Supporting future transitions

College and work-ready skills for neurodiverse individuals
Acknowledgment of those that could not be here

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Aims of The Hub

Pro-Diversity
Co-curricular
Holistic
Practical
Knowledge capital
The Journey so far...

Phase 1 - Idea & Iteration

- Swinburne Uni. / DXC.Technology
- Cornell Uni. Interns - 14 weeks
- Model Program of Activities
- University partnership
- International engagement
Local & International Engagement

...and others looking to join...

Centre for Research in Autism and Education
University College London
Phase 2 - Development
- Feasibility at CUNY
- Community of Practice Event
- Google - Paulette Penzvalto visit
- Third pair of Cornell Uni. Interns
- BYB Materials
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**Achievements**
Be Your Best (BYB) Program

- 14 subjects; 4-7 modules
- Skills for Life
  - ✓ Evidence-Based
  - ✓ Pro-Advocacy
  - ✓ Engaged Learning
“Be Organized”

Developing organizational skills

1. Foundations & Definitions
   - Organizational Personality Questionnaire
2. Self-Development
3. Emotional Intelligence
4. Communication & Strengths
5. Communication & Goal setting
6. Personal Change Management
7. Awareness
“It was helpful to know that my struggles are not uncommon and that I was doing the right things to help myself”.

~Gender-fluid; Aspergers, 40s
“The exercises made the whole thing more engaging than it would’ve been if it were just reading”.

~Male; Aspergers & High IQ, 20s
“Reading through it was a really exhilarating experience... I felt I was gaining a lot of self-awareness and being held accountable...

The section on self-care was also so compassionate and loving. I felt really understood”.

~Female; Autism, Dyslexia, Dyscalculia, 30s
“There was something so warm and communal about it”.

~Male; Autism & Dyslexia, 20s
“My favourite bit was Chaos Theory; I like the idea that small actions can lead to big changes. It makes me feel like I could have more control over my life... I can really use the skills I’ve learned in my new job”.

~Female; Autism, 40s
Thank you

Any questions?