



Little Mercies

one child at a time

Send backpacks to:

Border Angels/
attn. FBT Lourdes Arias
2258 Island Ave.
San Diego, CA 92102

PACK A BACKPACK

RECOMMENDED ITEMS:

Please keep in mind that the backpacks need to be small and light if you are sending one for a little person. However, we do have an angel who will repack the back packs as needed. And, only include what you can, these are simply suggestions. Do NOT pack any breakable, glass or hazardous items.

- Back pack: gently loved or new
- New socks and underwear (list size/age and gender on the outside of backpack with a string tag so it is not lost)
- New or gently loved shoes
- New or gently loved stuffed animal
- Skin cleansing wipes
- Plastic strip bandages
- Non-perishable snacks: granola bars, nuts, apple/fruit sauce, fruit leathers, juice box, dried fruit
- Maxi pads/tampons
- Deodorant
- Small rechargeable crank/solar flashlight (if battery powered, please provide an extra set of batteries)
- Small pack of crayons/coloring pencils
- Pad of paper/coloring book
- A sweet book in Spanish or a note of kindness to our small travelers.
- Blanket
- Travel toothbrush and tooth paste

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