



# COMMUNITY Groups

## January 10, 2021 – Sermon Discussion Questions

### Main Points

- There are many ingredients to spiritual growth, but becoming spiritually mature requires more than just having all of the ingredients. You must also allow them to “bake” in you for the appropriate amount of time.
- Contemplative spirituality is slowing down to God’s speed.
- God is never in a hurry, and slowing down to His pace demonstrates our trust in Him.
- When we slow down and trust God, it is like we are a tree planted by a stream with deep roots.

### Opening

- Do you have a theme, word, desire, or goal for 2021? If so, what is it?

### Discussion

- How do you respond to Eric’s baking illustration, that spiritual growth is similar to baking a cake?
- Eric joked about the term “godspeed.” Would you say God moves fast or slow? Explain.
- [Read Jeremiah 17:5-8.](#)
- What are some areas in life where we can see the tension between trusting in the Lord vs trusting in “mere flesh.” Why does trusting in “mere flesh” naturally turn our hearts from the Lord?
- In light of [verse 8](#), what do you think the Biblical view of “prosperity” is? Does this align with your view of prosperity?
- How can a person know if their confidence and trust are in the Lord?

### Closing

- What is one spiritual practice you can put in place in your life to help you slow down and place your trust in the Lord this week?