



COVID-19 SAFETY PLAN

VAUCLUSE AMATEUR 12FT SAILING CLUB

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Ian Hedges is responsible for this document	

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by the Committee to support VA12SC and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the sailing club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at VA12SC facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on VA12SC's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process VA12SC must consider and apply all applicable State and Territory Government and local restrictions and regulations. VA12SC needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

VA12SC retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of VA12SC is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the VA12SC COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Ian Hedges
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VA12SC expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by VA12SC;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

The Plan outlines specific sport requirements that VA12SC will implement for Level B and Level C of the AIS Framework.

VA12SC will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

VA12SC will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, VA12SC will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. VA12SC will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of VA12SC will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>Refer to full notice to clubs online here from the NSW Branch of Australia Sailing</p> <p>https://www.sailing.org.au/news/nsw-may-update-relaxation-of-restrictions/</p>	<ul style="list-style-type: none"> • No change
Training Processes	<ul style="list-style-type: none"> • The Club is emphasising AIS Framework principle of “Get in, sail, get out” – arrive ready to sail. • Sign in sheet limiting 10 people in the Club and requiring wait till on water or people leave prior to entering. • Sailing during the offseason is for recreation / training (e.g. small groups to train and, no contact including high fives/hand shaking, no socialising or group meals). • Sanitising requirements, including washing of hands, use of hand sanitiser, wiping down of surfaces. • No sharing of personal equipment. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training attendance register to be completed. • Member agreement to be completed by each person each day they attend the club. 	<ul style="list-style-type: none"> • Level B, and <ul style="list-style-type: none"> – Sailing during the offseason is for recreation / training (e.g. small groups to train and, no contact including high fives/hand shaking, no socialising or group meals). replaced with; – Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.
Personal health	<ul style="list-style-type: none"> • Members to sign agreement acknowledging not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. 	<ul style="list-style-type: none"> • No change

	<ul style="list-style-type: none"> • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. 	
Communications	<ul style="list-style-type: none"> • The Club Commodore has briefed members (e.g. email, website post) on return to sailing protocols including hygiene protocols, 4m2 rule, social distancing, sign-in and member agreement requirements. • Posters have been placed around the club including Good to Go (Hygiene, Distancing and COVIDsafe app), Hand Washing, number in each area in accordance with 4m2 rule. 	<ul style="list-style-type: none"> • No change

Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<ul style="list-style-type: none"> • The NSW Government and NSW Sailing has provided approval of the resumption of facility operations. • Club committee has approved plan for use of club facilities. • Insurance arrangements are being confirmed to cover facility usage. 	<ul style="list-style-type: none"> • No change
Facilities	<ul style="list-style-type: none"> • Club facility use has been signposted and communicated in the member agreement, kitchen used for handwashing and no use of showers in the bathrooms. • Comprehensive cleaning has been arranged for each Monday. 	<ul style="list-style-type: none"> • No change
Facility access	<ul style="list-style-type: none"> • No member or visitor can access the club who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. 	<ul style="list-style-type: none"> • No change

	<ul style="list-style-type: none"> • Only sailors and support (typically parents) and numbers are not to exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)) • Any spectators should observe physical distancing requirements (>1.5 metres). • Detailed attendance register to be completed. 	
Hygiene	<ul style="list-style-type: none"> • Safe hygiene protocols adopted by the club include: • Availability of hand sanitiser at entry/exit points to venue and elsewhere. • Protocols for sanitising, wiping down surfaces. • Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. • Displaying posters outlining relevant personal hygiene guidance. • Avoiding shared use of equipment. • Provide suitable rubbish bins with regular waste disposal. • Guidelines for sanitisation and cleaning of Club facilities have been established and communicated. 	<ul style="list-style-type: none"> • No change
Management of unwell participants	<p>The Club Commodore must be notified as soon as practicable of;</p> <ul style="list-style-type: none"> • Any member / visitor with confirmed / suspected case of COVID-19, or • Any member / visitor who has been in close contact with a confirmed / suspected case of COVID-19. <p>The Commodore and COVID Coordinator will;</p> <ul style="list-style-type: none"> • Notify the members and outline the actions to be taken, • Notify the public health authorities and other attendees. 	<ul style="list-style-type: none"> • No change
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	As per Level B.

