
American Civil Liberties Union of Florida	(786) 363-2700
Florida Rural Legal Services	(888) 582-3410
Florida Senior Legal Helpline	(888) 895-7873

## MEDICAL SUPPLIES/EQUIPMENT

Clinics Can Help	(561) 640-2995
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## MENTAL HEALTH COUNSELING

Indian River Medical Center	(772) 563-4666
TC Behavioral Healthcare at Lawnwood	(800) 433-2673
NAMI- National Alliance on Mental Health	(772) 285-0967
New Horizons of the Treasure Coast	(888) 468-5600
Port St. Lucie Hospital	(772) 335-0400
Suncoast Mental Health Center	(888) 373-5010

**PETS-** low cost veterinarian (PBC-Jupiter) (561) 712-1911

Humane Society of the Treasure Coast (772) 223-8822

## PRESCRIPTION ASSISTANCE

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## SENIOR CENTERS

The Kane Center	(772) 223-7800
Log Cabin Senior Center	(772) 334-2926

**TOBACCO/SMOKING- Quit For Life!** (877) 822-6669

**SOCIAL SECURITY ADMIN** (800) 772-1213

## SUBSTANCE ABUSE

ADAP Counseling Services	(772) 286-8933
Alcoholics Anonymous- Intergroup Martin Co.	(772) 283-9337
Catholic Charities of Martin County	(772) 283-0541
Central Florida Treatment Center	(772) 468-6800
Counseling and Recovery Center	(772) 467-3057
New Horizons of the Treasure Coast	(888) 468-5600
Serenity Counseling Services	(772) 692-8585
TC Behavioral Healthcare at Lawnwood	(800) 433-2673

## SUPPORT GROUPS

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MorrisLife- Grandparents raising grandchildren (561) 386-2879

## SUNSHINE CALLS

2-1-1

211's Sunshine-is a free daily call to say "Hi" & wellness check

## TRANSPORTATION

Martin County Public Transit	(772) 463-2860
*Also visit <a href="http://www.martin.fl.us/transit">www.martin.fl.us/transit</a> for schedules & MyRide info	
Medicaid Transportation (MTM)	(866) 836-7034

## UTILITY ASSISTANCE

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EHEAEP (Elderly Energy Assistance Program)

LIHEAP (Low- Income Energy Assistance Program) 2-1-1

**VETERAN'S CRISISLINE 1- (800) 273-TALK (8255)**

**VETERANS** also MYFLVET peer to peer support 2-1-1

Florida Department of Veterans Affairs (800) 827-1000

Jupiter Vet Center (561) 422-1220

VA Caregivers Support Line (855) 260-3274

Veterans CBOC- Stuart Outpatient Clinic (772) 288-0304

Veterans Resource Center- Homeless Vets (561) 422-8223

Veterans Service Office- Martin County (772) 288-5448

Veterans Transportation to VAMC WPB (772) 288-5450

West Palm Beach VA Medical Center (800) 972-8262

Women Veterans Health Programs (561) 422-1236

Women Veterans Hotline (1- 855-VA-WOMEN) (855) 829-6636

Wounded Warrior Resource Center (888) 997-2586

## VOLUNTEER OPPORTUNITIES & MORE

United Way- Martin Volunteers & RSVP (772) 283-4800

Also ask about United Way's VITA free Tax assistance program

The information contained is the most current available as of January 2020. Inclusion does not imply endorsement nor does omission imply a lack of endorsement by 211. For more info call 2-1-1 or visit [www.211treasurecoast.org](http://www.211treasurecoast.org)

