Mission Statement

Imperial County Behavioral Health Services provides quality professional services to achieve independence and community integration for individuals suffering from mental illness and substance abuse.

Accessing Services

If you or someone you know would benefit from our services, please call our office to schedule an appointment. ICBHS Substance Use Disorder Treatment Services accepts referrals from all sources and will work with the referred to schedule an appointment as soon as possible. For assistance please call:

(442) 265-1525

All information is private and will be kept confidential.

Located at
2695 S. 4th Street, El Centro,
Walk Ins Welcome

Office hours are Monday through Friday from 8:00 am - 5:00 pm with the exception of Weekends and Holidays.

24 Hour Phone Number
1-800-817-5292

Andrea Kuhlen
Director

Gabriela Jimenez
Deputy Director, Adult Services

Substance Use Disorder Treatment Services

Treatment for ages 18 and older
About Imperial County Behavioral Health

Imperial County Behavioral Health Services (ICBHS) provides quality professional services in an outpatient setting for individuals suffering from substance use. The outpatient clinics offer a variety of services to individuals to assist them in the improvement and/or maintenance of daily functioning.

Our clinical staff includes:

- Doctors who specialize in addiction medicine
- Therapists and Substance Abuse Counselors
- Licensed Vocational Nurses

Please visit our website at: www.co.imperial.ca.us/behavioralhealth/

What Do We Offer?

ICBHS offers on site outpatient and intensive outpatient treatment in various forms of services that are based on the individuals needs and assessment. On site Services include:

**Individual Counseling:** One on one sessions with therapists or counselors.

**Group Counseling:** Groups can range from 2-12 people and are available in both English and Spanish.

**Family Therapy:** We extend therapy and counseling sessions to include the client and his or her family members and other support systems.

**Medication Assisted Treatment:** To help alleviate withdrawal symptoms from alcohol and opioid use.

**Case Management:** Provides assessment and interventions to help manage your recovery.

**Recovery Services:** Provides internal and community resources to support ongoing self-

In Addition We Offer...

**Withdrawal Management**
Assists with more intensive Withdrawal Management services when medically necessary. Completed in a safe and supervised residential setting.

**Narcotic Treatment Program**
Treatment for opiate addiction to prevent opiate withdrawal, block the effects of opiate use, and decreases opiate craving.

**Residential Rehabilitation**
24 hour treatment and short-term services for substance use at a residential facility.

**Sober Living Homes**
Offer supportive and stable housing in a group setting for people who are overcoming a substance use disorder.