SPRING CULTURAL SERIES

HELENIC CUISINE
Greek Butter Cookie Class
Koulourakia: Learn how to make a favorite Greek cookie. Make and bake on site!
Instructor: Tina Varlamos
Monday, March 11, 6pm
Fee: $20

SISTERS PERFORM CLASSICS IN THIS “DON’T MISS” PIANO RECITAL!
Enjoy a four hands piano performance by the Sisters Stojanovska! The concert will include diverse music selections by: Kapustin, Liszt, Dvorzak, Khachaturian and Colin Payne. The program illustrates dynamic, passionate, and melancholic sounds from these Slavic composers as well as unique new sounds by an American-born living composer.
Marina Stojanovska has a doctorate degree from Michigan State University and is currently on faculty at Oakland University. Natasha Stojanovska has a doctorate degree from Northwestern University and is on faculty at the University of New Mexico. This is one performance you don’t want to miss!
Thursday, April 4, 7pm
Fee: $20
Assumption looks forward to hosting these events and extends a warm welcome!
Call Center office for reservations: (586) 779-6111

Grosse Pointe North Concert
Annual Grosse Pointe North High School’s GREAT WORKS CONCERT
This annual concert lifts spirits as voices soar in a magnificent setting.
Director: Peyton Weil
Thursday, March 14, 7pm at Assumption

AMERICAN RED CROSS BLOOD DRIVE
Friday, March 29 • 10am – 4pm
For an appointment, call (586) 634-0228

CARRY-OUT MENUS
Check out our Daily Carry-Out Trays and Menu online at www.marchioricatering.com. To place an order, call (586) 771-8600

LENTEN SEAFOOD BUFFET
Fridays, 5-8 p.m.
Feb 23; March 1, 8, 15, 22 & 29
Dates subject to change. Call ahead to confirm.

MOTHER’S DAY GOURMET BRUNCH
Sunday, May 12 - Call for details.

SOUPS TO GO!
Freshly prepared soups, sauces and specialty foods – To Go!

MARCHIORI CATERING AT ASSUMPTION
Celebrating 73 years and four generations of distinction in food and outstanding service make Marchiori the caterer of choice. In partnership with Assumption for more than 30 years.
Enjoy a complete Wedding Experience in spacious ballroom, grand reception area and elegant courtyard.
Prestige and personalized service set the tone for conferences, business meetings and organization gatherings. Many rooms available to accommodate large and small groups and a variety of special events.
Off premise catered events offered. Destination weddings and special events. Visit Marchiori Catering at the Assumption Cultural Center.
Visit Marchiori Catering at the Assumption Cultural Center.
Open to the entire community!
Call (586) 771-8600 or visit www.marchioricatering.com

ADMIT ONE FREE
GREEKFEST 2024 ASSUMPTION FESTIVAL ADMISSION $3 WITHOUT COUPON CHILDREN UNDER 12 FREE
August 15, 16, 17 & 18
To register for pickleball programs, call Peggy Murphy Kurza at (586) 779-6111.

BEGINNER PICKLEBALL LESSONS
1 day per week: $42
April 1-May 10 (6 weeks)
meet Monday through Friday, at various times.

Intermediate groups are available weekly.

Looking to play with others at your skill level? Beginners, Advanced Beginners and

GROUP PICKLEBALL PLAY
Looking to play with others at your skill level? Beginners, Advanced Beginners and Intermediate groups are available weekly. Call Peggy to be placed into a group. Groups meet Monday through Friday, at various times.
April 1-May 10 (6 weeks)
1 day per week: $42
2 days per week $84

BEGINNER PICKLEBALL LESSONS
(6 weeks)
- Learn the basic fundamentals associated with the game
- Learn the rules, lingo, proper serving and how to score
- Instructor leads with “drill of the day,” then games are played for the duration of time.

Paddles are available to use during lessons. Clinics are taught by Peggy Murphy Kurza, certified PPR instructor, and Mike Patton, 5.0 player.

INTRO TO PICKLEBALL CLINIC
Can’t commit to 6 weeks? This accelerated 2-week clinic will teach you the rules, how to effectively hit the ball and keep score.
At the end of this clinic, players will have enough knowledge and skills to start playing pickleball. Paddles are available to use during the clinic.
Clinics are taught by Peggy Murphy Kurza, certified PPR instructor, and Mike Patton, 5.0 player. Must be able to attend both days.
Friday, April 5 & 12
12:45-2:15pm
Fee: $40

CO-ED KALOSOMATICS®
INTERVAL & CROSS TRAINING
Mat work followed by Interval and Cross Training. Bursts of high-intensity cardio alternating with lower intensity cardio moves and upper and lower body strength training. High-intensity moves may be modified for those desiring a less strenuous workout. Tues/Thurs, 7-8pm

CO-ED KALO MODERATION/STRETCH & STROLL CHAIR AEROBICS
Less strenuous form with chair exercises and hand weights, followed by low impact cardio that includes walking and standing moves. Spring Session: Tues/Thurs, 10:30-11:30am
Summer Session: Tues/Thurs, 10:15-11:15am

NEW! TAKE YOUR GAME TO THE NEXT LEVEL!
Need practice on certain shots? Cross-court drilling? Third shot drop? We now have a pickleball machine that can help you develop better muscle memory for shot placement and control of the ball.
Register for a 30-minute session with either Peggy Murphy Kurza, PPR certified instructor, or Mike Patton, 5.0 player. Call Peggy to schedule.
Fee: $20

SMALL GROUP PICKLEBALL LESSONS
A great way to learn the game or improve a particular skill you’re struggling with. Days and times vary. Call Peggy to schedule.
Instructors: Peggy Murphy Kurza, PPR certified instructor, or Mike Patton, 5.0 player
$30 per player for 3-5 players, 90 minutes
$40 per player for 1-2 players, 60 minutes

COURT RENTALS: Reserve a court and bring your own players. Court rentals are 2 hours in length. Fee: $40 per 2-hour session. Call (586) 779-6111
**TRAVEL WITH ASSUMPTION**

**MONTREAL & QUEBEC CITY, CANADA**
Visit the exquisite French-Canadian Province of Quebec, an area steeped in European culture and proud of its French, British and Native American heritage! Tour Montreal, including the Place Ville-Marie, a famous downtown skyscraper, and the Notre-Dame Cathedral in Old Montreal. Shop in Montreal’s Underground, visit the Montreal Casino and St. Joseph’s Oratory/Shrine. See the Shrine of Ste-Anne de Beaupre and the 275-foot Montmorency Falls that drops into the St. Lawrence River. Visit the Albert Gilles Copper Art Museum, enjoy a guided tour of Quebec City. See the Shrine of Ste-Anne de Beaupre and the 275-foot Montmorency Falls that drops into the St. Lawrence River. Visit the Albert Gilles Copper Art Museum, enjoy a guided tour of Quebec City. Visit the exquisite French-Canadian Province of Quebec, an area steeped in European culture and proud of its French, British and Native American heritage! Tour Montreal, including the Place Ville-Marie, a famous downtown skyscraper, and the Notre-Dame Cathedral in Old Montreal. Shop in Montreal’s Underground, visit the Montreal Casino and St. Joseph’s Oratory/Shrine. See the Shrine of Ste-Anne de Beaupre and the 275-foot Montmorency Falls that drops into the St. Lawrence River. Visit the Albert Gilles Copper Art Museum, enjoy a guided tour of Quebec City. See the Shrine of Ste-Anne de Beaupre and the 275-foot Montmorency Falls that drops into the St. Lawrence River. Visit the Albert Gilles Copper Art Museum, enjoy a guided tour of Quebec City.

**GREECE, MYKONOS, PAROS AND SANTORINI**
Arrive in Athens, spending two nights at the Royal Olympic 5-star hotel! Includes a private Athens tour with visits to the Acropolis and Acropolis Museum, and Cape Sounion, including lunch by the sea. Private five-day Classical Tour of Greece, including Nafplion, Olympia, Delphi and Kalambaka. Return to Athens and a private transfer to Piraeus Port to catch a Fast Ferry to Mykonos for 2 nights. Travel via Fast Ferry to Paros for 2 nights, then on to Santorini for another 2 nights! Thirteen nights lodging at 4- and 5-star hotels, including buffet breakfast daily and lunch in Athens. Deluxe air-conditioned buses for all tours. A passport is required. September 10-24, 2024 / $5,298 per person

**YOGA**

**GENTLE MAT YOGA**
A gentle, guided practice for both beginning and experienced yogis. Bring a yoga mat, wear comfortable clothing. NO SENIOR DISCOUNT. Mondays & Thursdays, 11:30am-12:30pm

**SPRING SESSION (9 weeks):**
April 8 - June 6 (No class Monday, May 27)
Fee: $56 for Mondays only; $63 for Thursdays only; $119 for Mondays & Thursdays

**SUMMER SESSION (7 weeks):**
June 17 - August 8 (No class July 1 & 4)
Fee: $49 for Mondays or Thursdays; $98 for Mondays & Thursdays

**YIN YOGA**
The YIN postures gently stretch and rehabilitate the connective tissues that form our joints. When you finish this practice you will feel as though you just had a deep tissue massage! All levels, no experience needed. Bring a mat and wear comfortable clothing. NO SENIOR DISCOUNT. Tuesdays, 6:30-7:30pm

**SPRING SESSION (9 weeks):**
April 9 - June 4
Fee: $63

**SUMMER SESSION (7 weeks):**
June 18 - August 6
(No class July 16)

**TAE KWON DO**

**TAE KWON DO KARATE**
Gus Panagos and Bob Henry lead with outstanding years of experience in martial arts. Learn the philosophy, discipline and techniques of this traditional form of Karate. Improve your health, mind and spirit. For men and women. Fully accredited from white belt to black belt. Thursdays, 7-8pm

**SESSION I:** May - June
**SESSION II:** July - August

**YOUNG DRAGONS**

**TAE KWON DO**
Teaches fundamentals and practical exercises for ages 4 to 10. Designed for all levels of abilities with emphasis on Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. One of the most popular classes for kids. Uniforms available through instructors. Saturdays, 10-11am

**SESSION I:** May - June
**SESSION II:** July - August

For more information on Tae Kwon Do classes, contact Bob Henry at bobahenry@yahoo.com or call (586) 930-5888. Classes held two blocks north at Assumption School gym.

**SELF-IMPROVEMENT**

**LEARN FRENCH**
The Alliance Francaise de Grosse Pointe offers French lessons for adults in three 10-week sessions at Assumption Cultural Center (Fall, Winter and Spring classes.) Choose from small, in-person classes to fit your needs.

**SESSION III:** April 4 - June 6
All classes meet on Thursdays
Fee: $130
Students must be members in good standing of the AF Grosse Pointe.
(Annual membership rate of $35 for students applies.)

**BEGINNER FRENCH:** 7:30-8:30 pm, with Dr. Dib Saab

**INTERMEDIATE FRENCH:** 5:30-7 pm, with Dr. Dib Saab

**ADVANCED FRENCH:** 5:30-7 pm, with Mme. ElHage

For more information, visit www.afdegrossepointe.org or email us at AFGEducation@gmail.com

**HELLENIC CULTURE**

Assumption Gift Shop & Book Store
Books, Icons, Hellenic cookbooks, many unique gift items from Greece. Call office for hours.

**ADULT CONVERSATIONAL GREEK LANGUAGE**
Learn the language of the the basis of Western Culture.
An excellent foundation for all language study.

**Beginners & Teens:**
Mondays, 7-8pm
Class begins on March 18 (10 weeks)
Fee: $75 (includes books.)
Call (586) 779-6111

Intermediate and Advanced Beginners classes resume in Fall 2024
NURSERY SCHOOL & TODDLER CENTER

EARLY CHILDHOOD CAMP (Ages 1-6)
Daily art, music, science, language arts, sports, creative movement, assemblies, guest speakers and more!

YOUTH CAMP (Ages 7-10)
Weekly themes: Artistic Expression; Awesome Inventions; Imagination Theater; Let's Get Physical; Figure it Out; The Great Outdoors; and Lost in Space.

A LIFETIME OF LEARNING BEGINS AT ASSUMPTION!
Register NOW for the 2024/2025 School Year
Limited Space is Available! Registration began January 27, 2024
2024 Fall Session begins Tuesday, September 3
Dedicated to each child as a total individual socially, emotionally, physically and cognitively in a secure and caring school environment.

Class Offerings:
- Toddlers: 1 to 2 1/2 years
- Transition & Young Threes: 2 1/2 to 3 years
- Preschool: 3 and 4 years
- Young Fives

Program Offerings:
- Full or half days, minimum of 2 days per week for toddlers and preschoolers,
- 3 days a week for Young Fives

Developmentally Appropriate Campus:
Recipient of Governor’s Quality Care Award / Qualified, caring teachers
Curriculum based on Michigan Early Childhood Standards of Quality for Preschool and Toddlers / Learning centers / Thematic units / Cultural exploration / Nature trail / Secure Playgrounds / Outdoor classrooms / Family Fellowship Events / Creative experiences
Print-rich literacy activities / Physical education in school-sized gym / Foster peer social skills
Child-directed learning / 12 self-contained classrooms, plus 2 Assumption Center Annex classrooms / Newly renovated, secure & individual rooms / Individual room HVAC units

Enrichment Classes:
- Science, Art, Cooking, Yoga and Creative Movement

GREEKFEST 2024
ENJOY THE POPULAR GREEK FOOD YOU’VE COME TO LOVE!
August 15, 16, 17 & 18
Popular Greek food and pastries, entertainment with bands, dancers and area music groups.
Taverna, Frappes, Baklava ice cream sundaes. Kids’ rides, games for all ages, magic shows, hairbraiding and tattoos! Marketplace with vendors from all over the USA and Greece.
Plan on great shopping for unique items and gifts.
Grand Opening Ceremony on Thursday, August 15, 5:30pm
Grand Raffle! Don’t Miss an Opportunity to Win!
1st Prize: $10,000
2nd Prize: Ahee Signature Diamond Pendant, donated by Ahee Jewelers, valued at $3,600
3rd Prize: $500 / 4th, 5th and 6th Prizes: $200
Drawing on August 18 at 6pm / Tickets: $10 each
To purchase tickets and for more information, visit www.assumptionfestival.com or call (586) 779-6111.

G 321 Salon
Haircut & Massage
14th Annual
GIANT GARAGE SALE
FRIDAY, June 14
SATURDAY, June 15
9 a.m. - 3 p.m. both days
DON’T MISS THIS OPPORTUNITY TO SHOP GREAT BARGAINS!

2024 SUMMER CAMP
Camp Imagination
Get ready to engage in activities that inspire creativity!
Enroll for the entire 10-week program or choose one session.
Session I: June 10 - July 12
Session II: July 15 - August 16
Community registration begins March 11, 2024

22150 Marter Road | St. Clair Shores MI | 48080 | www.assumptionnursery.org | (586) 772-4477 | j.gerardi@assumptionnursery.org

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